

SPECIFIC INDICATIONS FOR HERBS IN GENERAL USE

Third edition

Michael Moore

Over 400 herbs, formulas
and essential oils, with their
specific clinical indications in
Botanical Medicine



**SOUTHWEST SCHOOL OF
BOTANICAL MEDICINE**
P.O.Box 4565
Bisbee, Arizona 85603
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SPECIFIC INDICATIONS FOR HERBS IN GENERAL USE

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If the therapist or physician is going to be able to make sensible choices in using herbs in a practice, there has to be available to them an accessible body of applicable information, sensible guidelines, and doses that are safe. This book organizes the uses of botanical medicines in a fashion similar to the old Eclectic Physicians of the turn of the century;

"If you have a good herbal preparation, what are the BEST applications for it?". That is the crux of SPECIFIC INDICATIONS as a working model. All the doses and preparations are listed in my "Herbal Materia Medica", their use in differential therapeutics is outlined in my "Herbal Repertory in Clinical Practice", specific indications for tincture/preferred herbs are outlined in "Herbal Tinctures in Clinical Practice", how to find, gather and use some of them are dealt with in my three field manuals, but this is another way of viewing the useful information.

Every medicinal plant has a variety of effects and applications; if you wish to exhaust a plants potential, there may be DOZENS of uses that it can be put to. This is a catalog of MY opinions of the best applications for each herb. I would like to thank Halsey Brant and Cecil Roach for helping in the organization of this information.

(Doses and preparations are defined in my "Herbal Materia Medica")

ABIES

Chronic pharyngitis with thick tenacious mucus.

Chronic bronchitis with profuse secretions.

Heartburn with vomiting, diarrhea, stomach pain.

Prolapse of rectal mucosa.

Asthenia with poor digestion, vascular weakness, pale mucosa.

ACACIA

Topical eyewash for bloodshot eyes, conjunctivitis.

Laryngitis.

As a gargle in acute pharyngitis.

Acute gastritis.

ACHILLEA MILLEFOLIUM

Epistaxis.

General hemorrhage (fresh plant).

Hematuria with pain on urination.

Muscular pain, as a poultice or fomentation.

Varicosities during pregnancy (fresh plant poultice).

ACONITUM CARMICHAELI (FU-TSE, Chinese Cured Root Slices)

Extrinsic asthma with dry spastic cough.

Emphysema with dry labored breathing, sallow skin.

Adrenal medulla depressed from stimulant withdrawal, "exhausted".

Urticaria.

ACONITUM

Broad pale tongue with deficient GI, CVS, CNS, or yellow coated with fever and diarrhea.

Chronic tonsillitis with ulcers, brushed on tonsils for pain.

Trigeminal neuralgia.

Cholecystitis - "catarrhal".

Acute vulvitis, with fever.

Fever, with flushed face, bloodshot eyes, agitation, bounding pulse, suppressed sweating, mucus inflammations.

Mumps, acute (2 parts *Phytolacca* to 1 part *Aconitum*, in small frequent doses; also as a topical lotion 3 parts *Echinacea* to 1 part *Aconitum*).

Hysteria with great sensitivity to stimulus.

Pain, general, in the sthenic, with sharp pain, generally increasing.

Pain in serous membranes, with fever, skin sensitivity.

ACORUS CALAMUS

Anorexia nervosa, in stressed adolescents.

Anorexia from chemotherapy.

Flatulent colic.

Gastric colic with flatulence.

Dyspepsia with flatulence from overeating and digestive abuse.

Atonic dyspepsia.

Flatulence with inflammation.

Cancer, supportive in upper GI neoplasias.

Anorexia from cancer therapy.

ACTAEA SPICATA, A. RUBRA, A. ARGUTA

Anorexia nervosa with chronic simple pelvic irritabilities.

Acute gastritis with uterine reflex.

Muscular pain, dull, aching, "rheumatoid".

Rheumatic pains, acute inflammatory.

Uterus, atony, with dull aching.

Apathy with pale face, depression, atonic digestion.

Headache, reflex uterine.

AESCULUS

Acute spasmodic cough with bronchial tightness and dyspnea.

Functional dyspnea with bronchial tightness, spasmodic cough.

Varicose veins, legs, inner thighs.

Venous stasis in pelvis and legs, with dyspepsia and general GI hypofunction, rectal heaviness.

Hemorrhoids, in athletic, strong individuals.

AGAR

Constipation, dry feces with scanty secretions.

AGAVE

Constipation with poor appetite.

Rheumatoid arthritis.

AGNUS-CASTUS See *Vitex agnus-castus*.

AGRIMONIA

Cystorrhoea, in general, or chronic smelly.

Acute cystitis/urethritis with cloudy, smelly urine.

Incontinence, general; or from chronic nephritis or acute lower urinary tract infections.

Lithiasis, with irritation, inflammatory pain.

Pain in lumbar region, flanks to navel.

AGROPYRON REPENS

Chronic renal weakness with inflammation.

Cystorrhoea, acute with urethral discharge.

Cystitis, urethritis, for pain.

Cystitis, urethritis, with mucus in urine, backache, cramps; or with pain from gravel and alkaline, phosphatic urine.

Acute dysuria with pain in back, difficult urination.

Deep seated kidney pain accompanying primary treatment for nephritis.

Hematuria with pain on urination.

Ureteralgia.

Sacral and lower lumbar pain with urethral mucus discharge.

Phosphaturia with pain in kidneys.

Chronic pyelitis, with colic.

Acute prostatitis, with irritable bladder, dribbling.

Subacute prostatitis, enlarged, without inflammation.

ALETRIS FARINOSA

Dyspepsia with flatulence, slow transit time, borborygmus.

ALLIUM SATIVA

Extrinsic asthma with dry spastic cough.

Essential hypertension.

Blood serum levels: cholesterol elevations.

Blood serum levels: hyperlipidemia, in general.

ALNUS INCANA

Chronic gastritis with poor HCl, extended transit time.

Eczema, pustular with boil cycles.

Poison ivy/oak (topically).

ALOE

Atonic colon with mucus in feces, difficult defecation, but without inflammation or fissures.

Amenorrhoea with constipation.

ALTHEA OFFICINALIS

Dryness of mouth and throat.

Subacute head cold with hoarseness or laryngitis.

As a gargle in acute pharyngitis.

Laryngitis.

Acute cough with faucial irritability.

Cystitis, urethritis, for pain.

Acute cystitis/urethritis in general.

Acute dysuria, initial stages.

Lithiasis, with irritation, inflammatory pain.

Nephritis in general.

Strangury, in general.

Dysentery with blood (as an enema).

Hemorrhoids, painful, extruding (as a poultice).

Powdered root as a base for a stimulating poultice for abscesses, moistened with one of the following tinctures: Astragalus, Baptisia, Echinacea, Thuja, or Zingiber.

Emollient for skin.

Acute vaginitis (douche).

Cystitis/urethritis in infants.

To stimulate innate immunity.

AMBROSIA

Otitis media from allergies, rhinitis.

Epistaxis.

Acute allergic rhinitis.

Acute sinusitis with runny eyes, nose.

Septic diarrhea.

In children, eye and nose pain, sharp itching pain, hay fever.

Hay fever with watery eyes, nasal membranes.

AMMI VISNAGA

General bronchodilator for long-term use in asthma; asthma with sleep apnea.

AMYGDALUS PERSICA

Chronic gastritis with abdominal tenderness.

Morning sickness (cold infusion).

Vomiting in children, with green diarrhea (as a cold infusion).

ANEMONE PATENS (PULSATILLA)

Increased intraocular pressure; lachrymitis; glaucoma in aged or tired; viral iritis; full-blown styes on lids; ophthalmalgia; eyestrain w/ orbital pain; conjunctivitis, watery and inflamed w/ grainy vision.

Tongue white coated with nausea, or creamy white with taste of rancid fats.

Otitis media; tinnitus.

Dry cough, hectic, with mucus vomiting, gagging, no overt disease.

Delirium tremens in asthenics.

To prevent anxieties when insomnia is feared.

Incontinence fr/ chronic nephritis or acute lower urinary tract infections.

Amenorrhea with depressions.

Dysmenorrhea, with depressions and lengthy history of PMS.

Impotence/ frigidity, from constant anxiety and depression regarding sexuality with fear of no arousal, lubrication or erection.

Leukorrhoea, hypersecretory, milky, little smell.

Orchitis/epididymitis, with red, enlarged & painful testicles, no major pathology.

Lactation, suppressed from nervousness, mild sympathetic excess, with painful, swollen breasts.

Depression with nervous irritation.

Hysteria, in depressive states.

Headache, migraine, vasodilator.

ANEMOPSIS CALIFORNICA

Acute early stages of herpes, topically.

Subacute head cold with thick mucus.

Acute pharyngitis, returning after almost healing.

Chronic pharyngitis with pale, relaxed mucosa.

Chronic or subacute rhinitis.

Acute sinusitis with ulcerations (as a nasal spray).

Chronic sinusitis with inflammation, catarrh, stuffy heat.

Chronic sinusitis with edematous turbinates, relaxed and purplish; or with thick ropy mucous, frontal headache.

Chronic tonsillitis with ulcers (also as a gargle).

Intrinsic humid asthma with moist cough.

Chronic bronchitis with profuse secretions.

Acute cough, moist, persistent.

Cystorrhea.

Acute cystitis/urethritis with mucus in urine; or with inflamed urethral opening.

Chronic anorexia with colon, rectal catarrh.

Chronic colic with catarrh.

Recuperating from diarrhea.

Dysentery, for concurrent mouth sores.

Acute gastritis with catarrh.

Acute gastritis, recuperation.

Gastroenteritis with mucus hypersecretions.

Gastroenteritis, recuperation.

Hemorrhoids, painful, extruding.

Hemorrhoids, painful, extruding w/ constant throbbing pain (internal and external)

Nausea after eating.

Shigellosis, recuperative period.

Gastric or duodenal ulcers, slow healing.

Subacute or chronic ulcers with vomiting or spitting of ropy mucus.

Vomiting, in general.

Abscess, acute, local (topically).

Fissures, general orificial (external).

Rectal fissures (sitz bath).

Anal fissures (sitz bath: 8 fl oz strong decoction in bath at a time).

Skin ulcers, in general (external).

Topical in arthritis.

As a bath for arthritis.

Arthritis, diuretic.

Anti-inflammatory in arthritis.

Muscular pain, in general.

Leukorrhea, supportive to local itching and pain (with Larrea as a sitz bath).

Acute prostatitis, with discharge and inflammation.

Acute vaginitis (sitz bath).

Subacute vaginitis, or with Bartholin gland cysts (as sitz baths).

Subacute vulvitis (as a sitz bath).

Infant teething, with cold sores or stomatitis (rubbed on gums).

Nutritional malabsorption in poor absorption in ileum of bile acids, fat soluble vitamins, intrinsic factor or B12.

ANGELICA

Psychogenic asthma.

Flatulent colic.

Gastric colic with flatulence.

Flatulence with inflammation.

ANGELICA DAWSONII see THASPIUM AUREUM.

ANGELICA SINENSIS (DONG QUAI)

Asthenic hypotension with dry skin and frequent blushing.

Multiple sclerosis in young women.

Poor availability or hyposecretion of primary hormones in either sex.

Incontinence from recent sexual activity in sedentary, previous abstemious males.

Eczema, with chronic poor fat digestion, dry skin.

Amenorrhea with mood swings and simple hypofunction in asthenic women.

Cervicitis with congestion and poor venous circulation.

Dysmenorrhea, with congestion, lengthy cycles (30 days or more).

Endometritis/metritis, in general.

Hydrocele (with *Ceanothus*).

Leukorrhea, viscous, fetid.

Menarche delay (primary amenorrhea), in general.

Menopause, basic initial treatment.

Menopause, with early osteoporosis symptoms (as a tea with *Equisetum* and *Medicago sativa*).

"Surgical menopause" after 35 years of age, as a possible alternative to hormone replacement therapy (with *Glycyrrhiza*).

Menorrhagia, as a general preventative.

Orchitis/epididymitis, chronic in aged.

Premenstrual syndrome (PMS), initial approach; or chronic, but with complete cycle always more than 28 days long.

Subacute/chronic prostatitis, enlarged with dull ache in older males.

Infertility (taken for 4-5 consecutive days a month, starting just before ovulation).

Infertility, with depressed testosterone, low sperm count.

Uterus, atony.

Malnutrition w/ anemia, dyspepsia, anorexia, poor assimilation, functional pelvic irritability.

ANISUM

Colic in infants, with flatulence.

ANTHEMIS NOBILIS

Flatulent colic.

Cradle cap (externally).

APOCYNUM

Cardiovascular edema with weak circulation debility, or with functional cardiac

insufficiency.

Hypotension with water retention and edema.

Tricuspid regurgitation.

Alopecia (externally).

ARALIA CALIFORNICA

Adrenal cortex hypofunctions.

Blood serum levels: hyperlipidemia, in general.

ARALIA HISPIDA

Cardiovascular edema with constipation.

Adrenal cortex hypofunctions.

Blood serum levels: hyperlipidemia, in general.

ARALIA HUMILIS

Adrenal cortex hypofunctions.

Blood serum levels: hyperlipidemia, in general.

ARALIA NUDICAULIS

Adrenal cortex hypofunctions.

Blood serum levels: hyperlipidemia, in general.

ARALIA RACEMOSA

Chronic laryngitis with excess, abundant mucus.

Chronic pharyngitis with thick tenacious mucus.

Chronic bronchitis with profuse secretions and debility.

Acute cough with faucial irritability, wheezing, dry mucus.

Influenza.

Adrenal cortex hypofunctions.

Primipara, with irritability, distress last trimester.

Thin, subanemic blood with hypersensitivities.

ARCTIUM

Chronic aphthous stomatitis.

Chronic herpes.

Lipid lowering in arteriosclerosis.

Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.

Hepatitis - general strengthening.

Lithiasis with hyperuricemia.

Acne without intestinal involvement (for long-term use).

Eczema, in general (long term).

Eczema, endogenous, metabolic.

Chronic psoriasis, no major intestinal involvements.

Skin ulcers, chronic, indolent, with impaired circulation (long term).

Suppuration with pyogenic membrane (external).

Gout, for the hyperuricemia.

Uterus, prolapse.

Blood serum levels: cholesterol elevations.

Blood serum levels: hyperlipidemia, in general.

Blood serum levels: uric acid elevation.

Blood serum levels: acidosis, subclinical.

ARCTOSTAPHYLOS UVA-URSI

Cystorrhoea.

Acute or chronic cystitis/urethritis with relaxed, inflamed urethral opening and mucus discharge.

Chronic acidic dysuria with mucopurulent, scanty urine.

Renal glycosuria.

Lithiasis, acidic, muddy, or with "brick dust" (with Buchu).

Subacute nephritis, mild, with moderate hematuria.

Acute pyelitis from ascending cystitis with boggy mucosa.

Strangury, in general.

Ureteralgia.

Subacute/chronic prostatitis, with mucopurulent and acidic urine.

Acute vaginitis (sitz bath).

Post-partum hemorrhage, with tearing or episiotomy (as a sitz bath).

ARGEMONE

Acute cystitis/urethritis with irritability, more than pain.

ARISAEMA

Laryngitis from singing or talking.

Sore, bruised feeling in bronchi.

ARISTOLOCHIA SERPENTARIA

Hypotension with water retention and edema.

Arteriosclerosis with confusion, sluggishness in aged, aggravated by chilling.

Delirium tremens in asthenics.

Phosphaturia aggravated by cold damp weather or present only in winter.

Polyuria during or after cold weather.

Anorexia nervosa in the feeble, asthenic.

Chronic constipation with poor fat absorption, sluggish portal circulation.

Dry, hot skin.

Dry eczema.

Amenorrhoea, from recent viral infection or from exposure to cold or accompanying chronic, debilitating disease.

Dysmenorrhoea with poor appetite, indigestion, old sensations and constipation.

Impotence/frigidity, with depressed circulation and intestinal function; or from emotional distraction and cooling of skin during love-making.

Labor, with great sense of coldness.

Blood serum levels: LDL, VLDL elevated.

Periodic fever, in evenings with moist skin, unresolved sweating.

Nutritional malabsorption w/steatorrhoea, no cecal inflammation, dark feces with bad breath, subcutaneous pre-acne eruptions.

Nutritional malabsorption in conjunction with lipotropic therapies.

Asthenia - real chill aggravating chronic disorders, hypersensitive skin in thoracic and lumbar dermatomes.

Apathy aggravated by cold, with hypersensitive thoracic dermatomes.

ARISTOLOCHIA WATSONI

Broad, thick tongue.
Dyspnea induced by external chill.
Cardiovascular edema with weak circulation debility.
Anorexia nervosa in the feeble, asthenic.
Chronic constipation with poor fat absorption, sluggish portal circulation.
Chronic gastritis with liver weakness, poor portal circulation.
Dry eczema.
Asthenia with poor digestion, vascular weakness, pale mucosa.
Amenorrhea, from recent viral infection; or accompanying chronic, debilitating disease.
Dysmenorrhea with poor appetite, indigestion, old sensations and constipation.
Impotence/frigidity with depressed circulation and intestinal function.
Nutritional malabsorption with steatorrhea but no cecal inflammation, dark feces with bad breath, subcutaneous pre-acne eruptions.
Nutritional malabsorption in conjunction with lipotropic therapies.
To stimulate innate immunity.

ARNICA

Topical in arthritis.
Bruises (topical).
Muscular pain from strain and overexertion; strains; (externally).
As a gargle with Hamamelis for obstinate sore throat.

ARTEMESIA ABSINTHIUM

Pinworms, preventative or recuperation.

ARTEMESIA ACETUM TINCTURE

Bruises (topical).
Strains; (externally).

ARTEMESIA VULGARIS

Pinworms, preventative or recuperation.

ARUM DRACONTIUM see **Dracontium**.

ASAFETIDA

Gastroenteritis with flatulence and palpitations.
Impotence/frigidity with depressed circulation and intestinal function.

ASARUM CAUDATUM

Lachrymitis.
Onset of head cold, dry with fever.
Chronic cough with debility.
Flatulent colic.
Atonic dyspepsia.
Dry, hot skin.
Amenorrhea; simple, crampy; from recent viral infection, or from exposure to cold.
Colic in infants, with flatulence.
Measles.
Fever in infants, suppressed sweating.
Fever, dry, hot, interrupted diaphoresis.

ASCLEPIAS ASPERULA

Subacute or chronic sinusitis with green viscous mucous (as insufflated powder).
Dry non-spasmodic asthma.
Acute hot dry bronchitis.
Acute cough or dyspnea after pneumonia with difficult expectoration.
Influenza, dry, hot, asecretory.
Acute pleurisy, pleurodynia.
Cardiovascular edema with functional cardiac insufficiency.
Cardiovascular hypertrophy in aged.
Chronic rheumatic pains with dry cough, chronic indigestion, intercostal neuralgia.
Amenorrhea; from recent viral infection.
Labor, arrested.
Uterine subinvolution, with poor drainage.

ASCLEPIAS INCARNATA

Cardiovascular edema with functional cardiac insufficiency.
Chronic rheumatic pains with dry cough, chronic indigestion, intercostal neuralgia.
Amenorrhea; from recent viral infection.

ASCLEPIAS TUBEROSA

Dry non-spasmodic asthma.
Acute hot dry bronchitis.
Acute dry pulmonary cough.
Chronic dry cough with indigestion, intercostal pain when inhaling.
Influenza, dry, hot, asecretory.
Acute interlobar pleurisy, pleurodynia.
Acute bronchial pneumonia with vascular disturbance, fever; or recuperating with difficult expectoration, dry, tough.
Hyperemia.
Hypertension with strong pulse.
Chronic anorexia with depressed autonomic and myenteric stimulation.
Atonic colon without inflammation but marbly hard feces.
Dry, hot skin.
Eczema, obstinate, not reactive to any measures, with short "honeymoon".
Chronic rheumatic pains with dry cough, chronic indigestion, intercostal neuralgia.
Amenorrhea; from recent viral infection.
Fever in infants, suppressed sweating, with dry bronchitis, moist skin.
Digestive headache in children.
Pain in serous membranes, with dry skin.

ASPIDIUM

Tapeworms.

ASPIDOSPERMA

Functional dyspnea with pale face, palpitations.
Emphysema with poor pulmonary circulation.
Acute influenza with coughing, dyspnea.

ASTRAGALUS MEMBRANACEUS

Acute cystitis/urethritis with systemic infections, fever.
Septic diarrhea.

Peritonitis, post-operative with lingering autotoxicity.

Abscess, as a moistening agent in a stimulating poultice with Althea powder as a base.

Septicemia with ulceration, decay, swollen tissue.

To stimulate innate immunity.

Extended immunosuppression, with congestion, edema (with Echinacea).

Lymphangitis, acute in weak individuals (with Echinacea).

Lymphadenitis, in chronic debility (with Ceanothus).

AVENA

Angina pectoris, as an adjunct for fear of death, constant guarding against pain.

Functional neurocirculatory disorders.

To prevent anxieties when insomnia is feared.

General insomnia in sthenic individuals.

Narcolepsy.

Menopause, with sense of pressure and pain in ovaries, uterus, sacrum, bladder with nervousness and sense of confusion; or with melancholia after hot flashes.

Premenstrual syndrome (PMS), with easily startled disposition, easy adrenergic discharge, jumpy.

Appetite poor, nervous, weak (with Trifolium).

Hysteria with adrenergic-induced exhaustion.

BAPTISIA

Tongue full & deeply red with systemic infection; foul breath with cracked lips and phlegmy mouth.

Inflamed gums from general immunosuppression.

Purulent laryngitis with systemic effects.

Chronic sinusitis with necrotic, foul discharge.

Chronic tonsillitis with necrosis.

Cardiovascular edema with vascular stasis and sepsis.

Septic diarrhea.

Bacillary dysentery with suppurations (with Echinacea).

Shigellosis, supportive to primary therapy (with Echinacea).

Abscess, with septicemia, swellings (with Echinacea).

Abscess, as a moistening agent for stimulating poultice w/ Althea pwd. as a base.

Skin ulcers with septicemia, edema, fever (with Echinacea).

Suppuration with necrosis, in weak individuals (w/ Echinacea, externally).

Endometritis/ metritis, with fever (with Echinacea).

Septicemia with ulceration, decay, swollen tissue; or w/ weak immunologic vitality.

Endogenous infections, in feeble individuals (with Echinacea and Phytolacca).

Septic fevers (with Echinacea).

To stimulate innate immunity.

Extended immunosuppression, with congestion, edema (with Echinacea).

Lymphadenitis, in chronic debility (with Ceanothus).

BAROSMA BETULINA see **Buchu**.

BENZOIN

Chronic dry unproductive bronchial cough.

Decubitus, preventative (external).

BERBERIS VULGARIS

As an eyewash for acute ophthalmia.

Aphthous stomatitis (as a wash and internally).

As a mouthwash for bleeding gums.

Acute biliousness from food or drug excess.

Jaundice, general recuperative.

A preventative for alkaline, phosphatic stones.

Recuperating from diarrhea.

Dyspepsia from fats.

Eczema, facilitating any external measures.

Acute episodic psoriasis.

Blood dyscrasias, with scaly skin eruptions, impaired nutrition.

Allergies, in general.

Nutritional malabsorption in poor protein absorption.

BIDENS

Hemoptysis from fits of coughing.

BRICKELLIA

Cholangitis, general antispasmodic.

Cholecystitis - "catarrhal"; and for pain.

Glycosuria from hepatic hyperglycogenolysis or diet.

As a bath in arthritis.

Premenstrual syndrome (PMS), w/ craving for sugar, fruit, carbo-junk food.

Diabetes/hyperglycemia - functional hypergluconeogenesis.

Diabetes/hyperglycemia - functional hyperglycemia, especially before meals (as a bitter shortly before eating).

Adult onset, insulin resistant diabetes.

BRYONIA

Rheumatoid iritis; pain in eyes secondary to any acute disorder; "hurts to move".

Tongue dry, cracked, purplish-grey;

translucent coat with liver pain.

Bronchitis with scanty, blood-streaked mucus.

Dry cough, hectic, aggravated by changes in temperature and humidity.

Influenza with harsh hacking irritated cough with scanty blood-streaked mucus.

Acute pleurisy with rapid perspiration, pain on movement, flushed face, frontal headache.

Acute bronchial pneumonia with harsh cough, pain.

Neuralgia, aggravated by movement, with asthenia.

Cholecystitis - "catarrhal".

Hepatitis - with Jaundice, headache, orange-colored urine.

Peritonitis, post-operative.

Aseptic synovitis.

Orchitis/epididymitis, with tenderness upon pressure.

Acute mastitis, with swollen lymphatics, marked inflammation.

Endogenous infections, with serous membrane involvement.

Fever, delirium, asecretory with nervous depression.
Apathy, tired, weary with confusion.
Headache, cervical-occipital, with confusion, aggravated by movement.
Pain in serous membranes, with excessive perspiration.

BUCHU

Chronic cystorrhea with acid pH.
Acute or chronic cystitis/urethritis with acid pH, frequent urination, little relief.
Chronic pyelitis with mucopurulent, acidic urine.
Subacute/chronic prostatitis, with mucopurulent and acidic urine.
Chronic acidic dysuria, also for pain therefrom.
Lithiasis, acidic, muddy, or with "brick dust" (with Uva Ursi).

BURSERIA

Acute periodontitis, topically.
Acute early stages of herpes, topically.
Acute sinusitis with ulcerations (as a nasal spray).
Bronchorrhea.
Chronic cystitis/urethritis without active inflammation.
Ulcers, subacute or chronic, not inflamed but congested.
Decubitus, recuperative (externally)
Herpes simplex, to speed regeneration (externally).
Skin ulcers on oily, moist surfaces (externally).
Endogenous infections, with depressed WBC.
To stimulate innate immunity.

CACALIA

As a bath in arthritis.
Adult onset, insulin resistant diabetes (as early treatment).

CALENDULA

Vasoneurosis of skin and mucosa.
Abscess, acute, local (topically).
Abscess, to stimulate granulation (topically).
Decubitus, simple, uncomplicated (externally).
Fissures, general orificial (external).
Herpes simplex, with secondary bacterial infection.
Skin ulcers, in general (external).
Suppuration without pyogenic membrane, shallow (external).
Cervicitis with ulceration (as douche, with Echinacea tincture and glycerine (1:4 ratio) as night-time suppository).

CANNABIS SATIVA

Pain in eyeballs, increased intraocular pressure.
Acute spasmodic cough with paroxysms, intestinal and uterine reflex.
Frequent waking with nightmares.
Neuralgia with spasms or tenesmus.
Cystitis, urethritis, for pain.
Chronic acidic dysuria, for pain.
Acute cystitis/urethritis with irritability, more than pain.

Phosphaturia with vesical irritation.
Antispasmodic strangury.
Anorexia from chemotherapy.
Pruritus senilis, with itching.
Muscular pain, in general.
Endometritis / metritis, antispasmodic.
Cough in infants, with spasms.
Fever, delirium, frequent fitful waking.
Anorexia from cancer therapy.
Anorexia nervosa, mild, in adolescence; or iatrogenic from drugs.
Depression with painful, spasmodic diseases.

CAPSELLA BURSA-PASTORIS

Epistaxis.
Passive capillary hemorrhage.
Chronic cystitis or urethritis with brick (urate) dust, scanty urine.
Chronic cystitis / urethritis with dark or mucopurulent urine, strained urination.
Dysuria from heavy sexual activity.
Hematuria, in general or with sediment in urine.
Lithiasis, with irritation, inflammatory pain; or with hematuria, especially from lower tract; or with hyperuricemia.
Phosphaturia with vesical irritation.
Mild GI hemorrhage, acute, with sharp pain.
Hemorrhoids, bleeding.
Bleeding ulcers.
Arthritis, diuretic.
Gout, for the hyperuricemia.
Menorrhagia, with heavy bleeding for the first several days.
Vicarious menses.
Post-partum hemorrhage, with good uterine tone.
Miscarriage, impending, with moderate spotting as main symptom.
Blood serum levels: uric acid elevation.

CAPSICUM FRUTESCENS

Tongue dry, scanty saliva.
Dry mouth, with poor digestion.
Onset of head cold, dry with tight membranes.
Dry laryngitis.
Acute early stage tonsillitis with dry membranes (also as a gargle).
Dry cough, hectic, with dry mouth.
Influenza, dry, hot, asecreatory (combine with Lobelia).
Acute pleurisy (as a plaster).
Arteriosclerosis with confusion, sluggishness in aged.
Delirium tremens in asthenics.
Intercostal or cervical neuralgia (plaster).
Anorexia nervosa, asecreatory / achlorhydria.
Atonic dyspepsia in alcoholics.

Asecretory dyspepsia.
Flatulence without active inflammation.
Alopecia (externally).
Dry, hot skin.
Senile asthenia.
Chronic rheumatic pains, as a plaster.
Uterine fibroids, with cyclic bleeding.
Metabolic debility, with poor secretions.
Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

CARTHAMUS TINCTORIUS

Amenorrhoea from recent viral infection.
Measles.

CARUM

Flatulent colic.
Colic in infants, with flatulence.

CARYOPHYLLUS

Vomiting, in general.

CASTELA EMORYI

Anorexia nervosa in the feeble, asthenic; after GI infections.
Candidiasis, after antibiotic or anti-inflammatory therapy.
Colitis from candidiasis.
Amebic diarrhea, as a preventative.
Giardia.
Heartburn, with anorexia.
Pinworms, threadworms, general treatment (internal and as an enema).
Entameba histolytica.
Giardia.

CAULOPHYLLUM

Amenorrhoea, chronic, with congestion, irritation.
Cervicitis with congestion and poor venous circulation.
Dysmenorrhoea, with congestion, lengthy cycles (30 days or more).
Endometritis/metritis, in general.
Menopause, with pains and pelvic discomfort, referred down legs, no pathology; or with sense of pressure and pain in ovaries, uterus, sacrum, bladder with nervousness and sense of confusion.
Endometritis, chronic, reoccurring, with inflammatory episodes.
Uterus, inflammation.
Acute vaginitis (internally).
Labor, delayed, from fatigue, weak uterus with history of inflammation.

CEANOTHUS

As a gargle in acute pharyngitis.
Tonsillitis.
Fibrocystic breast disease (with the elimination of all caffeine, theobromine and theophylline in diet).

Hydrocele (with *Angelica sinensis*).

Acute mastitis (w/ *Gossypium* internally, *Phytolacca* externally).

Thick, frontal headaches after meals.

Blood, chronic slow coagulation without hemopathy.

Lymphadenitis in chronic debility (w/ *Astragalus* or *Baptisia*); or cervical, facial.

Mononucleosis, with widespread and inflamed nodes.

Mononucleosis, general supportive.

Splenitis, subacute, chronic or secondary to hepatitis.

CEANOTHUS FLOWERS

Hair tonic.

CENTELLA ASIATICA

Thyroid hypofunction with depression, dry skin.

Blood serum levels: T4 low.

CEREUS GRANDIFLORUS

Tinnitus with nervous tachycardia.

Functional dyspnea with pale face, palpitations, cardiopathies, neurosis, fear.

Emphysema with poor pulmonary circulation.

CEREUS GREGGII

Tobacco heart; functional neurocirculatory disorders with depression, hypochondriasis, necrophobia.

Palpitations and arrhythmias with agitation, neurotic (with *Cypripedium*).

Mitral regurgitation.

Nausea from motion sickness, excitation.

Menopause, with cardiac arrhythmias.

CETRARIA

Hyperaemia with rhinitis, frontal headache, sneezing.

CHAMAELIRIUM LUTEUM (HELONIAS)

Amenorrhoea with anemia (used with an astringent douche).

Dysmenorrhoea, sensations of distention and congestion in uterus and rectum.

Leukorrhoea, viscous, fetid.

Prolapse or atony of the uterus.

Miscarriage, impending, with nervous irritability and cramps.

Malnutrition w/ anemia, dyspepsia, anorexia, poor assimilation, functional pelvic irritability.

CHELIDONIUM

Tongue pale, sallow, full, with slightly jaundiced skin; dull leaden coat.

Acute bronchial pneumonia, primarily right lung.

Cholangitis -light stools,cloudy or dark urine, pain in right hypochondrium to shoulder.

Cholelithiasis, recurring without blockage.

Cholecystitis - chronic with blockage.

Biliary cirrhosis.

Jaundice, post-hepatic, cholestatic.

Hemorrhoids, subacute, from recent liver or portal congestion.

CHELONE

Jaundice - mild, with simple unobstructed hepatic dysfunction.
Anorexia nervosa, convalescence with ileocecal cramps.
Colic in cecum with uneasy, distressing pain.
Colitis from intestinal putrefaction and liver or portal dysfunction.
Dyspepsia with sluggish liver and portal circulation.

CHENOPODIUM AMBROSIOIDES

Worms, ascaris.

CHILOPSIS

Candidiasis, after antibiotic or anti-inflammatory therapy.
Leukorrhoea, viscous, fetid (as douche).

CHIMAPHILA

Renal albuminuria, subacute, early, or incipient.
Chronic cystitis or urethritis with brick (urate) dust, scanty urine.
Chronic acidic dysuria with mucopurulent, scanty urine.
Nephritis with edema and arthritis or autoimmune-type symptoms (fresh tincture).
Chronic pyelitis with mucopurulent alkaline urine.
Acute pyelitis from ascending cystitis with boggy mucosa.
Pyelitis with mucopurulent urine with RBC's and leukocytes.

CHIONANTHUS

Cholangitis with light stools, cloudy or dark urine, steatorrhea, pain in right hypochondrium to navel.
Cholecystitis - "catarrhal"; with occasional jaundice.
Cholelithiasis, preventative.
Alcoholic cirrhosis with portal congestion.
Hepatitis with Jaundice, light frothy stool, scanty urine, right hypochondrium pain.
Functional Jaundice.
Glycosuria from hepatic hyperglycogenolysis or diet.
Hemorrhoids, from any venosities, especially with leg or cervical varicosities.
Steatorrhea, from overindulgence in fats.
Blood serum levels:SGOT, SGPT elevations with elevated bilirubin, no active hepatitis.
Headache, in digestive dysfunction, following meals.

CHLOROGALUM

Tinea barbae, tinea capitis.

CHRYSANTHEMUM LEUCANTHEMUM

Post-febrile, excessive sweating, malaise, frequent dilute urine.

CHRYSANTHEMUM PARTHENIUM

Headache, migraines, to prevent in anabolic-dominant types.

CIMICIFUGA RACEMOSA

Rheumatoid iritis; ophthalmalgia with dull rheumatoid ache in orbits; eyestrain with bruised pain and headache.
Ear pain from cold; dull aching rheumatic pain in middle ear.
Influenza with malaise and aches.
Sore, bruised feeling in bronchi.

Periodic convulsions associated with uterine disorders.
Delirium tremens in sthenics.
Epilepsy, petit mal with chorea or agitation.
Insomnia with muscular pain, agitation, "rheumatoid".
Cervical neuralgia.
Anorexia nervosa with chronic simple pelvic irritabilities.
Muscular pain, dull, aching, "rheumatoid"; or from change of weather.
Rheumatic pains with heavy, aching, deep pains; or acute inflammatory.
Sprains with dull muscle ache.
Tendonitis, deep aching dull pain with muscle involvement.
Amenorrhea, with irritation, pelvic and lumbar pain; or chronic, with congestion, irritation.
Dysmenorrhea with congested uterus and pain on walking or climbing stairs.
Menarche delay (primary amenorrhea), in general.
Menopause, with congested uterus and pain on walking, dancing, jiggling.
Menorrhagia with diarrhea or colon cramping.
Mittelschmerz with diarrhea or colon cramping.
Orchitis/epididymitis, with venous congestion, heaviness.
Subacute/chronic prostatitis, with pelvic and sacral pain.
Uterus, atony, with dull aching.
Uterus, prolapse.
Chronic vaginitis with large dragging uterus, painful with movement.
Labor, false or Braxton-Hicks pains; or with feeble, erratic contractions.
Lactation, excessive reflex pain.
Primipara, last 2 to 3 weeks.
Uterine subinvolution, with dull ache, sense of heaviness.
Mumps with muscular aching.
Apathy with dull aching in joints, muscles.

CINERARIA SUCCUS

As an eyewash for cataracts.

CINNAMOMUM

Tonsillitis pain (as a tea).
Chronic mild hemoptysis, from morning coughing.
General hemorrhage.
Mild GI hemorrhage, subacute or chronic, with ache or no pain.
Bleeding ulcers.
Post-partum hemorrhage, passive from lack of contraction.

CLEMATIS

Headache, migraine, vasodilator.
Headache, migraine-like, in temples, with moisture on back of neck.

COFFEA

Vomiting, in general.
Headache, reflex uterine, with throbbing head, cerebral hyperemia; or with red face, corners of eyes inflamed.

COLA

Cardiovascular hypotension, asthenic with palpitations and dyspnea.
Dizziness in aged with arteriosclerosis, "cerebral anemia".
Palpitations with hypotension asthenia, dyspnea.
Narcolepsy.
Neuralgia in convalescence, debility.
Nausea from motion sickness, excitation.
Senile asthenia.
Muscular pain, when recuperating from debilitating, protracted illness
(with *Panax quinquefolium*).
Morning sickness (in moderation).
Metabolic debility w/ atonic, asthenic, dyspneic symptoms, CNS depression.
Headache, reflex uterine, with red face, corners of eyes inflamed.

COLLINSONIA

Cardiovascular edema with venous stasis in pelvis and legs; varicose veins
in legs, inner thighs, from diet or chronic poor fat digestion.
Mitral regurgitations with sense of heaviness; venous hyperemia.
Venous stasis in pelvis and legs, with dyspepsia and general GI hypofunction,
rectal heaviness.
Chronic cystitis/urethritis with dark or mucopurulent urine, strained urination.
Dyspepsia with sluggish liver and portal circulation (with *Rumex crispus*).
Hemorrhoids, from any venosities, especially with leg or cervical varicosities.
Orchitis/epididymitis, with hemorrhoids only.
Uterus, congestion, with hemorrhoids or dull aching urination.
Chronic vulvitis, with pelvic congestion.
Uterine subinvolution, with dull ache, rectal symptoms, aggravated by diet.

COMMIPHORA

Follicular conjunctivitis; as an eyewash at the onset of styes.
Acute periodontitis, topically.
Acute aphthous stomatitis with painful inflammation.
Acute early stages of herpes, topically.
Acute sinusitis with ulcerations (as a nasal spray).
Intrinsic humid asthma with moist cough.
Acute hot dry bronchitis in aged with secretions.
Chronic bronchitis with profuse secretions and debility.
Bronchorrhea.
Chronic cough with debility.
Chronic cystorrhoea w/ out active inflammation, in exhausted, feeble states.
Chronic cystitis/urethritis without active inflammation.
Chronic nephritis without active inflammation.
Gastroenteritis with mucus hypersecretions.
Ulcers, subacute or chronic, not inflamed but congested.
Decubitus, recuperative (externally).
Herpes simplex, to speed regeneration (externally).
Skin ulcers on oily, moist surfaces (externally).
Endometritis/metritis, with fever and with senescent neutrophils or immuno-

suppression (with Baptisia and Echinacea).

Acute vaginitis (internally).

Blood serum levels: white blood cell depression, any cause (w/Echinacea).

Endogenous infections, with depressed WBC.

Cancer, immunosuppression from therapy; or immunosuppression with marked WBC depression(with Echinacea).

To stimulate innate immunity. Immunosuppression, recent, from stress (with Echinacea).

Leukopenia (with Echinacea).

CONVALLARIA

Palpitations, arrhythmia with tachycardia.

COPTIS

Aphthous stomatitis (as a wash and internally)

Herpes, topically.

Vincent's infection (trench mouth).

Pemphigus.

Chronic or subacute rhinitis.

Recuperating from diarrhea.

Dysentery, for concurrent mouth sores.

Asecretory dyspepsia with anorexia, atonicity.

Vomiting from alcohol abuse the night before.

As a topical disinfectant for abrasions. Rectal fissures (sitz bath).

Skin ulcers, in general (external).

Subacute vaginitis (as sitz bath).

Subacute vulvitis (as a sitz bath).

Thrush (externally).

Lymphadenitis, with ulcerations of the mouth.

CORALLORHIZA

Chronic cough with chest pains, anorexia, diminished strength.

Post-febrile pneumonia with debility, heavy secretions, protracted cough, weight loss, low chi.

CORIANDRUM

Simple nervous dyspepsia from agitation.

CORNUS STOLONIFERA

Headache, from fevers.

CORYDALIS AUREA

Sydenham's chorea.

Neuralgia with nervous muscular twitching.

Leukorrhoea, viscous but without smell, with pelvic atony and hemorrhoids.

Blood dyscrasias, with sluggish digestion, hyposecretions.

Lymphadenitis, with ulcerations of the mouth.

CORYNANTHE

Impotence/frigidity, with depressed testosterone and sperm count in males, without prostatitis.

Sterility, with depressed testosterone, low sperm count.

CRATAEGUS

Angina pectoris, as an adjunct for fear of death, constant guarding against pain.
Arteriosclerosis; essential hypertension; hypertension with elevated diastole,
arterial hypertonicity; palpitations with dyspnea.
Source of bioflavonoids.

CUBEBA

Acute hot dry bronchitis becoming chronic with thick mucus.
Dyspnea after bronchitis.
Chronic cystorrhoea.
Chronic cystitis/urethritis with mucus; or at menses.
Acute vulvitis, with irritation and burning.
Incontinence in children, small quantity of urine while sleeping.

CUPRESSUS

Chronic cystitis/urethritis with prostatitis.
Tinea corporis, tinea barbae, tinea capitis (fresh tincture).
Acute prostatitis, with incontinence.
Cradle cap (externally).
To stimulate innate immunity.

CURCUMA LONGA

Colic from cathartics.

CYPRIPEDIUM

Nervous tachycardia.
Palpitations, arrhythmias with agitation, neurotic (with *Cereus*).
Insomnia in asthenic individuals or in atonic, debilitated states.
Neuralgia in convalescence, debility.
Poison ivy/oak (externally and topically).
Amenorrhoea with depressions.
Dysmenorrhoea, in general.
Menopause, with melancholia after hot flashes.
Infant teething, in the otherwise nervous fretful child.
Headache, migraine, antispasmodic.

DAMIANA CALIFORNICA see *Turnera*.

DATURA

Spasmodic asthma (smoked).

DAUCUS CAROTA

Gout, for the hyperuricemia.
Blood serum levels: uric acid elevation.

DIOSCOREA

Cholangitis, general antispasmodic.
Cholecystalgia, general antispasmodic.
Lithiasis with clonic spasms.
Ureteralgia.
Pain from renal and bladder colic.
Chronic pyelitis, with colic.
Colic, in general.

Diarrhea, for tenesmus.
Chronic diarrhea with hyperactive cholinergic functions.
Nausea, general antispasmodic.
Vomiting, in general.
Dysmenorrhea, in general.
Mittelschmerz, in general.
Uterus, inflammation, with cramps.
Miscarriage, impending, with cramps as main symptom.
Morning sickness.
Colic in infants, general intestinal antispasmodic.

DRACONTIUM

General antispasmodic for long-term use in asthma.
Spasmodic asthma with constriction of chest.
Insomnia in asthenic individuals.

DROSERA

Onset of head cold, dry with irritative cough.
Subacute head cold with
hoarseness or laryngitis.
As a gargle in acute pharyngitis.
Extrinsic asthma with dry spastic cough.
Spasmodic asthma with constriction of chest.
Acute spasmodic cough with paroxysms, laryngeal reflex.
Hemoptysis from fits of coughing.
Cough in infants, with spasms, in measles, whooping cough.

DULCAMARA See Solanum dulcamarum.

ECHINACEA

Apthous stomatitis (as a wash and internally)
Foul breath with sulphur burps.
Gums bleeding, sore and spongy, internally and as a mouthwash.
Periapical abscess (gum boils), internally and topically.
Ear discharge.
Purulent laryngitis with systemic effects.
As a gargle in acute pharyngitis.
Initial stages of acute pharyngitis.
Subacute pharyngitis, slow to heal.
Strep throat; tonsillitis (internally and as a gargle).
Acute sinusitis with ulcerations (as a nasal spray).
Intrinsic humid asthma with moist cough.
Toxic albuminuria.
Septic diarrhea.
Bacillary dysentery with suppurations (with Baptisia).
Fermentative dyspepsia, aggravated by food.
Chronic gastritis with sulfuric, putrid belching.
Peritonitis, post-operative with lingering autotoxicity.
Shigellosis, supportive to primary therapy (with Baptisia).

Abscess, with septicemia, swellings (with Baptisia).
 Abscess, with fetid discharge (internal and external).
 Abscess, as a moistening agent in a stimulating poultice with Althea powder as a base.
 As a topical disinfectant for abrasions.
 Decubitus with necrosis (internal and external).
 Eczema, pustular with sticky exudate.
 Herpes simplex, to speed regeneration (externally).
 Poison ivy/oak (topically).
 Skin ulcers with septicemia, edema, fever (with Baptisia); with septicemia (internal and external); with fetid discharge or gangrenous lesions (external).
 Suppuration with necrosis, in weak individuals (with Baptisia, externally); or with necrosis in strong individuals (externally).
 Urticaria (externally).
 Chronic tendinitis (for extended use).
 Cervicitis with ulceration (Calendula as douche, with Echinacea tincture and glycerine (1:4 ratio) as night-time suppository).
 Endometritis/metritis, with fever (with Baptisia).
 Acute vaginitis (douche).
 Stomatitis, while nursing.
 Infant teething, with usual agitation and GI disturbances (rubbed on gums).
 Blood dyscrasias, in general.
 Septicemia with strong immunologic vitality.
 Blood serum levels: white blood cell depression, any cause (with Commiphora).
 Endogenous infections, in general; or in feeble individuals (with Baptisia and Phytolacca).
 Septic fevers (with Baptisia).
 Cancer, immunosuppression from therapy; or immunosuppression with marked WBC depression (with Commiphora).
 To stimulate acquired or innate immunity.
 Immunosuppression, recent, from stress (with Commiphora).
 Leukocytosis (with Ligusticum porteri or Lomatium dissectum).
 Leukopenia (with Commiphora).
 Lymphadenitis, inflammatory with fever.
 Lymphangitis, acute in strong individuals (with Lomatium); or acute in weak individuals (with Astragalus).
 Mononucleosis, acute stages (with Ceanothus).
 Mononucleosis, general supportive,
 Mumps, acute (2 parts Echinacea to 1 part Aconitum, in small frequent doses; also as topical lotion, 3 parts Echinacea to 1 part Phytolacca).
 Headache, from fevers.

ELEUTHEROCOCCUS

Lipid lowering in arteriosclerosis.
 Multiple sclerosis, early stages or the beginning of remissions.
 Adrenal cortex hypofunctions.

General moderation for over-reactivity in stress and drug abuse.

Acne, from excessive cortical hormones.

Blood serum levels: hyperlipidemia, in general.

ENCELIA FARINOSA

Acute allergic rhinitis.

Acute sinusitis with runny eyes, nose.

In children, eye and nose pain, sharp itching pain, hay fever.

Hay fever with watery eyes, nasal membranes.

EPHEDRA SINICA (MA HUANG)

Hay fever, in general.

Middle ear decongestant.

General decongestant.

Hay fever, in general.

EPHEDRA VIRIDIS

General decongestant.

Acute cystitis/urethritis with inflammation and irritation.

Hay fever, in general; and in particularly sensitive individuals.

EPILOBIUM ANGUSTIFOLIUM

Colic with chronic, non-inflammatory diarrhea.

Dysentery, general tonic when self-limiting.

Gastroenteritis with colic, green diarrhea, no fever.

Prostatitis, acute, in general.

Diarrhea in infants (with *Mentha piperita*).

Vomiting in children, with green diarrhea.

EPIPACTIS GIGANTEA

Nervous tachycardia.

Insomnia in asthenic individuals or atonic, debilitated states.

Neuralgia in convalescence, debility.

Poison ivy/oak (externally and topically).

Amenorrhea with depressions.

Dysmenorrhea, in general.

Menopause, with melancholia after hot flashes.

Infant teething, in the otherwise nervous fretful child.

Headache, migraine, antispasmodic.

EQUISETUM

Emphysema, to strengthen septum cartilage.

Acute cystitis/urethritis with inflammation and irritation.

Incontinence, while sleeping, from chronic cystitis (with *Rhus aromatica*).

Incontinence in aged males with enlarged prostate, poor bladder control.

Ureteralgia.

Nephritis with edema.

Rheumatoid arthritis.

Menopause, with early osteoporosis symptoms (as a tea with *Medicago sativa* and *Angelica sinensis*).

Prostatitis, with irritable bladder, dribbling.

Blood serum levels: creatinine, moderate elevation, renal cause.
Nutritional malabsorption in moderate parathyroid imbalances.

ERIGERON CANADENSIS (CONYZA)

Epistaxis.
Hemoptysis.
Hemorrhage, general and from congested, boggy mucosa.
Phosphaturia with pain in kidneys.
Ulcerative bleeding colitis.
Dysentery with blood.
Mild GI hemorrhage, subacute or chronic, with ache or no pain.
Hemorrhoids, bleeding.
Irritable bowel syndrome with occasional colitis-like bleeding.
Bleeding ulcers.
Post-partum hemorrhage, passive from lack of contraction.

ERIODICTYON

Middle ear decongestant.
General decongestant.
Humid bronchial asthma with free expectoration.
Acute cough, moist, persistent; after influenza.
Acute effusive pleurisy.
Acute cystitis/urethritis with mucus in urine.
Chronic anorexia with extensive hypersecretion of pulmonary, renal, intestinal mucus.
Chronic catarrhal dyspepsia with anorexia.

ERIOGONUM

Topical eyewash for bloodshot eyes, conjunctivitis.
Source of bioflavonoids.

ERYNGIUM

Chronic laryngitis with excess, abundant mucus.
Chronic bronchitis with profuse secretions.
Cystorrhoea.
Acute cystitis/urethritis w/aching in loins, frequent burning and scanty urination.
Dysuria w/incontinence from movement, menses, after coitus or in menopause.
Hematuria.
Incontinence, menstrual, menopausal, aggravated by movement; or from recent sexual activity in sedentary, previous abstemious males.
Lithiasis with hematuria, especially from lower tract; or with hyperuricemia.
Polyuria, from urethritis or prostatitis.
Prostatitis, acute, in general.
Subacute/chronic prostatitis with spermatorrhea.

ERYTHRAEA

Anorexia nervosa after GI infections.

ESCHSCHOLZIA CALIFORNICA

Antispasmodic strangury.

EUCALYPTUS GLOBULUS

Ulcerative conjunctivitis.

Tongue pasty, foul-smelling (not from teeth).

Foul breath with sulphur burps.

Acute hot dry bronchitis in aged with secretions.

Acute cough after pneumonia with difficult expectoration.

Acute or recuperating bronchial pneumonia with difficult expectoration, dry and tough.

Gastric colic with flatulence.

Fermentative dyspepsia, aggravated by food.

Chronic gastritis with sulfuric, putrid belching.

Skin ulcers with fetid discharge or gangrenous lesions (external).

EUONYMUS

Tongue yellow-coated with anorexia, liver problems.

Chronic anorexia nervosa with recurring viral infections.

Anorexia from chemotherapy.

Atonic colon with anorexia and liver hypofunction.

Constipation with poor appetite, post- febrile.

Asecretory dyspepsia with anorexia, atonicity.

Anorexia from cancer therapy.

Anorexia nervosa, iatrogenic from drugs.

EUPATORIUM PERFOLIATUM

Head cold, moist with fever, aches.

Acute hot dry bronchitis with muscular weakness.

Influenza with malaise and aches.

Acute bronchial pneumonia with dyspnea.

To stimulate innate immunity.

EUPATORIUM PURPUREUM

Chronic cystorrhoea with sense of fullness, blockage.

Cystitis, urethritis, with pain from gravel and acid, urate urine.

Chronic cystitis/urethritis w/ dark or mucopurulent urine and strained urination.

Chronic acidic dysuria with dark or milky urine.

Chronic passive hematuria.

Lithiasis with hyperuricemia.

Chronic pyelitis, post lithiasis, painful urination.

Subacute/chronic prostatitis, with pelvic and sacral pain.

Fever, moist with deep aching pain.

EUPHRASIA

Acute conjunctivitis w/ sharp sinus pain; hyperaemia w/ rhinitis, frontal headache, sneezing; acute inflammation of the eyelids; also as an eyewash for runny eyes.

Otitis media from allergies, rhinitis.

Acute allergic rhinitis.

Acute sinusitis with runny eyes, nose.

In children, eye and nose pain, sharp itching pain, hay fever.

Hay fever with watery eyes, nasal membranes.

FOENICULUM VULGARE

Dyspepsia with flatulence that is chronic anyway.

Lactation, suppressed from nervousness, mild sympathetic excess.

Colic in infants, with flatulence.

FOUQUIERIA

Cardiovascular edema with venous stasis in pelvis and legs; varicose veins in legs, inner thighs, from diet or chronic poor fat digestion.

Alcoholic cirrhosis with portal congestion.

Hepatitis - chronic abdominal pain and hemorrhoidal aching after acute symptoms long over.

Dysuria with congestive prostate enlargements in sedentary males.

Colitis from intestinal putrefaction and liver or portal dysfunction.

Chronic constipation with poor fat absorption, sluggish portal circulation.

Hemorrhoids, all cases aggravated or initiated by dietary or alcoholic excess.

Steatorrhea, from overindulgence in fats; or with ileocecal irritability.

Eczema, with chronic poor fat digestion, dry skin.

Chronic psoriasis, when pelvic congestion, hemorrhoids, dull urethritis triggers acute episode.

Cervicitis concurrent with hemorrhoids, occasional ache on urination or varicose vein aggravation.

Orchitis/epididymitis, with portal congestion, hemorrhoids, varicosities.

Uterus, congestion, with hemorrhoids or dull aching urination.

Nutritional malabsorption with steatorrhea but no cecal inflammation, dark feces with bad breath, subcutaneous pre-acne eruptions.

Cancer, supportive in lymph dysplasias.

To stimulate innate immunity.

Lymphadenitis, in inguinal nodes; or w/ congested cisterna chyli, thoracic ducts.

Mononucleosis, with steatorrhea, portal congestion, hemorrhoids.

FRANGULA See *Rhamnus frangula*.

FRANKENIA

Leukorrhea, hypersecretory, milky, little smell (as a douche, with *Hydrastis inter.*).

FRANSERIA AMBROSIOIDES See *Ambrosia*.

FRASERA SPECIOSA See *Swertia radiata*.

FRAXINUS

Bacillary dysentery with suppurations.

Uterine subinvolution, with vertex and occipital headache.

FUCUS

Fatty degeneration of heart, as an adjunct therapy.

Thyroid hypofunction with obesity, fluid retention.

Malnutrition, in mineral deficiencies.

GALIUM

Acute cystitis/urethritis with systemic infections, fever.

Dysuria concurrent with systemic, febrile infections.

GAMBIR

Periodontitis, topically.

GARRYA

Diarrhea, for tenesmus.
Chronic diarrhea with hyperactive cholinergic functions.
Obstinate hiccoughs.
Nausea, general antispasmodic.
Shigellosis, for cramps.
Dysmenorrhea, in general.

GAULTHERIA

Chronic cystitis/urethritis with prostatitis.
Acute dysuria with pain in back, difficult urination from sphincter irritation.
Acute mild nephritis with fine hyaline cysts.
Hemorrhoids, painful, extruding, w/sense of fullness, weight, congestion.
Anti-inflammatory in arthritis.
Subacute/chronic prostatitis, with urethritis.
Headache in children, in general (as a tea).

GELSEMIUM

Tonsillitis pain.
Acute hot dry bronchitis with red face, fever, contracted pupils.
Acute influenza, hypersecretory, excitability.
Hyperemia w/flushed face and eyes, contracted pupils, restlessness, excitation.
Convulsions, when other medications may not be necessary.
Trigeminal neuralgia from cold, caries, or gum inflammation.
Uterus, colic.
Labor, rigidity of cervix, thin, rigid; or with restlessness, fear, excitation.
Cervix thin, rigid.
Fever, with flushed face, bright eyes, contracted pupils, excitation, hyperemia, not congestion.
Mumps with high fever.
Headache, from eyestrain.

GENTIANA

Anorexia nervosa in the feeble, asthenic; after GI infections.
Atonic colon with anorexia.
Chronic catarrhal dyspepsia with anorexia.
Heartburn, with anorexia.
Nausea before eating.
Allergies, secondary hypersensitivities.
Nutritional malabsorption in the aged and convalescent.
Cancer, supportive in upper GI neoplasias.
Diabetes/hyperglycemia - functional hyperglycemia, especially before meals (as a bitter shortly before eating).

GERANIUM

As a mouthwash for bleeding gums.
Chronic diarrhea with semi-formed feces, frequent evacuations and debility.
Chronic dysentery.
Gastric ulcers with vomiting.
Leukorrhoea, hypersecretory, milky, little smell (as a douche).

GINKGO

Arteriosclerosis.

Dizziness in aged with arteriosclerosis, "cerebral anemia".

Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

GOTU KOLA See Centella asiatica.

GLYCYRRHIZA GLABRA

Acute cough with faucial irritability.

Hypotension with frequent urination.

Adrenal cortex hypofunctions.

Constipation, dry feces with scanty secretions.

Irritable bowel syndrome with constipative phase dominant, in adrenergic stress individuals.

"Surgical menopause" after 35 years of age, as a possible alternative to hormone replacement therapy (with *Angelica sinensis*).

GOSSYPIUM

Amenorrhea with backache, fullness, aching pelvis.

Dysmenorrhea, slow onset w/clots; or iatrogenic complications from antihistamine or anti-inflammatory medication.

Impotence/frigidity, in general; or with arousal but weak and vague uterine contractions or ejaculation in orgasm.

Menorrhagia, as a general treatment.

Acute prostatitis, with from excessive sexual activity after prolonged celibacy.

Subacute/chronic prostatitis, enlarged with dull ache in older males.

Prostatitis, preventative (with Pumpkin Seeds).

Sterility, with depressed testosterone, low sperm count.

Uterus, atony, especially sexual.

Uterus, inflammation; or prolapse.

Acute vaginitis (internal).

Acute vulvitis, with incontinence.

Post-partum hemorrhage, passive from lack of contraction.

Labor, with simple uterine exhaustion.

Lactation, suppressed from nervousness, mild sympathetic excess.

Lactation, poor letdown or other oxytocin reflexes.

Acute mastitis (internally, with *Ceanothus* internally, and *Phytolacca* externally).

Uterine subinvolution, with poor tone and reflex contractions.

GRANATUM See Punica granatum.

GRINDELIA

Iritis; ophthalmalgia.

Chronic pharyngitis with thick tenacious mucus.

Sleep apnea.

Dry non-spasmodic asthma with pectoral soreness, raw throat.

Intrinsic humid asthma with thick mucus.

Asthma with sleep apnea.

Recuperating bronchitis w/difficult expectoration; sub-acute or chronic bronchitis

in aged.

Bronchorrhea.

Acute dry cough after fever.

Emphysema with dry labored breathing, sallow skin.

Acute influenza with coughing, dyspnea.

Eczema, chronic vesicular.

Poison ivy / oak (topically).

Skin ulcers, chronic, indolent, with impaired circulation (internal and external).

GUAIACUM

Initial stages of acute pharyngitis.

Subacute pharyngitis, slow to heal.

Acute pharyngitis, returning after almost healing.

Chronic pharyngitis with chronic joint pain, mild auto-immunity symptoms.

Strep throat.

Acute early stage tonsillitis (also as a gargle).

Subacute moist cough, stubborn, reoccurring.

Multiple sclerosis, early stages or the beginning of remissions.

Arthritis, diuretic.

Chronic rheumatic pains with cold hands, feet, poor circulation, debility.

GUTIERREZIA

As a bath in arthritis.

HAMAMELIS

As an eyewash in acute ophthalmia.

As a mouthwash for sore gums.

Acute pharyngitis with hyperemia.

Chronic pharyngitis with pale, relaxed mucosa.

Chronic sinusitis with nasal catarrh, thickened relaxed mucosa (also as a gargle).

Passive capillary hemorrhage.

Varicose veins with relaxed tissues, sense of fullness; venous stasis in turgid veins, not from cardiac decompensation or portal hypertension.

Hemorrhoids, painful, extruding, with sense of fullness, weight, congestion.

Abrasions with bruises and dermal irritations (topical).

Leukorrhoea, viscous, fetid (as douche, with Hydrastis).

Uterus, congestion, with hemorrhoids or dull aching urination.

Varicosities during pregnancy (external fomentation).

HARPAGOPHYTUM

Lipid lowering in arteriosclerosis.

Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.

Lithiasis with hyperuricemia.

A preventative for alkaline, phosphatic stones.

Rheumatoid and osteo-arthritis; arthritis when accompanied by elevated lipids and uric acid.

Anti-inflammatory in arthritis.

Gout, for inflammation and for the hyperuricemia.

Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: uric acid elevation.

HEDEOMA

Onset of head cold, dry with tight membranes, fever.
Amenorrhea, simple, crampy.
Fever in infants, suppressed sweating.
Fever, dry, hot, interrupted diaphoresis.

HELIANTHEMUM see *Cistus*.

HELIOPSIS LONGIPES

The root is chewed as a preventative for periodontitis.

HEPATICA

Cough in infants, with spasms, in measles, whooping cough.

HERACLEUM LANATUM ROOT

Externally for trigeminal neuralgia; also for paralysis at and distal from nerve injury.

HETEROTHECA

Vasoneurosis of skin and mucosa.
Topical in arthritis.
As a bath in arthritis.
Joint and muscle pain, especially in children (externally).

HEUCHERA

Chronic diarrhea with semi-formed feces, frequent evacuations and debility.

HUMULUS

Insomnia with indigestion and epigastric fullness.
Brachial neuritis.
Trigeminal neuralgia, to decrease sensitivity of trigger points.
Dyspepsia from starches.
As a topical disinfectant for abrasions.
Nutritional malabsorption with faulty starch digestion and dyspepsia.
Headache, migraine-like, chronic in evenings, with dyspepsia.

HYDRANGEA

Cystitis, urethritis, with pain from gravel and alkaline, phosphatic urine; or with pain from gravel and acid, urate urine.
Acute dysuria with pain in back, difficult urination from alkaline urine and passage of phosphatic urine.
Hematuria with pain on urination; or with sediment in urine.
Lithiasis with clonic spasms.
Ureteralgia.
Deep seated kidney pain accompanying primary treatment for nephritis.
Pain in lumbar region only.
Pain from renal and bladder colic.
Phosphaturia with pain in kidneys.
Blood serum levels: creatinine, moderate elevation, renal cause.

HYDRASTIS

Catarrhal or follicular conjunctivitis; as an eyewash in acute ophthalmia.
Aphthous stomatitis (as a wash and internally)
Herpes topically (also internally).
Ceruminosis with eczema, externally.
Subacute head cold with thick mucus.
Acute granular pharyngitis.
Subacute pharyngitis with thick, gagging mucus (internal and external).
Chronic pharyngitis with pale, relaxed mucosa.
Chronic or subacute rhinitis.
Chronic sinusitis with edematous turbinates, relaxed and purplish; or with thick
ropy mucous, frontal headache.
Subacute tonsillitis with crypt catarrh.
Hemorrhage from congested, boggy mucosa.
Chronic anorexia with colon, rectal catarrh.
Atonic colon with mucus in feces.
Chronic colic with catarrh.
Recuperating from dysentery.
Acute gastritis, recuperation.
Chronic gastritis with sulfuric, putrid belching.
Chronic gastritis from alcoholic excess.
Gastroenteritis, recuperation.
Hemorrhoids, non-ulcerative with intestinal weakness, steatorrhea.
Nausea in morning from alcohol abuse.
Vomiting from alcohol abuse the night before.
Shigellosis, recuperative period.
Ulcers, subacute or chronic, not inflamed but congested.
As a topical disinfectant for abrasions.
Rectal fissures (retention enema).
Herpes simplex, subacute (internal and external).
Skin ulcers, in general (external).
Leukorrhoea, viscous, fetid (as douche, with Hamamelis).
Leukorrhoea, hypersecretory, milky, little smell (internally, with Frankenia
as a douche).
Subacute vaginitis (as sitz bath).
Diabetes/hyperglycemia - functional hypergluconeogenesis.
Extended immunosuppression, with congestion, edema (with Echinacea).

HYPERICUM

Insomnia in asthenic individuals.
Neuralgia with nervous muscular twitching.
Muscular pain without hyperemia (externally).
Aseptic synovitis without inflammation (internal and external).
Unipolar depressive states.
Hysteria with heat along spinal cord, distal hypersthenia.
Pain, general, after inflammatory or hyperemic states, recuperative period.

HYSSOPUS

Abrasions with bruises and dermal irritations (topical).

Bruises (topical).

Muscular pain, as a poultice or fomentation.

IMPATIENS

Poison ivy / oak (fresh plant tincture, topically).

INULA

Humid bronchial asthma.

Chronic bronchitis, bronchorrhea.

Acute cough, moist, persistent.

Dyspnea after bronchitis with copious expectoration.

IPECAC

Tongue broad, full, coated, with nausea, vomiting; broad slimy flabby with foul burps.

IRIS

Thyroid hypofunction with fluid retention, immunodepression.

Sick headache with nausea, dyspepsia, light feces.

Cholangitis with sharp cutting pains, increased by motion.

Alcoholic cirrhosis with portal congestion.

Constipation with light feces.

Diarrhea, large mucoid semi-formed feces.

Dyspepsia with nausea, sick headache, light feces.

Gastroenteritis with mucus hypersecretions.

Heartburn from fats.

Nausea in morning, after fatty breakfast.

Vomiting, from fats, pastry abuse.

Eczema, with chronic poor fat digestion, dry skin.

Blood serum levels: LDL, VLDL elevated.

Nutritional malabsorption in radical dietary changes with sluggish pancreatic and succus entericus response.

To stimulate innate immunity.

Lymphangitis, subacute, lingering.

JEFFERSONIA

Acute rheumatic pains, non-inflammatory, with mild auto-toxicity.

Headache, migraine-like, chronic in evenings, with vertigo, in asthenics.

JUGLANS

Colic in cecum with uneasy, distressing pain.

Chronic colic with catarrh.

Constipation; chronic atonic; or with atonic gastric functions, eruptions on face, neck, back or buttocks.

Burning, acrid diarrhea.

Dyspepsia with flatulence from overeating and digestive abuse.

Chronic catarrhal dyspepsia with constipation.

Stearrhea with eruptions on buttocks.

Acne, with constipation, flatulence.

Eczema, with constipation, flatulence.

JUNIPERUS

Albuminuria, chronic renal weakness without inflammation.

Chronic cystorrhoea without active inflammation.

Chronic cystitis/urethritis without active inflammation.

Dysuria, non-inflammatory, recurring, after "surgical" menopause.

Chronic nephritis without active inflammation.

Menopause, with recurring dysuria but no inflammation.

Subacute/chronic prostatitis, enlarged, without inflammation, with discharge.

KALMIA

Muscular pain, in general, referred pain specifically.

KRAMERIA

Aphthous stomatitis (as a wash and internally)

Gums bleeding, sore and spongy, internally and as a mouthwash.

Periodontitis, topically.

Herpes, topically.

Incontinence, general.

Pain in lumbar region, flanks to navel.

Chronic diarrhea with semi-formed feces, frequent evacuations and debility.

Gastric ulcers with vomiting.

Acute vaginitis (douche).

LARREA

Chronic biliousness with symptoms of auto-intoxication, sluggish liver catabolism.

Dyspepsia, aggravated by fats and proteins.

Nausea in morning, after fatty breakfast.

Steatorrhea with ileocecal irritability.

Vomiting, from fats, pastry abuse.

Eczema, with chronic poor fat digestion, dry skin.

As a bath in arthritis.

Leukorrhoea, supportive to local itching and pain (with Anemopsis as a sitz bath).

Blood serum levels: SGOT, SGPT elevations with elevated bilirubin, not active hepatitis.

Nutritional malabsorption in conjunction with lipotropic therapies.

Cancer, supportive in skin cancers (externally).

Hangover, liverish, dark circles under eyes.

LAVANDULA

Flatulent colic.

Dyspepsia with flatulence, nervous dyspepsia, nausea.

Nausea, general anesthetic.

Colic in infants, with moderate pain, sour breath, nausea.

Vomiting in children, with acidic vomit.

LEONURUS

Herpes, early nerve pain, before eruptions.

Nervous tachycardia with circulatory excitement, anxiety; supportive to other measures for anxiety syndromes in chronic cardiopathies; functional neurocirculatory disorders.

Amenorrhoea with irritation, pelvic and lumbar pain.

Dysmenorrhoea with irritability, lumbar and pelvic pain, unrest.

Premenstrual syndrome (PMS), w/ muscular rigidity, nervous tension or pain in chest.

Pain, general, in the sthenic, with sharp pain, generally increasing.

Pain, neurogenic, with agitation and increased CNS sensitivity.

LEPTANDRA

Tongue white-coated, light feces.

Dizziness, depression, frontal headache, tenderness, pain in rt. hypochondrium.

Acute cholangitis.

Cholecystalgia; pain in right hypochondrium to right shoulder, without any major abdominal pain.

Cholelithiasis preventative.

Hepatitis; hot skin, cold feet, abdominal congestion, white-coated tongue, bad taste and breath, pain in right hypochondrium with pain referred to right or left shoulder.

Jaundice with pale dry skin, thick coated tongue, moderate hepatic pain.

Dyspepsia, aggravated by fats and proteins.

Headache, in digestive dysfunction, following meals.

LESPEDEZA

To lessen the tendency to sclerosis in chronic nephritis.

LEUCANTHEMUM See Chrysanthemum leucanthemum.

LIGUSTICUM PORTERI (OSHA)

Onset of head cold, dry with irritative cough.

Initial stages of acute pharyngitis.

Subacute pharyngitis, slow to heal.

Acute early stage tonsillitis.

Bronchorrhea.

Acute cough, initial stages.

Acute influenza with coughing, dyspnea.

Acute bronchial pneumonia with dyspnea.

Fever, dry, hot, interrupted diaphoresis.

Leukocytosis (with Echinacea).

LIGUSTRUM LUCIDUM

Chronic aphthous stomatitis with pale mucosa, relaxed tissue.

Thrush (externally).

LIMON

Tongue elongated, reddened with prominent papillae.

LINARIA

Hepatitis with rebound elevations of bilirubin, SGOT and SGPT at a later time.

Jaundice, general recuperative.

Blood serum levels: bilirubinemia without active hepatitis.

Blood serum levels: SGOT, SGPT elevations with elevated bilirubin, no active hepatitis.

Hangover, liverish, dark circles under eyes.

LIQUIDAMBER

Chronic dry unproductive bronchial cough.

LOBARIA PULMONARIA See *Sticta*.

LOBELIA INFLATA

Tongue full white coated, especially heavy in the back.

Onset of head cold, dry with irritative cough.

Extrinsic asthma with dry spastic cough.

Asthma with albuminuria.

Recuperating bronchitis with congestion, hypersecretion, post-febrile.

Chronic bronchitis with profuse secretions.

Bronchorrhea.

Acute cough, moist, persistent; after pneumonia with difficult expectoration; or after fever, dry.

Chronic cough with debility.

Dyspnea after bronchitis or pneumonia, perhaps with copious or difficult expectoration.

Influenza, dry, hot, asecretory (combine with *Capsicum*).

Angina pectoris - vasomotoria (false) with slow pulse, precordial heaviness, mild general cardiac neuralgia.

Convulsions, when other medications may not be necessary.

Epilepsy, to reduce force and lessen frequency.

Cholecystalgia, general antispasmodic.

Antispasmodic strangury.

Chronic anorexia with depressed autonomic and myenteric stimulation.

Atonic colon without inflammation but marbly hard feces.

Labor, rigidity of cervix, thick, doughy.

Cervix rigid, thick, doughy.

Cough in infants, with acute laryngitis and wheezing; or with spasms.

Measles with imperfect or tardy eruption, dry irritable cough.

Metabolic debility, with vague, adrenergic- induced depression.

Depression with shallow respiration, rapid pulse, dilated pupils.

Convulsive hysteria.

LOBELIA INFLATA ACETUM TINCTURE

Poison ivy / oak (topically).

LOMATIUM DISSECTUM

Initial stages of acute pharyngitis.

Subacute pharyngitis, slow to heal.

Acute early stage tonsillitis.

Influenza.

Pneumonia.

Leukocytosis (with *Echinacea*).

Lymphangitis, acute in strong individuals (with *Echinacea*).

Mononucleosis, acute stages (with *Echinacea*).

LOPHOPHORA

Functional neurocirculatory disorders; palpitations with hypotension

asthenia, dyspnea.

LYCOPODIUM CLAVATUM

Skin ulcers, general protective cover.

LYCOPUS

Exophthalmic goiter from long-term functional hyperthyroidism with tachycardia and mild dyspnoea.

Chronic epistaxis.

Chronic bronchitis.

Hemoptysis.

Tachycardia with circulatory excitement, anxiety; supportive to other measures for anxiety syndromes in chronic cardiopathies; passive capillary hemorrhage; tobacco heart; chronic dilated cardiovascular hypertrophy; palpitations after febrile infection or from hiatus hernia or gastritis.

General thyroid hyperfunction; functional exophthalmus hyperfunction.

Chronic passive hematuria.

Blood serum levels: creatinine, moderate elevation, renal cause.

MAHONIA

As an eyewash for follicular or catarrhal conjunctivitis, for acute or chronic catarrhal ophthalmia, or for the onset of styes.

As a mouthwash for bleeding gums.

Tongue with yellowish-brown coat.

Aphthous stomatitis (as a wash and internally)

Chronic or subacute rhinitis.

Acute biliousness from food or drug excess.

Jaundice, general recuperative.

A preventative for alkaline, phosphatic stones.

Atonic colon with anorexia.

Constipation with light feces.

Diarrhea from dietary indiscretions.

Recuperating from diarrhea.

Dyspepsia from fats.

Dyspepsia with nausea, frontal headache.

Chronic gastritis from alcoholic excess.

Gastroenteritis with hepatic malfunction, slight jaundice.

Heartburn from fats.

Nausea after eating.

Nausea in morning, after fatty breakfast.

Shigellosis, for lingering autotoxicity.

Steatorrhea with bile deficiency, nausea, sick headache.

Gastric or duodenal ulcers, slow healing.

Acne, face and scalp.

Dry eczema.

Eczema, facilitating any external measures.

Pruritus senilis, in general.

Acute episodic psoriasis.

Premenstrual syndrome (PMS), with oily skin and abdominal heaviness, food cravings, especially for fats and proteins (taken daily for the week before menses).

Blood dyscrasias, with scaly skin eruptions, impaired nutrition.

Allergies, in general.

Allergies, secondary hypersensitivities.

Nutritional malabsorption - poor protein absorption.

Diabetes/hyperglycemia - functional hypergluconeogenesis.

Hangover, liverish, dark circles under eyes.

Headache, in digestive dysfunction, following meals.

MALVA

Acute cystitis/urethritis in general.

Lithiasis, with irritation, inflammatory pain.

Strangury, in general.

Thrush (externally).

MARRUBIUM

Intrinsic humid asthma.

Chronic bronchitis.

MARSDENIA

Cancer, supportive in upper GI neoplasias.

MATRICARIA

Insomnia with indigestion and epigastric fullness.

Simple nervous dyspepsia from agitation.

Nausea, general anesthetic.

Eczema, in general (as a bath).

Hair tonic.

As a bath in arthritis.

Gout, for inflammation (as a bath).

Muscular pain, as a poultice or fomentation.

Colic in infants, with crying, agitated, hysterical.

Fever in infants, agitated and hysterical with pain on palpation of hypochondrium or epigastric region.

Headache in children with moist skin, hot head.

Infant teething, with usual agitation and GI disturbances.

Vomiting in children, with green diarrhea.

MEDICAGO SATIVA

Phosphaturia in general.

Menopause, with early osteoporosis symptoms (as a tea with *Equisetum* and *Angelica sinensis*).

Lactation, poor quality and quantity.

Appetite poor, nervous, weak.

Malnutrition, recuperation from major illness, surgery.

Nutritional malabsorption in moderate parathyroid imbalances.

MELILOTUS OFFICINALIS

Pain from renal and bladder colic.

Acute mastitis (as soothing poultice).

Pain, general, in the asthenic, with sense of cold.

MENTHA ARVENSIS

Flatulent colic.

Nausea after eating.

Fever in infants, suppressed sweating.

MENTHA PIPERITA

Nausea after eating.

Diarrhea in infants (with Epilobium).

Fever in infants, suppressed sweating.

Vomiting in children, general treatment (as a tea).

MENTHA PULEGIUM

Flatulent colic.

Amenorrhea, simple, crampy.

MENTHA VIRIDIS

Simple nervous dyspepsia from agitation.

Nausea after sick headache.

MENYANTHES

Allergies, secondary hypersensitivities.

Nutritional malabsorption in the aged and convalescent.

Nutritional malabsorption in poor protein absorption.

Diabetes/hyperglycemia - functional

hyperglycemia, especially before meals (as a bitter shortly before eating).

Headache, in digestive dysfunction, following meals.

MICROMERIA

Flatulent colic.

MIRABILIS MULTIFLORA

Appetite depressant.

MITCHELLA

Dysuria with dysmenorrhea; or with congestive prostate enlargements in sedentary males.

Polyuria, from urethritis or prostatitis.

Cervicitis with dysmenorrhea and dysuria.

Subacute/chronic prostatitis, with urethritis.

Primipara, with history of first or second trimester miscarriage; or with irritability, distress last trimester.

MONARDA

Diarrhea from dietary indiscretions.

MYRICA

Apthous stomatitis, either acute with hyperacidity and acid diarrhea, or chronic with pale mucosa, relaxed tissue, hypersalivation.

Acute glossitis with mouth sores.

Periodontitis, topically.

Chronic herpes, topically.

Vincent's infection (trench mouth).

Acute pharyngitis, returning after almost healing.
Subacute pharyngitis, slow to heal.
Chronic pharyngitis with semi-edema, hypersecretion.
Chronic sinusitis with inflammation, catarrh, stuffy heat.
Chronic tonsillitis with hypersecretions, boggy; ulcers.
Cardiovascular edema with weak circulation debility.
Arteriosclerosis with dry membranes, skin.
Chronic anorexia with colon, rectal catarrh.
Atonic colon with mucus in feces.
"Chronic" colitis.
Diarrhea, large mucoid semi-formed feces.
Atonic dyspepsia in alcoholics.
Chronic catarrhal dyspepsia with constipation.
Flatulence with inflammation.
Chronic static gastritis.
Chronic gastritis from alcoholic excess.
Gastroenteritis with mucus hypersecretions.
Irritable bowel syndrome with chronic ileocecal inflammation or cramps.
Nausea in morning from alcohol abuse.
Subacute or chronic ulcers with vomiting or spitting of ropy mucus.
Ulcers, waking pain during first REM period (with Piper methysticum).
Senile asthenia.
Subacute vulvitis (as a sitz bath).
Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

NEPETA CATARIA

Simple nervous dyspepsia from agitation.
Nausea, general anesthetic.
Vomiting, in general.
Colic in infants, with flatulence; or with crying, agitated, hysterical.
Fever in infants, suppressed sweating.
Headache in children with moist skin, hot head.
Vomiting in children, general treatment.

NICOTIANA

Topical in arthritis.
Muscular pain, as a poultice or fomentation.

OPLOPANAX

Multiple sclerosis, aggravated by blood sugar shifts.
Adrenal cortex hypofunctions.
Eczema, brought on specifically by emotional crisis.
Thin, subanemic blood with hypersensitivities.
Blood serum levels: hyperlipidemia, in general.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but elimination normal, though skin dry.
General preventative for hyperglycemia, early stages of insulin resistant diabetes.

OPUNTIA

Lipid lowering in arteriosclerosis (juice).
Source of bioflavonoids (fruit and flowers).
Internal bruises.
Adult onset, insulin resistant diabetes (juice).

PANAX GINSENG (CURED, CHINESE KIRIN or KOREAN RED)

Asthenic hypotension with dry skin and frequent blushing.
Dizziness in aged with arteriosclerosis, "cerebral anemia".
Multiple sclerosis in young women or in the asthenic, feeble.
Adrenal medulla depressed from stimulant withdrawal, "exhausted".
Sterility, with depressed testosterone, low sperm count.
Blood serum levels: alkalosis, metabolic.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but elimination normal, though skin dry.
Hypoglycemia, sympathomimetic.

PANAX GINSENG (UNCURED)

Adrenal cortex hypofunctions.
Anorexia from chemotherapy.
Menarche delay (primary amenorrhea), with recent growth spurt and increased pubic hair.
Sterility, with depressed testosterone, low sperm count.
Blood serum levels: alkalosis, metabolic.
Nutritional malabsorption in the aged and convalescent.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but elimination normal, though skin dry.
General preventative for hyperglycemia and early stages of insulin resistant diabetes.
Anorexia nervosa, mild, in adolescence.

PANAX QUINQUEFOLIUM

Lipid lowering in arteriosclerosis.
Multiple sclerosis, early stages or the beginning of remissions.
Adrenal cortex hypofunctions.
Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.
General moderation for over-reactivity in stress and drug abuse.
Acne, from excessive cortical hormones.
Muscular pain, when recuperating from debilitating, protracted illness (w/Cola).
Menarche delay (primary amenorrhea), with recent growth spurt and increased pubic hair.
Sterility, with depressed testosterone, low sperm count.
Thin, subanemic blood with hypersensitivities.
Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: alkalosis, metabolic.
Blood serum levels: LDL, VLDL elevated.

Nutritional malabsorption in the aged and convalescent.

Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but elimination normal, though skin dry.

Anorexia from cancer therapy.

General preventative for hyperglycemia, early stages of insulin resistant diabetes.

Anorexia nervosa, mild in adolescence; or iatrogenic from drugs.

PASSIFLORA

General antispasmodic for long-term use in asthma.

An adjunct in chronic dyspnea as a muscle relaxant.

Hypertension with elevated diastole, arterial hypertonicity; tobacco heart; palpitations in evening with emotional agitation.

As an adjunct in chorea.

Convulsions, when other medications may not be necessary.

Delirium tremens in sthenics.

Epilepsy, when aura is present but condition is marginal for standard medication.

To prevent anxieties when insomnia is feared.

General insomnia in sthenic individuals.

Functional exophthalmus hyperfunction.

Premenstrual syndrome (PMS), with insomnia, restless in evening.

Colic in infants, with crying, agitated, hysterical.

Cough in infants, emotional, neurotic.

Fever in infants, agitated and hysterical with pain on palpation of hypochondrium or epigastric region.

Infant teething, with usual agitation and GI disturbances.

Depression, premenstrual, with congestion and uterine heaviness.

Hysteria from psychoactive drug use.

Headache, migraine-like, chronic in evenings without hypoglycemia.

Headache in hypertensive states with ringing in ears.

PAULLINIA

Temporary paralysis of eye movement following migraine headache.

Narcolepsy.

Greenish diarrhea.

Gastroenteritis with colic, green diarrhea, fever.

Urticaria.

Hypoglycemia, sympathomimetic.

Appetite depressant.

Hangover, in general.

Headache, migraine, vasoconstrictor.

Headache, reflex uterine, with throbbing head, cerebral hyperemia; or with red face, corners of eyes inflamed.

PEDICULARIS

Insomnia from exhaustion following excitement.

Muscular pain, in general.

Sprains with sharp muscle spasms.

Joint and muscle pain, especially in children.

PEGANUM HARMALA

Eczema, in general (externally).
Seborrhea (externally).
Acute episodic psoriasis (externally).
Tinea capitis (externally).
Cradle cap (externally).
Unipolar depressive states.

PHASEOLUS

Adult onset, insulin resistant diabetes (dried pod tea).

PHYTOLACCA BERRIES

Tinea corporis (fresh tincture).

PHYTOLACCA ROOT

Tongue pale, leaden, dry or sticky-moist; white-coated with white, foamy saliva.
Inflamed gums from general immunosuppression.
Chronic pharyngitis with hard inflamed nodes.
Acute early stage tonsillitis with adenitis, swollen, engorged.
Influenza with harsh hacking irritated cough with scanty blood-streaked mucus.
Fatty degeneration of heart, as an adjunct therapy.
Thyroid hypofunction with fluid retention, immunodepression.
Eczema, with history of lymphadenitis, non- dietary fissures in corners of mouth, vagina, anus.
Fibrocystic breast disease, acute phase (with Ceanothus).
Orchitis/epididymitis, with hard inguinal nodes, no current infection.
Acute mastitis (externally, with Ceanothus and Gossypium internally).
Endogenous infections, in feeble individuals (with Echinacea and Baptisia).
Cancer, supportive in lymph dysplasias.
Lymphadenitis, in inguinal nodes; or w/hard, inflamed, not shotty, nodes.
Mumps, acute (2 parts Phytolacca to 1 part Aconitum, in small frequent doses; also as a topical lotion 3 parts Echinacea to 1 part Phytolacca).

PICRAENA EXCELSA

Cholangitis, general antispasmodic.
Cholecystalgia, general antispasmodic.
Cholecystitis - for pain.
Anorexia nervosa in the feeble, asthenic.
Amebic diarrhea, as a preventative (with Rheum).
Giardia.
Atonic dyspepsia in alcoholics (acetum tincture).
Chronic gastritis from alcoholic excess.
Heartburn, with anorexia.
Nausea in morning from alcohol abuse.
Vomiting from alcohol abuse the night before.
Pinworms, threadworms, general treatment (internal and as an enema).
Entameba histolytica (with Rheum).

PILOCARPUS

Smarting pain in eyes; increased intraocular pressure; glaucoma.

Tinnitus with Meniere's syndrome.

Alopecia (externally).

PIPER METHYSTICUM

Ophthalmalgia with pain in top and back of eyeball.

Neuralgia of middle ear.

Cystorrhoea.

Cystitis, urethritis, for pain.

Dysuria from heavy sexual activity.

Chronic acidic dysuria, for pain.

Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.

Chronic pyelitis, post lithiasis, painful urination.

Ureteralgia.

Ulcers, waking pain during first REM period (with Myrica).

Duodenal ulcers, with pain shooting to navel.

Acute prostatitis, from excessive sexual activity.

Subacute/chronic prostatitis, with urethritis.

PISCIDIA

Insomnia with spasms, pain, nervous irritability, tachycardia.

Cervical neuralgia.

Trigeminal neuralgia.

Cholangitis, general antispasmodic.

PLANTAGO OVATA

Constipation, dry feces with scanty secretions.

PLUCHEA CAMPHORATA

As an eyewash for conjunctivitis.

PODOPHYLLUM

Tongue white-coated with salivation; yellow-coated, dirty, with dizziness and biliousness.

Chronic constipation with poor fat absorption, sluggish portal circulation.

Dyspepsia with dizziness, anorexia, sick headache, coated tongue.

POLYGALA SENEGA

Post-acute ophthalmia.

Chronic pharyngitis with thick tenacious mucus.

Humid bronchial asthma in aged.

Acute hot dry bronchitis becoming chronic with thick mucus.

Chronic bronchitis with profuse secretions.

Acute cough after pneumonia with difficult expectoration.

Subacute moist cough.

Emphysema with moist labored breathing.

POLYGONUM BISTORTOIDES

As a mouthwash for bleeding gums.

POLYMNIA

Tonsillitis.

Alopecia (externally).

Mononucleosis, general supportive; or with hepatomegaly.

Infectious splenitis, as supportive.

POPULUS BUDS

Subacute head cold with hoarseness or laryngitis.

Dry laryngitis with head cold.

Multiple sclerosis with distal numbness.

Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.

Dysuria, when spasms occur after urination.

Dyspepsia with flatulence.

Anti-inflammatory in arthritis.

Premenstrual syndrome (PMS), chronic every month, without insomnia (taken for 3 days before beginning of menses).

Post-nasal drip.

Headache, migraine-like, chronic in evenings, with dyspepsia.

PRINOS

Diarrhea in asthenics, with atonic gastric functions.

PROPOLIS

As a wash for chronic aphthous stomatitis.

Periodontitis, topically.

Herpes, topically.

As a gargle in acute pharyngitis.

Abscess, acute, local (topically).

As a topical disinfectant for abrasions.

Skin ulcers on oily, moist surfaces (externally).

PRUNUS PERSICA See Amygdalus.

PRUNUS VIRGINIANA

Recuperating bronchitis.

Dry cough, hectic, painful breathing, rapid pulse.

Functional dyspnea with pale face, palpitations, cardiopathies, neurosis, fear.

Influenza.

Acute influenza with coughing, dyspnea.

Acute pleurisy with hectic coughing, rapid breathing.

Acute bronchial pneumonia with dyspnea.

Palpitations from overexertion.

Acute gastritis with cough, bronchial irritation.

Chronic gastritis with abdominal tenderness.

Cough in infants, with spasms.

PTELEA

Spasmodic asthma with constriction of chest.

Anorexia nervosa in the feeble, asthenic.

Anorexia nervosa, asecretory/achlorhydria.

Atonic colon after intestinal infections.

Constipation with poor appetite, post-febrile.

Recuperating from diarrhea.

Recuperating from dysentery.

Dyspepsia with flatulence from overeating and digestive abuse.

Asecretory dyspepsia with anorexia, atonicity.
Acute or chronic gastritis, recuperation.
Gastroenteritis, recuperation.
Vomiting from alcohol abuse the night before.
Shigellosis, recuperative period.
Ulcers, subacute or chronic, not inflamed but congested.

PTYCHOPETALUM

Dysuria with congestive prostate enlargements in sedentary males.
Impotence/frigidity, in general; or with general lassitude, poor sacral stimulation, cold hands and feet.

PULSATILLA See Anemone.

PYROLA

Chronic aphthous stomatitis.
Subacute renal albuminuria.
Pyelitis with mucopurulent urine with RBC's and leukocytes.

QUERCUS

As a mouthwash for bleeding gums.
Acute early stages of herpes, topically.
Chronic epistaxis.
Capillary fragility (with bioflavonoids).
Dysentery, general supportive astringent.
Bleeding ulcers.
Decubitus with granular ulcerations (externally).
Skin ulcers with spongy granulation.
Internal bruises.

RHAMNUS

Atonic colon with mucus in feces, difficult defecation, but without inflammation or fissures.
Constipation, chronic atonic; or dry feces with tenesmus.

RHEUM OFFICINALE

Tongue elongated, pointed.
"Chronic" colitis.
Chronic constipation, w/chronic dyspepsia; or w/sense of constriction, cramps.
Burning, acrid diarrhea.
Amebic diarrhea, as a preventative (with Picraena).
Chronic diarrhea with semi-formed feces, frequent evacuations and debility.
Dyspepsia with flatulence, slow transit time, borborygmus.
Gastroenteritis w/elongated red tongue, tender abdomen, nausea, vomiting.
Entameba histolytica (with Picraena).
Vomiting, with diarrhea, pointed tongue.
Nutritional malabsorption in poor absorption in ileum of bile acids, fat soluble vitamins, intrinsic factor or B12.

RHUS AROMATICA

Incontinence, while sleeping, from chronic cystitis (with Equisetum).

RHUS GLABRA

Apthous stomatitis (as a wash and internally).

Herpes, topically.

Pulpitis.

Vincent's infection (trench mouth).

Acute sinusitis with ulcerations (as a nasal spray).

Dysentery, general tonic when self-limiting.

ROSA

Lachrymitis.

RUBUS IDAEUS

Cervicitis with dysmenorrhea and dysuria.

Dysmenorrhea, towards end of menses with red blood.

Acute vaginitis (sitz bath).

Primipara, general, last trimester.

Cystitis and urethritis in infants (as a bath).

RUMEX CRISPUS

Atonic colon with solitary red eruptions of buttocks, shoulders.

Chronic constipation with atonic gastric functions, eruptions on face, neck, back or buttocks.

Dyspepsia with sluggish liver and portal circulation (with Collinsonia).

Steatorrhea, with ileocecal irritability; or with eruptions on buttocks.

Acne, with few large eruptions on face, neck and buttocks.

Eczema, pustular with boil cycles.

Eczema, with chronic poor fat digestion, dry skin.

Chronic psoriasis, when irritable bowel syndrome or colitis triggers acute episode.

Thin, subanemic blood.

Nutritional malabsorption in poor absorption in ileum of bile acids, fat soluble vitamins, intrinsic factor or B12.

Metabolic debility, with chronic skin disorders, ulceration, easily disordered fluid homeostasis.

RUMEX HYMENOSEPALUS

Acute periodontitis, topically.

RUTA

Tinnitus with Meniere's syndrome.

SALIX

Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.

Acute cystitis/urethritis with inflamed urethral opening.

Acute dysuria with pain in back, difficult urination from sphincter irritation.

Anti-inflammatory in arthritis.

SALVIA OFFICINALIS

Laryngitis, tonsillitis.

Polyuria, frequent, low specific gravity urine (cold infusion).

Lactation, to wean.

SANGUINARIA

Burning pain in middle ear.

Extrinsic asthma with dry spastic cough.

Tinea corporis (fresh tincture).

SANTAL (SANTALUM)

Dysuria from heavy sexual activity.

SCOPARIUS See Cystisus scoparius.

SCUTELLARIA

Herpes, early nerve pain, before eruptions.

Supportive to other measures; anxiety syndromes in chronic cardiopathies.

Functional neurocirculatory disorders; palpitations in evening with emotional agitation.

Sydenham's chorea.

Convulsions, when other medications may not be necessary.

Delirium tremens in sthenics.

Epilepsy, when aura is present but condition is marginal for standard medication; petit mal while sleeping.

Insomnia in sthenic individual, or from exhaustion following excitement; wakefulness in chronic disorders.

Multiple sclerosis, agitated and irritable from distress and fear.

Trigeminal neuralgia.

Pruritus senilis, with itching.

Depression with physical agitation, over-sensitivity to stimulus.

Hysteria with great over-sensitivity to stimulus.

Pain, neurogenic, with agitation and increased CNS sensitivity.

Pain, made less bearable by fear, agitation.

SENECIO

Amenorrhoea, accompanying chronic, debilitating disease; or in adolescence (primary).

SENNA

Chronic atonic constipation.

Atonic colon without inflammation but with hard, formed feces.

SERENOA

Dysuria from heavy sexual activity.

Chronic cystitis/urethritis with prostatitis.

Dysuria with partial impotence.

Impotence/frigidity, with dysuria.

Orchitis/epididymitis, chronic in aged.

Acute prostatitis, from excessive sexual activity.

Subacute/chronic prostatitis, enlarged, without inflammation; or enlarged with dull ache in older males.

SILPHIUM

Alopecia (externally).

SILYBUM MARIANUM

Cirrhosis - alcoholic; Laennec's.

Hepatitis - general strengthening.

Thin, subanemic blood.

Blood serum levels: bilirubinemia without active hepatitis.

Blood serum levels: SGOT, SGPT elevations, elevated bilirubin, no active hepatitis.

SIMMONDSIA CHINENSIS

Subacute vaginitis (as sitz bath).

SOLANUM DULCAMARA

Epilepsy, to reduce force and lessen frequency.

Dry eczema.

Eczema, endogenous, metabolic.

Eczema, obstinate, not reactive to any measures, with short "honeymoon".

Chronic psoriasis with distinct metabolic causes.

Skin ulcers with faulty circulation (internal and as a bath).

Vasoneurosis, impaired circulation to extremities.

SOLIDAGO

Deep seated kidney pain accompanying primary treatment for nephritis.

Sacral and lower lumbar pain with urethral mucus discharge.

Chronic pyelitis. post lithiasis, painful urination.

SPIGELIA

Worms, lumbricoid.

STILLINGIA

To stimulate innate immunity.

Lymphadenitis, with depression or agitation, strong apocrine secretions, following massage, workouts or energetic manipulations.

Lymphangitis, subacute, lingering.

STYRAX

Chronic dry unproductive bronchial cough.

SWERTIA RADIATA

Anorexia nervosa after GI infections.

Chronic anorexia with simple dyspepsia.

Chronic catarrhal dyspepsia with constipation.

Nausea before eating.

Diabetes/hyperglycemia - functional

hyperglycemia, especially before meals (as a bitter shortly before eating).

SYMPHYTUM LEAF

Ulcers, general for pain, in place of antacids.

Emollient for skin.

Fissures, general orificial (external).

Skin ulcers with faulty circulation (externally, fresh leaves juiced, one a day).

Acute vaginitis (sitz bath).

SYMPLOCARPUS FOETIDUS See **Dracontium**.

TABEBUIA

Intrinsic humid asthma with chronic candidiasis.

Candidiasis, after antibiotic or anti-inflammatory therapy.

Colitis from candidiasis.

Chronic gastritis with sulfuric, putrid belching.

Eczema, from candidiasis, iatrogenic sequela.

Rheumatoid arthritis.

Leukorrhea, viscous, fetid (as douche and internally).
Acute vulvitis, with irritation and burning (as a sitz bath).
Subacute vulvitis (internally).
Thrush (externally).
Allergies, in general.

TANACETUM

Dyspepsia with flatulence.

TARAXACUM

Tongue with white blotchy coat.
Chronic aphthous stomatitis with acne, greasy skin, mild autotoxicity.
Jaundice - mild, with simple unobstructed hepatic dysfunction.
Hepatitis - general strengthening.
Constipation with autotoxicity, mouth sores.
Shigellosis, for lingering autotoxicity.
Acne, from moderate autotoxicity, with mouth sores (for long-term use).
Gout, for the hyperuricemia.
Thin, subanemic blood with hypersensitivities.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: uric acid elevation.
Blood serum levels: acidosis, subclinical.

TECOMA STANS

Intrinsic humid asthma with chronic candidiasis.
Candidiasis, after antibiotic or anti-inflammatory therapy.
Adult onset, insulin resistant diabetes.

THALICTRUM

Eczema, with secondary infections.

THUJA

As an eyewash for the early stage of styes.
Chronic cystitis/urethritis with prostatitis.
Incontinence in aged males with enlarged prostate, poor bladder control.
Abscess, as a moistening agent in a stimulating poultice w/ Althea powder as base.
Skin ulcers with fetid discharge or gangrenous lesions (fresh tincture externally).
Suppuration with necrosis, in strong individuals (externally).
Tinea corporis, tinea versicolor (fresh tincture).
Acute prostatitis, with incontinence.
Acute vulvitis, with irritation and burning.
To stimulate innate immunity.

TRIBULUS TERRESTRIS

Lipid lowering in arteriosclerosis.
Essential hypertension.
Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.
Dysuria with partial impotence.
Gout, for the hyperuricemia.
Impotence/frigidity, with dysuria.

Thick, frontal headaches after meals.

Blood serum levels: cholesterol elevations.

Blood serum levels: hyperlipidemia, in general.

Blood serum levels: LDL, VLDL elevated.

TRIFOLIUM PRATENSE

Acute cough with faucial irritability, laryngeal reflex.

Appetite poor, nervous, weak (with *Avena*).

Malnutrition, recuperation from major illness, surgery.

Nutritional malabsorption in moderate parathyroid imbalances.

Cancer, supportive antimetastatic.

TRILLIUM

Hematuria, in general or with sediment in urine.

Mild GI hemorrhage, acute, with sharp pain.

Menorrhagia, with heavy bleeding towards end of menses; or with fibroids.

Uterus, inflammation.

Uterine fibroids, with cyclic bleeding.

TRITICUM REPENS See Agropyron.

TURNERA (DAMIANA)

Impotence/frigidity, from constant anxiety and depression regarding sexuality with fear of no arousal, lubrication or erection; or with physical response but with intellectual devolvement.

Menarche delay (primary amenorrhea), in general.

TUSSILAGO FARFARA

Subacute head cold with hoarseness or laryngitis.

Dry laryngitis with head cold.

Acute cough with pharynx and larynx irritability.

ULMUS FULVA

Dryness of mouth and throat.

Subacute head cold with hoarseness or laryngitis.

Dry laryngitis with head cold.

As a gargle in acute pharyngitis.

Acute cough with pharynx and larynx irritability.

Emollient for skin.

UMBELLULARIA

Headache, inner-orbital (inhalation of tincture).

URTICA

Chronic cystorrhoea.

Blood serum levels: acidosis, subclinical.

Malnutrition, recuperation from major illness, surgery.

Nutritional malabsorption in moderate parathyroid imbalances.

URTICA SEEDS

Hair tonic.

USNEA

As a topical disinfectant for abrasions.

Skin ulcers, general protective cover.

VACCINIUM

Renal glycosuria.

Polyuria, frequent, low specific gravity urine.

Juvenile onset, insulin dependent diabetes, as an adjunct to lessen insulin use.

VALERIANA

Delirium tremens in asthenics.

Insomnia in asthenic individuals or in atonic, debilitated states.

Neuralgia in convalescence, debility.

Flatulence with emotional depression, especially in the first hour after eating.

Cough in infants, with spasms.

Depression with sluggish neurologic and parasympathetic functions.

Hysteria, in depressive states.

VERATRUM VIRIDE

Hysteria with full, bounding pulse throughout body; arterial tension and bloodshot eyes; especially in full-blooded, plethoric persons.

Tongue with red stripe down the center.

Bronchitis (supportive in hypertensive mesomorphs with sthenic pulse).

Hyperemia with above symptoms.

Insomnia with above symptoms.

Fever, with flushed face, bloodshot eyes, bounding pulse, vascular excess.

Hysteria with full, bounding pulse, bloodshot eyes, throbbing carotids, "Incredible Hulk Syndrome".

VERBASCUM FLOWERS

Acute cough, from nervousness, with mucosa irritation, wheezing, dry mucus, worse lying down.

Hemoptysis from fits of coughing.

Acute influenza with coughing, dyspnea.

Cough in infants, with spasms.

Cough in infants, emotional, neurotic.

VERBASCUM ROOT

Chronic acidic dysuria, also for pain therefrom.

Incontinence, in general; or while sleeping, from chronic cystitis.

Incontinence, functional and occasional from sympathetic enervation and poor bladder tone.

Incontinence in children, large quantity of urine from relaxed bladder or trigone.

VERBENA

Head cold, moist with fever, aches.

As an adjunct in chorea.

Convulsions, when other medications may not be necessary.

General insomnia in sthenic individuals.

Fever in infants, agitated and hysterical with pain on palpation of hypochondrium or epigastric region.

Infant teething, with usual agitation and GI disturbances.

Fever, dry with deep aching pain.

VERONICASTRUM VIRGINICUM See Leptandra.

VIBURNUM OPULUS

Dysmenorrhea, in general; or with clonic spasms with intestinal cramps referred to thighs and sacral dermatomes.
Leukorrhea, supportive to poor muscle tone and cramps.
Menorrhagia, as a general treatment.
Mittelschmerz, in general.
Uterus, colic.
Uterus, inflammation.
Labor, false or Braxton-Hicks pains.
Miscarriage, impending, with cramps as main symptom.
Primipara, with history of first or second trimester miscarriage.

VIBURNUM PRUNIFOLIUM

Obstinate hiccoughs.
Dysmenorrhea, in general; or non-colicky lumbar and pelvic pain and scanty flow.
Leukorrhea, supportive to poor muscle tone and cramps.
Menorrhagia, as a general treatment.
Mittelschmerz, in general.
Uterus, colic.
Uterus, inflammation.
Labor, false or Braxton-Hicks pains.
Miscarriage, impending, with cramps as main symptom.
Primipara, with history of first or second trimester miscarriage.

VINCA MAJOR

Tinnitus with Meniere's syndrome.
Mild episodic hypertension.
Headache, migraine, vasoconstrictor.

VIOLA ODORATA

To stimulate innate immunity.

VISCUM ALBUM

Episodic hypertension with headache, tachycardia.
Insomnia with spasms, pain, nervous irritability, tachycardia.
Headache in hypertensive states with ringing in ears.

VITEX AGNUS-CASTUS

Palpitations in menopause or puberty from corticosteroid imbalances.
Progesterone or prolactin deficiency.
Dysmenorrhea, with depressions and lengthy history of PMS; or with progesterone deficiency.
Menopause, basic initial treatment, if *Angelica sinensis* worsens symptoms.
Menorrhagia, as a general preventative.
Premenstrual syndrome (PMS), secondary approach.
Lactation, poor quality and quantity.

XANTHIUM

Acute cystorrhea with mucus and gravel.
Chronic cystitis/urethritis with mucus.
Hematuria with pain on urination.

Hyperhidrosis, skin.

Hysteria with sweating and strong apocrine scent.

XANTHOXYLUM BARK

Dry mouth with glazed surfaces and poor digestion.

Chronic glossitis with hypersecretions with congestion, not inflammation.

Chronic pharyngitis with semi-edema, hypersecretion.

Dry cough, hectic, with dry mouth.

Arteriosclerosis with dry membranes, skin; functional neurocirculatory disorders with depression, intestinal hyposcretion, flatulence; cardiovascular edema with weak circulation debility; vasoneurosis of skin and mucosa.

Dizziness in aged with arteriosclerosis, atonic digestive function, dry skin.

Anorexia nervosa in the feeble, asthenic.

Anorexia nervosa, asecretory/achlorhydria.

Chronic anorexia with depressed autonomic and myenteric stimulation.

Atonic colon with asecretory upper GI functions.

Chronic constipation with chronic dyspepsia.

Asecretory dyspepsia.

Flatulence without active inflammation.

Chronic catarrhal gastritis.

Peritonitis, recuperation for distention.

Dry, hot skin.

Senile asthenia.

Chronic rheumatic pains, with dry cough, chronic indigestion, intercostal neuralgia; or with cold hands, feet, poor circulation, debility.

Dysmenorrhea with poor appetite, indigestion, old sensations and constipation.

Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

Lymphangitis, subacute, lingering.

Apathy aggravated by cold, confused, sluggish metabolism.

XANTHOXYLUM BERRIES

Chronic stomatitis.

Dysentery, general tonic when self-limiting.

Dyspepsia with flatulence from overeating and digestive abuse.

YUCCA

Rheumatoid arthritis; anti-inflammatory in arthritis.

ZEA MAYS

Cystorrhea.

Cystitis, urethritis, for pain.

Acute cystitis/urethritis in general.

Acute dysuria, initial stages

Acute dysuria with pain in back, difficult urination from alkaline urine and passage of phosphatic urine.

Incontinence, general.

Lithiasis, with irritation, inflammatory pain.

Nephritis in general.

Phosphaturia in general; mucopurulent.
Acute pyelitis, initial stages with painful urination.
Chronic pyelitis with mucopurulent alkaline urine.
Chronic pyelitis, post lithiasis, painful urination.
Strangury, in general.
Ureteralgia, in general.
Cystitis and urethritis in infants.

ZINGIBER

Onset of head cold with chills.
Arteriosclerosis with confusion, sluggishness in aged.
Colic from cathartics.
Diarrhea, supportive for gas and cramps.
Dysentery, supportive for gas and cramps.
Atonic dyspepsia.
Asecretory dyspepsia.
Flatulence with painful intestinal spasms.
Abscess, as moistening agent in a poultice with Althea powder as a base.
Dry, hot skin.
Metabolic debility, with poor secretions.

FORMULAS AND COMPOUNDS

ALTERATIVE SYRUP

Lymphangitis, acute in weak individuals.

BLACKBERRY JUICE CONCENTRATE

Diarrhea in infants.

CHLOROPHYLLIN

Skin ulcers, general protective cover.

DONG QUAI JIN

"Surgical menopause" after 35 years of age, as a possible alternative to hormone replacement therapy.

Infertility (taken 4 or 5 consecutive days a month, starting just before ovulation).

HAYDEN'S VIBURNUM COMPOUND

Dysmenorrhea, in general.

NEUTRALIZING CORDIAL

"Chronic" colitis.

Chronic constipation, with chronic dyspepsia; or with sense of constriction, cramps.

Burning, acrid diarrhea.

Dyspepsia with flatulence, slow transit time, borborygmus.

Flatulence with inflammation.

Gastroenteritis with elongated red tongue, tender abdomen, nausea, vomiting.

Heartburn with vomiting, diarrhea, stomach pain.

Ulcers, general for pain, in place of antacids.

Vomiting, with pointed tongue.

Vomiting in children, general treatment.

PUMPKIN SEEDS

Prostatitis, preventative (with Gossypium).

RHUBARB ELIXIR

Tongue elongated, pointed.

SPIRIT OF PEPPERMINT

Vomiting in children, general treatment.

WOMAN'S LONGEVITY

Infertility, 4 or 5 consecutive days a month, starting just before ovulation

ESSENTIAL OILS

ARCTIUM SEED OIL

Seborrhea.

BALSAM OF PERU

Abscess, to stimulate granulation (topically).

Scabies (external).

BALSAM OF TOLU

Scabies (external).

CAJEPUT OIL (TEA TREE)

Keloids, prevention.

Tinea corporis.

CALENDULA OIL (STEEPED)

Keloids, prevention.

To stimulate regranulation for slowly-healing sores.

CLOVE OIL (STEEPED)

Children's earache.

CLOVE OIL

For application to broken teeth, lost fillings; as analgesic, disinfectant(avoid gums)

ERIGERON OIL

Otitis media (internal).

EUCALYPTUS OIL

Influenza.

Chronic gastritis with pulsation of epigastric arteries (3-5 drops).

GARLIC OIL (STEEPED)

Children's earache.

GAULTHERIA OIL

Externally for trigeminal neuralgia.

Acute cystitis/urethritis with ammoniacal, purulent urine.

Topical in arthritis.

Strains; (externally).

Muscular pain, in general (diluted external).

Rheumatic pains, acute inflammatory (diluted).

HYPERICUM OIL (STEEPED)

Bruises (topical).

Sprains, general external, without heat (externally).

Rheumatic pains, acute inflammatory.

Muscular pain, as a poultice or fomentation.

LAVANDULA OIL

Colic in small intestine.

Dry, itchy scalp, no dandruff (external).

MENTHA PIPERITA OIL

Colic, in general.

Flatulent colic.

Colic in small intestine.

"Chronic" colitis.

Flatulence with painful intestinal spasms.

Hiccoughs, in general (oil or spirits).

Irritable bowel syndrome, in general (10-20 drops in a caps up to 4x/day, or if possible, enteric coated capsules).

MULLEIN FLOWER OIL (STEEPED)

Children's earache.

PIMENTA OIL

Flatulent colic.

ROSMARINUS OIL

Dry, itchy scalp, no dandruff (external).

THUJA OIL

Skin ulcers with fetid discharge or gangrenous lesions (external).

Tinea corporis.

VERBASCUM OIL (STEEPED)

Burning pain in middle ear with head cold.

**SOUTHWEST SCHOOL OF
BOTANICAL MEDICINE**

P.O.Box 4565

Bisbee, Arizona, 85603

(520) 432-5855 (800) 454-8324.

Michael Moore, Director
Donna Chesner, Administrator

E-Mail

hrbmoore@primenet.com.,

WWW:

<http://chili.rt66.com/hrbmoore/HOMEPAGE/HomePage.html>