SPECIFIC INDICATIONS FOR HERBS
IN GENERAL USE
Third edition

Michael Moore

Over 400 herbs, formulas and essential oils, with their specific clinical indications in Botanical Medicine

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BOTANICAL MEDICINE
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If the therapist or physician is going to be able to make sensible choices in using herbs in a practice, there has to be available to them an accessible body of applicable information, sensible guidelines, and doses that are safe. This book organizes the uses of botanical medicines in a fashion similar to the old Eclectic Physicians of the turn of the century;

"If you have a good herbal preparation, what are the BEST applications for it?". That is the crux of SPECIFIC INDICATIONS as a working model. All the doses and preparations are listed in my "Herbal Materia Medica", their use in differential therapeutics is outlined in my "Herbal Repertory in Clinical Practice", specific indications for tincture/preferred herbs are outlined in "Herbal Tinctures in Clinical Practice", how to find, gather and use some of them are dealt with in my three field manuals, but this is another way of viewing the useful information.

Every medicinal plant has a variety of effects and applications; if you wish to exhaust a plants potential, there may be DOZENS of uses that it can be put to. This is a catalog of MY opinions of the best applications for each herb. I would like to thank Halsey Brant and Cecil Roach for helping in the organization of this information.

(Doses and preparations are defined in my “Herbal Materia Medica”)

ABIES
Chronic pharyngitis with thick tenacious mucus.
Chronic bronchitis with profuse secretions.
Heartburn with vomiting, diarrhea, stomach pain.
Prolapse of rectal mucosa.
Asthenia with poor digestion, vascular weakness, pale mucosa.

ACACIA
Topical eyewash for bloodshot eyes, conjunctivitis.
Laryngitis.
As a gargle in acute pharyngitis.
Acute gastritis.

ACHILLEA MILLEFOLIUM
Epistaxis.
General hemorrhage (fresh plant).
Hematuria with pain on urination.
Muscular pain, as a poultice or fomentation.
Varicosities during pregnancy (fresh plant poultice).

ACONITUM CARMICHAELI (FU-TSE, Chinese Cured Root Slices)
Extrinsic asthma with dry spastic cough.
Emphysema with dry labored breathing, sallow skin.
Adrenal medulla depressed from stimulant withdrawal, "exhausted".
Urticaria.

ACONITUM
Broad pale tongue with deficient GI, CVS, CNS, or yellow coated with fever and diarrhea.
Chronic tonsillitis with ulcers, brushed on tonsils for pain.
Trigeminal neuralgia.
Cholecystitis - "catarrhal".
Acute vulvitis, with fever.
Fever, with flushed face, bloodshot eyes, agitation, bounding pulse, suppressed sweating, mucus inflammations.
Mumps, acute (2 parts Phytolacca to 1 part Aconitum, in small frequent doses; also as a topical lotion 3 parts Echinacea to 1 part Aconitum).
Hysteria with great sensitivity to stimulus.
Pain, general, in the sthenic, with sharp pain, generally increasing.
Pain in serous membranes, with fever, skin sensitivity.

**ACORUS CALAMUS**
- Anorexia nervosa, in stressed adolescents.
- Anorexia from chemotherapy.
- Flatulent colic.
- Gastric colic with flatulence.
- Dyspepsia with flatulence from overeating and digestive abuse.
- Atonic dyspepsia.
- Flatulence with inflammation.
- Cancer, supportive in upper GI neoplasias.
- Anorexia from cancer therapy.

**ACTAEA SPICATA, A. RUBRA, A. ARGUTA**
- Anorexia nervosa with chronic simple pelvic irritabilities.
- Acute gastritis with uterine reflex.
- Muscular pain, dull, aching, "rheumatoid".
- Rheumatic pains, acute inflammatory.
- Uterus, atony, with dull aching.
- Apathy with pale face, depression, atonic digestion.
- Headache, reflex uterine.

**AESCLULUS**
- Acute spasmodic cough with bronchial tightness and dyspnea.
- Functional dyspnea with bronchial tightness, spasmodic cough.
- Varicose veins, legs, inner thighs.
- Venous stasis in pelvis and legs, with dyspepsia and general GI hypofunction, rectal heaviness.
- Hemorrhoids, in athletic, strong individuals.

**AGAR**
- Constipation, dry feces with scanty secretions.

**AGAVE**
- Constipation with poor appetite.
- Rheumatoid arthritis.

**AGNUS-CASTUS**  See Vitex agnus-castus.

**AGRIMONIA**
- Cystorrhea, in general, or chronic smelly.
- Acute cystitis/urethritis with cloudy, smelly urine.
Incontinence, general; or from chronic nephritis or acute lower urinary tract infections.
Lithiasis, with irritation, inflammatory pain.
Pain in lumbar region, flanks to navel.

AGROPYRON REPENS
Chronic renal weakness with inflammation.
Cystorrhea, acute with urethral discharge.
Cystitis, urethritis, for pain.
Cystitis, urethritis, with mucus in urine, backache, cramps; or with pain from gravel and alkaline, phosphatic urine.
Acute dysuria with pain in back, difficult urination.
Deep seated kidney pain accompanying primary treatment for nephritis.
Hematuria with pain on urination.
Ureteralgia.
Sacral and lower lumbar pain with urethral mucus discharge.
Phosphaturia with pain in kidneys.
Chronic pyelitis, with colic.
Acute prostatitis, with irritable bladder, dribbling.
Subacute prostatitis, enlarged, without inflammation.

ALETRIS FARINOSA
Dyspepsia with flatulence, slow transit time, borborygmus.

ALLIUM SATIVA
Extrinsic asthma with dry spastic cough.
Essential hypertension.
Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.

ALNUS INCANA
Chronic gastritis with poor HCl, extended transit time.
Eczema, pustular with boil cycles.
Poison ivy/oak (topically).

ALOE
Atonic colon with mucus in feces, difficult defecation, but without inflammation or fissures.
Amenorrhea with constipation.

ALTHEA OFFICINALIS
Dryness of mouth and throat.
Subacute head cold with hoarseness or laryngitis.
As a gargle in acute pharyngitis.
Laryngitis.
Acute cough with faucial irritability.
Cystitis, urethritis, for pain.
Acute cystitis/urethritis in general.
Acute dysuria, initial stages.
Lithiasis, with irritation, inflammatory pain.
Nephritis in general.

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Strangury, in general.
Dysentery with blood (as an enema).
Hemorrhoids, painful, extruding (as a poultice).
Powdered root as a base for a stimulating poultice for abscesses, moistened with one of the following tinctures: Astragalus, Baptisia, Echinacea, Thuja, or Zingiber.
Emollient for skin.
Acute vaginitis (douche).
Cystitis/urethritis in infants.
To stimulate innate immunity.

**AMBROSIA**
Otitis media from allergies, rhinitis.
Epistaxis.
Acute allergic rhinitis.
Acute sinusitis with runny eyes, nose.
Septic diarrhea.
In children, eye and nose pain, sharp itching pain, hay fever.
Hay fever with watery eyes, nasal membranes.

**AMMI VISNAGA**
General bronchodilator for long-term use in asthma; asthma with sleep apnea.

**AMYGDALUS PERSICA**
Chronic gastritis with abdominal tenderness.
Morning sickness (cold infusion).
Vomiting in children, with green diarrhea (as a cold infusion).

**ANEMONE PATENS (PULSATILLA)**
Increased intraocular pressure; lachrymitis; glaucoma in aged or tired; viral iritis; full-blown styes on lids; ophthalmalgia; eyestrain w/orbital pain; conjunctivitis, watery and inflamed w/grainy vision.
Tongue white coated with nausea, or creamy white with taste of rancid fats.
Otitis media; tinnitus.
Dry cough, hectic, with mucus vomiting, gagging, no overt disease.
Delirium tremens in asthenics.
To prevent anxieties when insomnia is feared.
Incontinence fr/chronic nephritis or acute lower urinary tract infections.
Amenorrhea with depressions.
Dysmenorrhea, with depressions and lengthy history of PMS.
Impotence/frigidity, from constant anxiety and depression regarding sexuality with fear of no arousal, lubrication or erection.
Leukorrhea, hypersecretory, milky, little smell.
Orchitis/epididymitis, with red, enlarged & painful testicles, no major pathology.
Lactation, suppressed from nervousness, mild sympathetic excess, with painful, swollen breasts.
Depression with nervous irritation.
Hysteria, in depressive states.
Headache, migraine, vasodilator.

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ANEMOPSIS CALIFORNICA

Acute early stages of herpes, topically.
Subacute head cold with thick mucus.
Acute pharyngitis, returning after almost healing.
Chronic pharyngitis with pale, relaxed mucosa.
Chronic or subacute rhinitis.
Acute sinusitis with ulcerations (as a nasal spray).
Chronic sinusitis with inflammation, catarrh, stuffy heat.
Chronic sinusitis with edematous turbinates, relaxed and purplish; or with thick ropy mucous, frontal headache.
Chronic tonsillitis with ulcers (also as a gargle).
Intrinsic humid asthma with moist cough.
Chronic bronchitis with profuse secretions.
Acute cough, moist, persistent.
Cystorrhea.
Acute cystitis/urethritis with mucus in urine; or with inflamed urethral opening.
Chronic anorexia with colon, rectal catarrh.
Chronic colic with catarrh.
Recovering from diarrhea.
Dysentery, for concurrent mouth sores.
Acute gastritis with catarrh.
Acute gastritis, recuperation.
Gastroenteritis with mucus hypersecretions.
Gastroenteritis, recuperation.
Hemorrhoids, painful, extruding.
Hemorrhoids, painful, extruding w/constant throbbing pain (internal and external)
Nausea after eating.
Shigellosis, recuperative period.
Gastric or duodenal ulcers, slow healing.
Subacute or chronic ulcers with vomiting or spitting of ropy mucus.
Vomiting, in general.
Abscess, acute, local (topically).
Fissures, general orificial (external).
Rectal fissures (sitz bath).
Anal fissures (sitz bath: 8 fl oz strong decoction in bath at a time).
Skin ulcers, in general (external).
Topical in arthritis.
As a bath for arthritis.
Arthritis, diuretic.
Anti-inflammatory in arthritis.
Muscular pain, in general.
Leukorrhea, supportive to local itching and pain (with Larrea as a sitz bath).
Acute prostatitis, with discharge and inflammation.
Acute vaginitis (sitz bath).
Subacute vaginitis, or with Bartholin gland cysts (as sitz baths).

Specific indications - Page 6
Subacute vulvitis (as a sitz bath).
Infant teething, with cold sores or stomatitis (rubbed on gums).
Nutritional malabsorption in poor absorption in ileum of bile acids, fat soluble vitamins, intrinsic factor or B12.

ANGELICA
Psychogenic asthma.
Flatulent colic.
Gastric colic with flatulence.
Flatulence with inflammation.

ANGELICA DAWSONII  see THASPIUM AUREUM.

ANGELICA SINENSIS (DONG QUAI)
Asthenic hypotension with dry skin and frequent blushing.
Multiple sclerosis in young women.
Poor availability or hyposecretion of primary hormones in either sex.
Incontinence from recent sexual activity in sedentary, previous abstentious males.
Eczema, with chronic poor fat digestion, dry skin.
Amenorrhea with mood swings and simple hypofunction in asthenic women.
Cervicitis with congestion and poor venous circulation.
Dysmenorrhea, with congestion, lengthy cycles (30 days or more).
Endometritis/metritis, in general.
Hydrocele (with Ceanothus).
Leukorrhea, viscous, fetid.
Menarche delay (primary amenorrhea), in general.
Menopause, basic initial treatment.
Menopause, with early osteoporosis symptoms (as a tea with Equisetum and Medicago sativa).
"Surgical menopause" after 35 years of age, as a possible alternative to hormone replacement therapy (with Glycyrrhiza).
Menorrhagia, as a general preventative.
Orchitis/epididymitis, chronic in aged.
Premenstrual syndrome (PMS), initial approach; or chronic, but with complete cycle always more than 28 days long.
Subacute/chronic prostatitis, enlarged with dull ache in older males.
Infertility (taken for 4-5 consecutive days a month, starting just before ovulation).
Infertility, with depressed testosterone, low sperm count.
Uterus, atony.
Malnutrition w/anemia, dyspepsia, anorexia, poor assimilation, functional pelvic irritability.

ANISUM
Colic in infants, with flatulence.

ANTHEMIS NOBILIS
Flatulent colic.
Cradle cap (externally).

APOCYNUM
Cardiovascular edema with weak circulation debility, or with functional cardiac
insufficiency.
Hypotension with water retention and edema.
Tricuspid regurgitation.
Alopecia (externally).

**ARALIA CALIFORNICA**
Adrenal cortex hypofunctions.
Blood serum levels: hyperlipidemia, in general.

**ARALIA HISPIDA**
Cardiovascular edema with constipation.
Adrenal cortex hypofunctions.
Blood serum levels: hyperlipidemia, in general.

**ARALIA HUMILIS**
Adrenal cortex hypofunctions.
Blood serum levels: hyperlipidemia, in general.

**ARALIA NUDICAULIS**
Adrenal cortex hypofunctions.
Blood serum levels: hyperlipidemia, in general.

**ARALIA RACEMOSA**
Chronic laryngitis with excess, abundant mucus.
Chronic pharyngitis with thick tenacious mucus.
Chronic bronchitis with profuse secretions and debility.
Acute cough with faucial irritability, wheezing, dry mucus.
Influenza.
Adrenal cortex hypofunctions.
Primipara, with irritability, distress last trimester.
 Thin, subanemic blood with hypersensitivities.

**ARCTIUM**
Chronic aphthous stomatitis.
Chronic herpes.
Lipid lowering in arteriosclerosis.
Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.
Hepatitis - general strengthening.
Lithiasis with hyperuricemia.
Acne without intestinal involvement (for long-term use).
Eczema, in general (long term).
Eczema, endogenous, metabolic.
Chronic psoriasis, no major intestinal involvements.
Skin ulcers, chronic, indolent, with impaired circulation (long term).
Suppuration with pyogenic membrane (external).
Gout, for the hyperuricemia.
Uterus, prolapse.
Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: uric acid elevation.

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Blood serum levels: acidosis, subclinical.

ARCTOSTAPHYLOS UVA-URSI
Cystorrhea.
Acute or chronic cystitis/urethritis with relaxed, inflamed urethral opening and mucus discharge.
Chronic acidic dysuria with mucopurulent, scanty urine.
Renal glycosuria.
Lithiasis, acidic, muddy, or with "brick dust" (with Buchu).
Subacute nephritis, mild, with moderate hematuria.
Acute pyelitis from ascending cystitis with boggy mucosa.
Strangury, in general.
Ureteralgia.
Subacute/chronic prostatitis, with mucopurulent and acidic urine.
Acute vaginitis (sitz bath).
Post-partum hemorrhage, with tearing or episiotomy (as a sitz bath).

ARGEMONE
Acute cystitis/urethritis with irritability, more than pain.

ARISAEMA
Laryngitis from singing or talking.
Sore, bruised feeling in bronchi.

ARISTOLOCHIA SERPENTARIA
Hypotension with water retention and edema.
Arteriosclerosis with confusion, sluggishness in aged, aggravated by chilling.
Delirium tremens in asthenics.
Phosphaturia aggravated by cold damp weather or present only in winter.
Polyuria during or after cold weather.
Anorexia nervosa in the feeble, asthenic.
Chronic constipation with poor fat absorption, sluggish portal circulation.
Dry, hot skin.
Dry eczema.
Amenorrhea, from recent viral infection or from exposure to cold or accompanying chronic, debilitating disease.
Dysmenorrhea with poor appetite, indigestion, old sensations and constipation.
Impotence/frigidity, with depressed circulation and intestinal function; or from emotional distraction and cooling of skin during love-making.
Labor, with great sense of coldness.
Blood serum levels: LDL, VLDL elevated.
Periodic fever, in evenings with moist skin, unresolved sweating.
Nutritional malabsorption w/steatorrhea, no cecal inflammation, dark feces with bad breath, subcutaneous pre-acne eruptions.
Nutritional malabsorption in conjunction with lipotropic therapies.
Asthenia - real chill aggravating chronic disorders, hypersensitive skin in thoracic and lumbar dermatomes.
Apathy aggravated by cold, with hypersensitive thoracic dermatomes.

ARISTOLOCHIA WATSONI
Specific indications - Page 9
Broad, thick tongue.
Dyspnea induced by external chill.
Cardiovascular edema with weak circulation debility.
Anorexia nervosa in the feeble, asthenic.
Chronic constipation with poor fat absorption, sluggish portal circulation.
Chronic gastritis with liver weakness, poor portal circulation.
Dry eczema.
Asthenia with poor digestion, vascular weakness, pale mucosa.
Amenorrhea, from recent viral infection; or accompanying chronic, debilitating disease.
Dysmenorrhea with poor appetite, indigestion, old sensations and constipation.
Impotence/frigidity with depressed circulation and intestinal function.
Nutritional malabsorption with steatorrhea but no cecal inflammation, dark feces with bad breath, subcutaneous pre-acne eruptions.
Nutritional malabsorption in conjunction with lipotropic therapies.
To stimulate innate immunity.

**ARNICA**
Topical in arthritis.
Bruises (topical).
Muscular pain from strain and overexertion; strains; (externally).
As a gargle with Hamamelis for obstinate sore throat.

**ARTEMESIA ABSINTHIUM**
Pinworms, preventative or recuperation.

**ARTEMESIA ACETUM TINCTURE**
Bruises (topical).
Strains; (externally).

**ARTEMESIA VULGARIS**
Pinworms, preventative or recuperation.

**ARUM DRACONTIUM** see Dracontium.

**ASAFETIDA**
Gastroenteritis with flatulence and palpitations.
Impotence/frigidity with depressed circulation and intestinal function.

**ASARUM CAUDATUM**
Lachrymitis.
Onset of head cold, dry with fever.
Chronic cough with debility.
Flatulent colic.
Atonic dyspepsia.
Dry, hot skin.
Amenorrhea; simple, crampy; from recent viral infection, or from exposure to cold.
Colic in infants, with flatulence.
Measles.
Fever in infants, suppressed sweating.
Fever, dry, hot, interrupted diaphoresis.

**ASCLEPIAS ASPERULA**
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Subacute or chronic sinusitis with green viscous mucous (as insufflated powder).
Dry non-spasmodic asthma.
Acute hot dry bronchitis.
Acute cough or dyspnea after pneumonia with difficult expectoration.
Influenza, dry, hot, asecretory.
Acute pleurisy, pleurodynia.
Cardiovascular edema with functional cardiac insufficiency.
Cardiovascular hypertrophy in aged.
Chronic rheumatic pains with dry cough, chronic indigestion, intercostal neuralgia.
Amenorrhea; from recent viral infection.
Labor, arrested.
Uterine subinvolution, with poor drainage.

**ASCLEPIAS INCARNATA**
Cardiovascular edema with functional cardiac insufficiency.
Chronic rheumatic pains with dry cough, chronic indigestion, intercostal neuralgia.
Amenorrhea; from recent viral infection.

**ASCLEPIAS TUBEROSA**
Dry non-spasmodic asthma.
Acute hot dry bronchitis.
Acute dry pulmonary cough.
Chronic dry cough with indigestion, intercostal pain when inhaling.
Influenza, dry, hot, asecretory.
Acute interlobar pleurisy, pleurodynia.
Acute bronchial pneumonia with vascular disturbance, fever; or recuperating with difficult expectoration, dry, tough.
Hyperemia.
Hypertension with strong pulse.
Chronic anorexia with depressed autonomic and myenteric stimulation.
Atonic colon without inflammation but marbly hard feces.
Dry, hot skin.
Eczema, obstinate, not reactive to any measures, with short "honeymoon".
Chronic rheumatic pains with dry cough, chronic indigestion, intercostal neuralgia.
Amenorrhea; from recent viral infection.
Fever in infants, suppressed sweating, with dry bronchitis, moist skin.
Digestive headache in children.
Pain in serous membranes, with dry skin.

**ASPIDIUM**
Tapeworms.

**ASPIDOSPERMA**
Functional dyspnea with pale face, palpitations.
Emphysema with poor pulmonary circulation.
Acute influenza with coughing, dyspnea.

**ASTRAGALUS MEMBRANACEUS**
Acute cystitis/urethritis with systemic infections, fever.
Septic diarrhea.

Specific indications - Page 11
Peritonitis, post-operative with lingering autotoxicity.
Abscess, as a moistening agent in a stimulating poultice with Althea powder as a base.
Septicemia with ulceration, decay, swollen tissue.
To stimulate innate immunity.
Extended immunosuppression, with congestion, edema (with Echinacea).
Lymphangitis, acute in weak individuals (with Echinacea).
Lymphadenitis, in chronic debility (with Ceanothus).

**AVENA**
Angina pectoris, as an adjunct for fear of death, constant guarding against pain.
Functional neurocirculatory disorders.
To prevent anxieties when insomnia is feared.
General insomnia in sthenic individuals.
Narcolepsy.
Menopause, with sense of pressure and pain in ovaries, uterus, sacrum, bladder
with nervousness and sense of confusion; or with melancholia after hot flashes.
Premenstrual syndrome (PMS), with easily startled disposition, easy adrenergic discharge, jumpy.
Appetite poor, nervous, weak (with Trifolium).
Hysteria with adrenergic-induced exhaustion.

**BAPTISIA**
Tongue full & deeply red with systemic infection; foul breath with cracked lips and phlegmy mouth.
Inflamed gums from general immunosuppression.
Purulent laryngitis with systemic effects.
Chronic sinusitis with necrotic, foul discharge.
Chronic tonsillitis with necrosis.
Cardiovascular edema with vascular stasis and sepsis.
Septic diarrhea.
Bacillary dysentery with suppurations (with Echinacea).
Shigellosis, supportive to primary therapy (with Echinacea).
Abscess, with septicemia, swellings (with Echinacea).
Abscess, as a moistening agent for stimulating poultice w/ Althea pwd. as a base.
Skin ulcers with septicemia, edema, fever (with Echinacea).
Suppuration with necrosis, in weak individuals (w/Echinacea, externally).
Endometritis/metritis, with fever (with Echinacea).
Septicemia with ulceration, decay, swollen tissue; or w/weak immunologic vitality.
Endogenous infections, in feeble individuals (with Echinacea and Phytolacca).
Septic fevers (with Echinacea).
To stimulate innate immunity.
Extended immunosuppression, with congestion, edema (with Echinacea).
Lymphadenitis, in chronic debility (with Ceanothus).

**BAROSMA BETULINA** see Buchu.

**BENZOIN**
Chronic dry unproductive bronchial cough.

Specific indications - Page 12
Decubitus, preventative (external).

**BERBERIS VULGARIS**
- As an eyewash for acute ophthalmia.
- Aphthous stomatitis (as a wash and internally).
- As a mouthwash for bleeding gums.
- Acute biliousness from food or drug excess.
- Jaundice, general recuperative.
- A preventative for alkaline, phosphatic stones.
- Recuperating from diarrhea.
- Dyspepsia from fats.
- Eczema, facilitating any external measures.
- Acute episodic psoriasis.
- Blood dyscrasias, with scaly skin eruptions, impaired nutrition.
- Allergies, in general.
- Nutritional malabsorption in poor protein absorption.

**BIDENS**
- Hemoptysis from fits of coughing.

**BRICKELLIA**
- Cholangitis, general antispasmodic.
- Cholecystitis - "catarrhal"; and for pain.
- Glycosuria from hepatic hyperglycogenolysis or diet.
- As a bath in arthritis.
- Premenstrual syndrome (PMS), w/ craving for sugar, fruit, carbo-junk food.
- Diabetes/hyperglycemia - functional hypergluconeogenesis.
- Diabetes/hyperglycemia - functional hyperglycemia, especially before meals (as a bitter shortly before eating).
- Adult onset, insulin resistant diabetes.

**BRYONIA**
- Rheumatoid iritis; pain in eyes secondary to any acute disorder; "hurts to move".
- Tongue dry, cracked, purplish-grey;
- translucent coat with liver pain.
- Bronchitis with scanty, blood-streaked mucus.
- Dry cough, hectic, aggravated by changes in temperature and humidity.
- Influenza with harsh hacking irritated cough with scanty blood-streaked mucus.
- Acute pleurisy with rapid perspiration, pain on movement, flushed face, frontal headache.
- Acute bronchial pneumonia with harsh cough, pain.
- Neuralgia, aggravated by movement, with asthenia.
- Cholecystitis - "catarrhal".
- Hepatitis - with Jaundice, headache, orange-colored urine.
- Peritonitis, post-operative.
- Aseptic synovitis.
- Orchitis/epididymitis, with tenderness upon pressure.
- Acute mastitis, with swollen lymphatics, marked inflammation.
- Endogenous infections, with serous membrane involvement.

Specific indications - Page 13
Fever, delirium, a secretory with nervous depression.
Apathy, tired, weary with confusion.
Headache, cervical-occipital, with confusion, aggravated by movement.
Pain in serous membranes, with excessive perspiration.

**BUCHU**
- Chronic cystorrhea with acid pH.
- Acute or chronic cystitis/urethritis with acid pH, frequent urination, little relief.
- Chronic pyelitis with mucopurulent, acidic urine.
- Subacute/chronic prostatitis, with mucopurulent and acidic urine.
- Chronic acidic dysuria, also for pain therefrom.
- Lithiasis, acidic, muddy, or with "brick dust" (with Uva Ursi).

**BURSERA**
- Acute periodontitis, topically.
- Acute early stages of herpes, topically.
- Acute sinusitis with ulcerations (as a nasal spray).
- Bronchorrhea.
- Chronic cystitis/urethritis without active inflammation.
- Ulcers, subacute or chronic, not inflamed but congested.
- Decubitus, recuperative (externally).
- Herpes simplex, to speed regeneration (externally).
- Skin ulcers on oily, moist surfaces (externally).
- Endogenous infections, with depressed WBC.
- To stimulate innate immunity.

**CACALIA**
- As a bath in arthritis.
- Adult onset, insulin resistant diabetes (as early treatment).

**CALENDULA**
- Vasoneurosis of skin and mucosa.
- Abscess, acute, local (topically).
- Abscess, to stimulate granulation (topically).
- Decubitus, simple, uncomplicated (externally).
- Fissures, general orificial (external).
- Herpes simplex, with secondary bacterial infection.
- Skin ulcers, in general (external).
- Suppuration without pyogenic membrane, shallow (external).
- Cervicitis with ulceration (as douche, with Echinacea tincture and glycerine (1:4 ratio) as night-time suppository).

**CANNABIS SATIVA**
- Pain in eyeballs, increased intraocular pressure.
- Acute spasmodic cough with paroxysms, intestinal and uterine reflex.
- Frequent waking with nightmares.
- Neuralgia with spasms or tenesmus.
- Cystitis, urethritis, for pain.
- Chronic acidic dysuria, for pain.
- Acute cystitis/urethritis with irritability, more than pain.

Specific indications - Page 14
Phosphaturia with vesical irritation.
Antispasmodic strangury.
Anorexia from chemotherapy.
Pruritus senilis, with itching.
Muscular pain, in general.
Endometritis/metritis, antispasmodic.
Cough in infants, with spasms.
Fever, delirium, frequent fitful waking.
Anorexia from cancer therapy.
Anorexia nervosa, mild, in adolescence; or iatrogenic from drugs.
Depression with painful, spasmodic diseases.

CAPSELLA BURSA-PASTORIS
Epistaxis.
Passive capillary hemorrhage.
Chronic cystitis or urethritis with brick (urate) dust, scanty urine.
Chronic cystitis/urethritis with dark or mucopurulent urine, strained urination.
Dysuria from heavy sexual activity.
Hematuria, in general or with sediment in urine.
Lithiiasis, with irritation, inflammatory pain; or with hematuria, especially from lower tract; or with hyperuricemia.
Phosphaturia with vesical irritation.
Mild GI hemorrhage, acute, with sharp pain.
Hemorrhoids, bleeding.
Bleeding ulcers.
Arthritis, diuretic.
Gout, for the hyperuricemia.
Menorrhagia, with heavy bleeding for the first several days.
Vicarious menses.
Post-partum hemorrhage, with good uterine tone.
Miscarriage, impending, with moderate spotting as main symptom.
Blood serum levels: uric acid elevation.

CAPSICUM FRUTESCENS
Tongue dry, scanty saliva.
Dry mouth, with poor digestion.
Onset of head cold, dry with tight membranes.
Dry laryngitis.
Acute early stage tonsillitis with dry membranes (also as a gargle).
Dry cough, hectic, with dry mouth.
Influenza, dry, hot, asecretory (combine with Lobelia).
Acute pleurisy (as a plaster).
Arteriosclerosis with confusion, sluggishness in aged.
Delirium tremens in asthenics.
Intercostal or cervical neuralgia (plaster).
Anorexia nervosa, asecretory/achlorhydria.
Atonic dyspepsia in alcoholics.

Specific indications - Page 15
A secretory dyspepsia.
Flatulence without active inflammation.
Alopecia (externally).
Dry, hot skin.
Senile asthenia.
Chronic rheumatic pains, as a plaster.
Uterine fibroids, with cyclic bleeding.
Metabolic debility, with poor secretions.
Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

CARTHAMUS TINCTORIUS
Amenorrhea from recent viral infection.
Measles.

CARUM
Flatulent colic.
Colic in infants, with flatulence.

CARYOPHYLLUS
Vomiting, in general.

CASTELA EMORYI
Anorexia nervosa in the feeble, asthenic; after GI infections.
Candidiasis, after antibiotic or anti-inflammatory therapy.
Colitis from candidiasis.
Amebic diarrhea, as a preventative.
Giardia.
Heartburn, with anorexia.
Pinworms, threadworms, general treatment (internal and as an enema).
Entameba histolytica.
Giardia.

CAULOPHYLLUM
Amenorrhea, chronic, with congestion, irritation.
Cervicitis with congestion and poor venous circulation.
Dysmenorrhea, with congestion, lengthy cycles (30 days or more).
Endometritis/metritis, in general.
Menopause, with pains and pelvic discomfort, referred down legs, no pathology; or with sense of pressure and pain in ovaries, uterus, sacrum, bladder with nervousness and sense of confusion.
Endometritis, chronic, reoccurring, with inflammatory episodes.
Uterus, inflammation.
Acute vaginitis (internally).
Labor, delayed, from fatigue, weak uterus with history of inflammation.

CEANOTHUS
As a gargle in acute pharyngitis.
Tonsillitis.
Fibrocystic breast disease (with the elimination of all caffeine, theobromine and theophylline in diet).

Specific indications - Page 16
Hydrocele (with Angelica sinensis).
Acute mastitis (w/Gossypium internally, Phytolacca externally).
Thick, frontal headaches after meals.
Blood, chronic slow coagulation without hemopathy.
Lymphadenitis in chronic debility (w/Astragalus or Baptisia); or cervical, facial.
Mononucleosis, with widespread and inflamed nodes.
Mononucleosis, general supportive.
Splenitis, subacute, chronic or secondary to hepatitis.

CEANOTHUS FLOWERS
Hair tonic.

CENTELLA ASIATICA
Thyroid hypofunction with depression, dry skin.
Blood serum levels: T4 low.

CEREUS GRANDIFLORUS
Tinnitus with nervous tachycardia.
Functional dyspnea with pale face, palpitations, cardiopathies, neurosis, fear.
Emphysema with poor pulmonary circulation.

CEREUS GREGGII
Tobacco heart; functional neurocirculatory disorders with depression, hypochondriasis, necrophobia.
Palpitations and arrhythmias with agitation, neurotic (with Cypripedium).
Mitral regurgitation.
Nausea from motion sickness, excitation.
Menopause, with cardiac arrhythmias.

CETRARIA
Hyperaemia with rhinitis, frontal headache, sneezing.

CHAMAEELIRIUM LUTEUM (HELONIAS)
Amenorrhea with anemia (used with an astringent douche).
Dysmenorrhea, sensations of distention and congestion in uterus and rectum.
Leukorrhea, viscous, fetid.
Prolapse or atony of the uterus.
Miscarriage, impending, with nervous irritability and cramps.
Malnutrition w/anemia, dyspepsia, anorexia, poor assimilation, functional pelvic irritability.

CHELIDONIUM
Tongue pale, sallow, full, with slightly jaundiced skin; dull leaden coat.
Acute bronchial pneumonia, primarily right lung.
Cholangitis - light stools, cloudy or dark urine, pain in right hypochondrium to shoulder.
Cholelithiasis, recurring without blockage.
Cholecystitis - chronic with blockage.
Biliary cirrhosis.
Jaundice, post-hepatic, cholestatic.
Hemorrhoids, subacute, from recent liver or portal congestion.

CHELONE
Specific indications - Page 17
Jaundice - mild, with simple unobstructed hepatic dysfunction.
Anorexia nervosa, convalescence with ileocecal cramps.
Colic in cecum with uneasy, distressing pain.
Colitis from intestinal putrefaction and liver or portal dysfunction.
Dyspepsia with sluggish liver and portal circulation.

**CHENOPODIUM AMBROSIOIDES**
Worms, ascaris.

**CHILOPSIS**
Candidiasis, after antibiotic or anti-inflammatory therapy.
Leukorrhea, viscous, fetid (as douche).

**CHIMAPHILA**
Renal albuminuria, subacute, early, or incipient.
Chronic cystitis or urethritis with brick (urate) dust, scanty urine.
Chronic acidic dysuria with mucopurulent, scanty urine.
Nephritis with edema and arthritis or autoimmune-type symptoms (fresh tincture).
Chronic pyelitis with mucopurulent alkaline urine.
Acute pyelitis from ascending cystitis with boggy mucosa.
Pyelitis with mucopurulent urine with RBC's and leukocytes.

**CHIONANTHUS**
Cholangitis with light stools, cloudy or dark urine, steatorrhea, pain in right hypochondrium to navel.
Cholecystitis - "catarrhal"; with occasional jaundice.
Cholelithiasis, preventative.
Alcoholic cirrhosis with portal congestion.
Hepatitis with Jaundice, light frothy stool, scanty urine, right hypochondrium pain.
Functional Jaundice.
Glycosuria from hepatic hyperglycogenolysis or diet.
Hemorrhoids, from any venosities, especially with leg or cervical varicosities.
Steatorrhea, from overindulgence in fats.
Blood serum levels: SGOT, SGPT elevations with elevated bilirubin, no active hepatitis.
Headache, in digestive dysfunction, following meals.

**CHLOROGALUM**
Tinea barbae, tinea capitis.

**CHRYSANTHEMUM LEUCANTHEMUM**
Post-febrile, excessive sweating, malaise, frequent dilute urine.

**CHRYSANTHEMUM PARTHENIUM**
Headache, migraines, to prevent in anabolic-dominant types.

**CIMICIFUGA RACEMOSA**
Rheumatoid iritis; ophthalmalgia with dull rheumatoid ache in orbits; eyestrain with bruised pain and headache.
Ear pain from cold; dull aching rheumatic pain in middle ear.
Influenza with malaise and aches.
Sore, bruised feeling in bronchi.

Specific indications - Page 18
Periodic convulsions associated with uterine disorders.
Delirium tremens in sthenics.
Epilepsy, petit mal with chorea or agitation.
Insomnia with muscular pain, agitation, "rheumatoid".
Cervical neuralgia.
Anorexia nervosa with chronic simple pelvic irritabilities.
Muscular pain, dull, aching, "rheumatoid"; or from change of weather.
Rheumatic pains with heavy, aching, deep pains; or acute inflammatory.
Sprains with dull muscle ache.
Tendonitis, deep aching dull pain with muscle involvement.
Amenorrhea, with irritation, pelvic and lumbar pain; or chronic, with congestion, irritation.
Dysmenorrhea with congested uterus and pain on walking or climbing stairs.
Menarche delay (primary amenorrhea), in general.
Menopause, with congested uterus and pain on walking, dancing, jiggling.
Menorrhagia with diarrhea or colon cramping.
Mittelschmerz with diarrhea or colon cramping.
Orchitis/epididymitis, with venous congestion, heaviness.
Subacute/chronic prostatitis, with pelvic and sacral pain.
Uterus, atony, with dull aching.
Uterus, prolapse.
Chronic vaginitis with large dragging uterus, painful with movement.
Labor, false or Braxton-Hicks pains; or with feeble, erratic contractions.
Lactation, excessive reflex pain.
Primipara, last 2 to 3 weeks.
Uterine subinvolution, with dull ache, sense of heaviness.
Mumps with muscular aching.
Apathy with dull aching in joints, muscles.

CINERARIA SUCCUS
As an eyewash for cataracts.

CINNAMOMUM
Tonsillitis pain (as a tea).
Chronic mild hemoptysis, from morning coughing.
General hemorrhage.
Mild GI hemorrhage, subacute or chronic, with ache or no pain.
Bleeding ulcers.
Post-partum hemorrhage, passive from lack of contraction.

CLEMATIS
Headache, migraine, vasodilator.
Headache, migraine-like, in temples, with moisture on back of neck.

COFFEA
Vomiting, in general.
Headache, reflex uterine, with throbbing head, cerebral hyperemia; or with red face, corners of eyes inflamed.

COLA
Specific indications - Page 19
Cardiovascular hypotension, asthenic with palpitations and dyspnea.
Dizziness in aged with arteriosclerosis, "cerebral anemia".
Palpitations with hypotension asthenia, dyspnea.
Narcolepsy.
Neuralgia in convalescence, debility.
Nausea from motion sickness, excitation.
Senile asthenia.
Muscular pain, when recuperating from debilitating, protracted illness
(with Panax quinquefolium).
Morning sickness (in moderation).
Metabolic debility w/ atonic, asthenic, dyspneic symptoms, CNS depression.
Headache, reflex uterine, with red face, corners of eyes inflamed.

**COLLINSONIA**
Cardiovascular edema with venous stasis in pelvis and legs; varicose veins
in legs, inner thighs, from diet or chronic poor fat digestion.
Mitral regurgitations with sense of heaviness; venous hyperemia.
Venous stasis in pelvis and legs, with dyspepsia and general GI hypofunction,
rectal heaviness.
Chronic cystitis/urethritis with dark or mucopurulent urine, strained urination.
Dyspepsia with sluggish liver and portal circulation (with Rumex crispus).
Hemorrhoids, from any venosities, especially with leg or cervical varicosities.
Orchitis/epididymitis, with hemorrhoids only.
Uterus, congestion, with hemorrhoids or dull aching urination.
Chronic vulvitis, with pelvic congestion.
Uterine subinvolution, with dull ache, rectal symptoms, aggravated by diet.

**COMMIPHORA**
Follicular conjunctivitis; as an eyewash at the onset of styes.
Acute periodontitis, topically.
Acute aphthous stomatitis with painful inflammation.
Acute early stages of herpes, topically.
Acute sinusitis with ulcerations (as a nasal spray).
Intrinsic humid asthma with moist cough.
Acute hot dry bronchitis in aged with secretions.
Chronic bronchitis with profuse secretions and debility.
Bronchorrhea.
Chronic cough with debility.
Chronic cystorrhea w/out active inflammation, in exhausted, feeble states.
Chronic cystitis/urethritis without active inflammation.
Chronic nephritis without active inflammation.
Gastroenteritis with mucus hypersecretions.
Ulcers, subacute or chronic, not inflamed but congested.
Decubitus, recuperative (externally).
Herpes simplex, to speed regeneration (externally).
Skin ulcers on oily, moist surfaces (externally).
Endometritis/metritis, with fever and with senescent neutrophils or immuno-
suppression (with Baptisia and Echinacea).
Acute vaginitis (internally).
Blood serum levels: white blood cell depression, any cause (w/Echinacea).
Endogenous infections, with depressed WBC.
Cancer, immunosuppression from therapy; or immunosuppression with marked WBC depression (with Echinacea).
To stimulate innate immunity. Immunosuppression, recent, from stress (with Echinacea).
Leukopenia (with Echinacea).

CONVALLARIA
Palpitations, arrhythmia with tachycardia.

COPTIS
Aphthous stomatitis (as a wash and internally)
Herpes, topically.
Vincent's infection (trench mouth).
Pemphigus.
Chronic or subacute rhinitis.
Recovering from diarrhea.
Dysentery, for concurrent mouth sores.
Asecretory dyspepsia with anorexia, atonicity.
Vomiting from alcohol abuse the night before.
As a topical disinfectant for abrasions. Rectal fissures (sitz bath).
Skin ulcers, in general (external).
Subacute vaginitis (as sitz bath).
Subacute vulvitis (as a sitz bath).
Thrush (externally).
Lymphadenitis, with ulcerations of the mouth.

CORALLORHIZA
Chronic cough with chest pains, anorexia, diminished strength.
Post-febrile pneumonia with debility, heavy secretions, protracted cough, weight loss, low chi.

CORIANDRUM
Simple nervous dyspepsia from agitation.

CORNUS STOLONIFERA
Headache, from fevers.

CORYDALIS AUREA
Sydenham’s chorea.
Neuralgia with nervous muscular twitching.
Leukorrhea, viscous but without smell, with pelvic atony and hemorrhoids.
Blood dyscrasias, with sluggish digestion, hyposcretions.
Lymphadenitis, with ulcerations of the mouth.

CORYNANTHE
Impotence/frigidity, with depressed testosterone and sperm count in males, without prostatitis.
Sterility, with depressed testosterone, low sperm count.

Specific indications - Page 21
CRATAEGUS
Angina pectoris, as an adjunct for fear of death, constant guarding against pain. Arteriosclerosis; essential hypertension; hypertension with elevated diastole, arterial hypertonicity; palpitations with dyspnea.
Source of bioflavonoids.

CUBEBA
Acute hot dry bronchitis becoming chronic with thick mucus. Dyspnea after bronchitis. Chronic cystorrhea. Chronic cystitis/urethritis with mucus; or at menses. Acute vulvitis, with irritation and burning. Incontinence in children, small quantity of urine while sleeping.

CUPRESSUS
Chronic cystitis/urethritis with prostatitis. Tinea corporis, tinea barbae, tinea capitis (fresh tincture). Acute prostatitis, with incontinence. Cradle cap (externally). To stimulate innate immunity.

CURCUMA LONGA
Colic from cathartics.

CYPRIPEIDIUM

DAMIANA CALIFORNICA  see Turnera.

DATURA
Spasmodic asthma (smoked).

DAUCUS CAROTA
Gout, for the hyperuricemia. Blood serum levels: uric acid elevation.

DIOSCOREA
Diarrhea, for tenesmus.
Chronic diarrhea with hyperactive cholinergic functions.
Nausea, general antispasmodic.
Vomiting, in general.
Dysmenorrhea, in general.
Mittelschmerz, in general.
Uterus, inflammation, with cramps.
Miscarriage, impending, with cramps as main symptom.
Morning sickness.
Colic in infants, general intestinal antispasmodic.

**DRACONTIUM**
General antispasmodic for long-term use in asthma.
Spasmodic asthma with constriction of chest.
Insomnia in asthenic individuals.

**DROSERA**
Onset of head cold, dry with irritative cough.
Subacute head cold with hoarseness or laryngitis.
As a gargle in acute pharyngitis.
Extrinsic asthma with dry spastic cough.
Spasmodic asthma with constriction of chest.
Acute spasmodic cough with paroxysms, laryngeal reflex.
Hemoptysis from fits of coughing.
Cough in infants, with spasms, in measles, whooping cough.

**DULCAMARA**  See Solanum dulcamarum.

**ECHINACEA**
Aphthous stomatitis (as a wash and internally)
Foul breath with sulphur burps.
Gums bleeding, sore and spongy, internally and as a mouthwash.
Periapical abscess (gum boils), internally and topically.
Ear discharge.
Purulent laryngitis with systemic effects.
As a gargle in acute pharyngitis.
Initial stages of acute pharyngitis.
Subacute pharyngitis, slow to heal.
Strep throat; tonsillitis (internally and as a gargle).
Acute sinusitis with ulcerations (as a nasal spray).
Intrinsic humid asthma with moist cough.
Toxic albuminuria.
Septic diarrhea.
Bacillary dysentery with suppurations (with Baptisia).
Fermentative dyspepsia, aggravated by food.
Chronic gastritis with sulfuric, putrid belching.
Peritonitis, post-operative with lingering autotoxicity.
Shigellosis, supportive to primary therapy (with Baptisia).
Abscess, with septicemia, swellings (with Baptisia).
Abscess, with fetid discharge (internal and external).
Abscess, as a moistening agent in a stimulating poultice with Althea powder as a base.
As a topical disinfectant for abrasions.
Decubitus with necrosis (internal and external).
Eczema, pustular with sticky exudate.
Herpes simplex, to speed regeneration (externally).
Poison ivy/oak (topically).
Skin ulcers with septicemia, edema, fever (with Baptisia); with septicemia (internal and external); with fetid discharge or gangrenous lesions (external).
Suppuration with necrosis, in weak individuals (with Baptisia, externally); or with necrosis in strong individuals (externally).
Urticaria (externally).
Chronic tendinitis (for extended use).
Cervicitis with ulceration (Calendula as douche, with Echinacea tincture and glycerine (1:4 ratio) as night-time suppository).
Endometritis/metritis, with fever (with Baptisia).
Acute vaginitis (douche).
Stomatitis, while nursing.
Infant teething, with usual agitation and GI disturbances (rubbed on gums).
Blood dyscrasias, in general.
Septicemia with strong immunologic vitality.
Blood serum levels: white blood cell depression, any cause (with Commiphora).
Endogenous infections, in general; or in feeble individuals (with Baptisia and Phytolacca).
Septic fevers (with Baptisia).
Cancer, immunosuppression from therapy; or immunosuppression with marked WBC depression (with Commiphora).
To stimulate acquired or innate immunity.
Immunosuppression, recent, from stress (with Commiphora).
Leukocytosis (with Ligusticum porteri or Lomatium dissectum).
Leukopenia (with Commiphora).
Lymphadenitis, inflammatory with fever.
Lymphangitis, acute in strong individuals (with Lomatium); or acute in weak individuals (with Astragalus).
Mononucleosis, acute stages (with Ceanothus).
Mononucleosis, general supportive,
Mumps, acute (2 parts Echinacea to 1 part Aconitum, in small frequent doses; also as topical lotion, 3 parts Echinacea to 1 part Phytolacca).
Headache, from fevers.

ELEUTHEROCOCCUS
Lipid lowering in arteriosclerosis.
Multiple sclerosis, early stages or the beginning of remissions.
Adrenal cortex hypofunctions.

Specific indications - Page 24
General moderation for over-reactivity in stress and drug abuse.
Acne, from excessive cortical hormones.
Blood serum levels: hyperlipidemia, in general.

**ENCELIA FARINOSA**
Acute allergic rhinitis.
Acute sinusitis with runny eyes, nose.
In children, eye and nose pain, sharp itching pain, hay fever.
Hay fever with watery eyes, nasal membranes.

**EPHEдра SINICA (MA HUANG)**
Hay fever, in general.
Middle ear decongestant.
General decongestant.
Hay fever, in general.

**EPHEдра VIRIDIS**
General decongestant.
Acute cystitis/urethritis with inflammation and irritation.
Hay fever, in general; and in particularly sensitive individuals.

**EPИLOBIUM ANGUSTИFOLIUM**
Colic with chronic, non-inflammatory diarrhea.
Dysentery, general tonic when self-limiting.
Gastroenteritis with colic, green diarrhea, no fever.
Prostatitis, acute, in general.
Diarrhea in infants (with Mentha piperita).
Vomiting in children, with green diarrhea.

**EPIПACTIS GИGАНТЕА**
Nervous tachycardia.
Insomnia in asthenic individuals or atonic, debilitated states.
Neuralgia in convalescence, debility.
Poison ivy/oak (externally and topically).
Amenorrhea with depressions.
Dysmenorrhea, in general.
Menopause, with melancholia after hot flashes.
Infant teething, in the otherwise nervous fretful child.
Headache, migraine, antispasmodic.

**EQUISETUM**
Emphysema, to strengthen septum cartilage.
Acute cystitis/urethritis with inflammation and irritation.
Incontinence, while sleeping, from chronic cystitis (with Rhus aromatica).
Incontinence in aged males with enlarged prostate, poor bladder control.
Ureteralgia.
Nephritis with edema.
Rheumatoid arthritis.
Menopause, with early osteoporosis symptoms (as a tea with Medicago sativa and Angelica sinensis).
Prostatitis, with irritable bladder, dribbling.

Specific indications - Page 25

**ERIGERON CANADENSIS (CONYZA)**
- Epistaxis.
- Hemoptysis.
- Hemorrhage, general and from congested, boggy mucosa.
- Phosphaturia with pain in kidneys.
- Ulcerative bleeding colitis.
- Dysentery with blood.
- Mild GI hemorrhage, subacute or chronic, with ache or no pain.
- Hemorrhoids, bleeding.
- Irritable bowel syndrome with occasional colitis-like bleeding.
- Bleeding ulcers.
- Post-partum hemorrhage, passive from lack of contraction.

**ERIODICTYON**
- Middle ear decongestant.
- General decongestant.
- Humid bronchial asthma with free expectoration.
- Acute cough, moist, persistent; after influenza.
- Acute effusive pleurisy.
- Acute cystitis/urethritis with mucus in urine.
- Chronic anorexia with extensive hypersecretion of pulmonary, renal, intestinal mucus.
- Chronic catarrhal dyspepsia with anorexia.

**ERIOGONUM**
- Topical eyewash for bloodshot eyes, conjunctivitis.
- Source of bioflavonoids.

**ERYNGIUM**
- Chronic laryngitis with excess, abundant mucus.
- Chronic bronchitis with profuse secretions.
- Cystorrhea.
- Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.
- Dysuria w/incontinence from movement, menses, after coitus or in menopause.
- Hematuria.
- Incontinence, menstrual, menopausal, aggravated by movement; or from recent sexual activity in sedentary, previous abstentious males.
- Lithiasis with hematuria, especially from lower tract; or with hyperuricemia.
- Polyuria, from urethritis or prostatitis.
- Prostatitis, acute, in general.
- Subacute/chronic prostatitis with spermatorrhea.

**ERYTHRAEA**
- Anorexia nervosa after GI infections.

**ESCHSCHOLZIA CALIFORNICA**
- Antispasmodic strangury.

**EUCALYPTUS GLOBULUS**
- Specific indications - Page 26
Ulcerative conjunctivitis.
Tongue pasty, foul-smelling (not from teeth).
Foul breath with sulphur burps.
Acute hot dry bronchitis in aged with secretions.
Acute cough after pneumonia with difficult expectoration.
Acute or recuperating bronchial pneumonia with difficult expectoration, dry and tough.
Gastric colic with flatulence.
Fermentative dyspepsia, aggravated by food.
Chronic gastritis with sulfuric, putrid belching.
Skin ulcers with fetid discharge or gangrenous lesions (external).

EUONYMUS
Tongue yellow-coated with anorexia, liver problems.
Chronic anorexia nervosa with recurring viral infections.
Anorexia from chemotherapy.
Atonic colon with anorexia and liver hypofunction.
Constipation with poor appetite, post-febrile.
Asecretory dyspepsia with anorexia, atonicity.
Anorexia from cancer therapy.
Anorexia nervosa, iatrogenic from drugs.

EUPATORIUM PERFOLIATUM
Head cold, moist with fever, aches.
Acute hot dry bronchitis with muscular weakness.
Influenza with malaise and aches.
Acute bronchial pneumonia with dyspnea.
To stimulate innate immunity.

EUPATORIUM PURPUREUM
Chronic cystorrhea with sense of fullness, blockage.
Cystitis, urethritis, with pain from gravel and acid, urate urine.
Chronic cystitis/urethritis w/dark or mucopurulent urine and strained urination.
Chronic acidic dysuria with dark or milky urine.
Chronic passive hematuria.
Lithiasis with hyperuricemia.
Chronic pyelitis, post lithiasis, painful urination.
Subacute/chronic prostatitis, with pelvic and sacral pain.
Fever, moist with deep aching pain.

EUPHRASIA
Acute conjunctivitis w/sharp sinus pain; hyperaemia w/rhinitis, frontal headache, sneezing; acute inflammation of the eyelids; also as an eyewash for runny eyes.
Otitis media from allergies, rhinitis.
Acute allergic rhinitis.
Acute sinusitis with runny eyes, nose.
In children, eye and nose pain, sharp itching pain, hay fever.
Hay fever with watery eyes, nasal membranes.

FOeniculum vulgare
Specific indications - Page 27
Dyspepsia with flatulence that is chronic anyway.
Lactation, suppressed from nervousness, mild sympathetic excess.
Colic in infants, with flatulence.

FOUQUIERIA
Cardiovascular edema with venous stasis in pelvis and legs; varicose veins
in legs, inner thighs, from diet or chronic poor fat digestion.
Alcoholic cirrhosis with portal congestion.
Hepatitis - chronic abdominal pain and hemorrhoidal aching after acute symptoms
long over.
Dysuria with congestive prostate enlargements in sedentary males.
Colitis from intestinal putrefaction and liver or portal dysfunction.
Chronic constipation with poor fat absorption, sluggish portal circulation.
Hemorrhoids, all cases aggravated or initiated by dietary or alcoholic excess.
Steatorrhea, from overindulgence in fats; or with ileocecal irritability.
Eczema, with chronic poor fat digestion, dry skin.
Chronic psoriasis, when pelvic congestion, hemorrhoids, dull urethritis triggers
acute episode.
Cervicitis concurrent with hemorrhoids, occasional ache on urination or varicose
vein aggravation.
Orchitis/epididymitis, with portal congestion, hemorrhoids, varicosities.
Uterus, congestion, with hemorrhoids or dull aching urination.
Nutritional malabsorption with steatorrhea but no cecal inflammation, dark feces
with bad breath, subcutaneous pre-acne eruptions.
Cancer, supportive in lymph dysplasias.
To stimulate innate immunity.
Lymphadenitis, in inguinal nodes; or w/congested cisterna chyli, thoracic ducts.
Mononucleosis, with steatorrhea, portal congestion, hemorrhoids.

FRANGULA  See Rhamnus frangula.
FRANKENIA
Leukorrhea, hypersecretory, milky, little smell (as a douche, with Hydrastis inter.).
FRANSSERIA AMBROSIOIDES  See Ambrosia.
FRASERA SPECIOSA  See Swertia radiata.
FRAXINUS
Bacillary dysentery with suppurations.
Uterine subinvolution, with vertex and occipital headache.

FUCUS
Fatty degeneration of heart, as an adjunct therapy.
Thyroid hypofunction with obesity, fluid retention.
Malnutrition, in mineral deficiencies.

GALIUM
Acute cystitis/urethritis with systemic infections, fever.
Dysuria concurrent with systemic, febrile infections.

GAMBIR
Periodontitis, topically.

GARRYA
Specific indications - Page 28
Diarrhea, for tenesmus.
Chronic diarrhea with hyperactive cholinergic functions.
Obstinate hiccoughs.
Nausea, general antispasmodic.
Shigellosis, for cramps.
Dysmenorrhea, in general.

**GAULTHERIA**
Chronic cystitis/urethritis with prostatitis.
Acute dysuria with pain in back, difficult urination from sphincter irritation.
Acute mild nephritis with fine hyaline cysts.
Hemorrhoids, painful, extruding, w/sense of fullness, weight, congestion.
Anti-inflammatory in arthritis.
Subacute/chronic prostatitis, with urethritis.
Headache in children, in general (as a tea).

**GELSEMIUM**
Tonsillitis pain.
Acute hot dry bronchitis with red face, fever, contracted pupils.
Acute influenza, hypersecretory, excitability.
Hyperemia w/flushed face and eyes, contracted pupils, restlessness, excitation.
Convulsions, when other medications may not be necessary.
Trigeminal neuralgia from cold, caries, or gum inflammation.
Uterus, colic.
Labor, rigidity of cervix, thin, rigid; or with restlessness, fear, excitation.
Cervix thin, rigid.
Fever, with flushed face, bright eyes, contracted pupils, excitation, hyperemia, not congestion.
Mumps with high fever.
Headache, from eyestrain.

**GENTIANA**
Anorexia nervosa in the feeble, asthenic; after GI infections.
Atonic colon with anorexia.
Chronic catarrhal dyspepsia with anorexia.
Heartburn, with anorexia.
Nausea before eating.
Allergies, secondary hypersensitivities.
Nutritional malabsorption in the aged and convalescent.
Cancer, supportive in upper GI neoplasias.
Diabetes/hyperglycemia - functional hyperglycemia, especially before meals (as a bitter shortly before eating).

**GERANIUM**
As a mouthwash for bleeding gums.
Chronic diarrhea with semi-formed feces, frequent evacuations and debility.
Chronic dysentery.
Gastric ulcers with vomiting.
Leukorrhea, hypersecretory, milky, little smell (as a douche).

Specific indications - Page 29
GINKGO
Arteriosclerosis.
Dizziness in aged with arteriosclerosis, "cerebral anemia".
Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

GOTU KOLA   See Centella asiatica.

GLYCRRHIZA GLABRA
Acute cough with faucial irritability.
Hypotension with frequent urination.
Adrenal cortex hypofunctions.
Constipation, dry feces with scanty secretions.
Irritable bowel syndrome with constipative phase dominant, in adrenergic stress individuals.
"Surgical menopause" after 35 years of age, as a possible alternative to hormone replacement therapy (with Angelica sinensis).

GOSSYPIUM
Amenorrhea with backache, fullness, aching pelvis.
Dysmenorrhea, slow onset w/clots; or iatrogenic complications from antihistamine or anti-inflammatory medication.
Impotence/frigidity, in general; or with arousal but weak and vague uterine contractions or ejaculation in orgasm.
Menorrhagia, as a general treatment.
Acute prostatitis, with from excessive sexual activity after prolonged celibacy.
Subacute/chronic prostatitis, enlarged with dull ache in older males.
Prostatitis, preventative (with Pumpkin Seeds).
Sterility, with depressed testosterone, low sperm count.
Uterus, atony, especially sexual.
Uterus, inflammation; or prolapse.
Acute vaginitis (internal).
Acute vulvitis, with incontinence.
Post-partum hemorrhage, passive from lack of contraction.
Labor, with simple uterine exhaustion.
Lactation, suppressed from nervousness, mild sympathetic excess.
Lactation, poor letdown or other oxytocin reflexes.
Acute mastitis (internally, with Ceanothus internally, and Phytolacca externally). Uterine subinvolution, with poor tone and reflex contractions.

GRANATUM    See Punica granatum.

GRINDELIA
Iritis; ophthalmalgia.
Chronic pharyngitis with thick tenacious mucus.
Sleep apnea.
Dry non-spasmodic asthma with pectoral soreness, raw throat.
Intrinsic humid asthma with thick mucus.
Asthma with sleep apnea.
Recuperating bronchitis w/difficult expectoration; sub-acute or chronic bronchitis
in aged.
Bronchorrhea.
Acute dry cough after fever.
Emphysema with dry labored breathing, sallow skin.
Acute influenza with coughing, dyspnea.
Eczema, chronic vesicular.
Poison ivy/oak (topically).
Skin ulcers, chronic, indolent, with impaired circulation (internal and external).

GUAIACUM
Initial stages of acute pharyngitis.
Subacute pharyngitis, slow to heal.
Acute pharyngitis, returning after almost healing.
Chronic pharyngitis with chronic joint pain, mild auto-immunity symptoms.
Strep throat.
Acute early stage tonsillitis (also as a gargle).
Subacute moist cough, stubborn, reoccurring.
Multiple sclerosis, early stages or the beginning of remissions.
Arthritis, diuretic.
Chronic rheumatic pains with cold hands, feet, poor circulation, debility.

GUTIERREZIA
As a bath in arthritis.

HAMAMELIS
As an eyewash in acute ophthalmia.
As a mouthwash for sore gums.
Acute pharyngitis with hyperemia.
Chronic pharyngitis with pale, relaxed mucosa.
Chronic sinusitis with nasal catarrh, thickened relaxed mucosa (also as a gargle).
Passive capillary hemorrhage.
Varicose veins with relaxed tissues, sense of fullness; venous stasis in turgid veins, not from cardiac decompensation or portal hypertension.
Hemorrhoids, painful, extruding, with sense of fullness, weight, congestion.
Abrasions with bruises and dermal irritations (topical).
Leukorrhea, viscous, fetid (as douche, with Hydrastis).
Uterus, congestion, with hemorrhoids or dull aching urination.
Varicosities during pregnancy (external fomentation).

HARPAGOPHYTUM
Lipid lowering in arteriosclerosis.
Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.
Lithiasis with hyperuricemia.
A preventative for alkaline, phosphatic stones.
Rheumatoid and osteo-arthritis; arthritis when accompanied by elevated lipids and uric acid.
Anti-inflammatory in arthritis.
Gout, for inflammation and for the hyperuricemia.

Specific indications - Page 31
Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: uric acid elevation.

**HEDEOMA**
Onset of head cold, dry with tight membranes, fever.
Amenorrhea, simple, crampy.
Fever in infants, suppressed sweating.
Fever, dry, hot, interrupted diaphoresis.

**HELIANTHEMUM**  see Cistus.

**HELIOPSIS LONGIPES**
The root is chewed as a preventative for periodontitis.

**HEPATICA**
Cough in infants, with spasms, in measles, whooping cough.

**HERACLEUM LANATUM ROOT**
Externally for trigeminal neuralgia; also for paralysis at and distal from nerve injury.

**HETEROTHECA**
Vasoneurosis of skin and mucosa.
Topical in arthritis.
As a bath in arthritis.
Joint and muscle pain, especially in children (externally).

**HEUCHERA**
Chronic diarrhea with semi-formed feces, frequent evacuations and debility.

**HUMULUS**
Insomnia with indigestion and epigastric fullness.
Brachial neuritis.
Trigeminal neuralgia, to decrease sensitivity of trigger points.
Dyspepsia from starches.
As a topical disinfectant for abrasions.
Nutritional malabsorption with faulty starch digestion and dyspepsia.
Headache, migraine-like, chronic in evenings, with dyspepsia.

**HYDRANGEA**
Cystitis, urethritis, with pain from gravel and alkaline, phosphatic urine; or with pain from gravel and acid, urate urine.
Acute dysuria with pain in back, difficult urination from alkaline urine and passage of phosphatic urine.
Hematuria with pain on urination; or with sediment in urine.
Lithiasis with clonic spasms.
Ureteralgia.
Deep seated kidney pain accompanying primary treatment for nephritis.
Pain in lumbar region only.
Pain from renal and bladder colic.
Phosphaturia with pain in kidneys.
Blood serum levels: creatinine, moderate elevation, renal cause.

**HYDRASTIS**
Specific indications - Page 32
Catarrhal or follicular conjunctivitis; as an eyewash in acute ophthalmia.
Aphthous stomatitis (as a wash and internally).
Herpes topically (also internally).
Ceruminosis with eczema, externally.
Subacute head cold with thick mucus.
Acute granular pharyngitis.
Subacute pharyngitis with thick, gagging mucus (internal and external).
Chronic pharyngitis with pale, relaxed mucosa.
Chronic or subacute rhinitis.
Chronic sinusitis with edematous turbinates, relaxed and purplish; or with thick,
ropy mucous, frontal headache.
Subacute tonsillitis with crypt catarrh.
Hemorrhage from congested, boggy mucosa.
Chronic anorexia with colon, rectal catarrh.
Atonic colon with mucus in feces.
Chronic colic with catarrh.
Recovering from dysentery.
Acute gastritis, recuperation.
Chronic gastritis with sulfuric, putrid belching.
Chronic gastritis from alcoholic excess.
Gastroenteritis, recuperation.
Hemorrhoids, non-ulcerative with intestinal weakness, steatorrhea.
Nausea in morning from alcohol abuse.
Vomiting from alcohol abuse the night before.
Shigellosis, recuperative period.
Ulcers, subacute or chronic, not inflamed but congested.
As a topical disinfectant for abrasions.
Rectal fissures (retention enema).
Herpes simplex, subacute (internal and external).
Skin ulcers, in general (external).
Leukorrhea, viscous, fetid (as douche, with Hamamelis).
Leukorrhea, hypersecretory, milky, little smell (internally, with Frankenia
as a douche).
Subacute vaginitis (as sitz bath).
Diabetes/hyperglycemia - functional hypergluconeogenesis.
Extended immunosuppression, with congestion, edema (with Echinacea).

**HYPERICUM**
Insomnia in asthenic individuals.
Neuralgia with nervous muscular twitching.
Muscular pain without hyperemia (externally).
Aseptic synovitis without inflammation (internal and external).
Unipolar depressive states.
Hysteria with heat along spinal cord, distal hyperstenia.
Pain, general, after inflammatory or hyperemic states, recuperative period.

**HYSSOPUS**
Specific indications - Page 33
Abrasions with bruises and dermal irritations (topical).
Bruises (topical).
Muscular pain, as a poultice or fomentation.

**IMPATIENS**
Poison ivy/oak (fresh plant tincture, topically).

**INULA**
Humid bronchial asthma.
Chronic bronchitis, bronchorrhea.
Acute cough, moist, persistent.
Dyspnea after bronchitis with copious expectoration.

**IPECAC**
Tongue broad, full, coated, with nausea, vomiting; broad slimy flabby with foul burps.

**IRIS**
Thyroid hypofunction with fluid retention, immunodepression.
Sick headache with nausea, dyspepsia, light feces.
Cholangitis with sharp cutting pains, increased by motion.
Alcoholic cirrhosis with portal congestion.
Constipation with light feces.
Diarrhea, large mucoid semi-formed feces.
Dyspepsia with nausea, sick headache, light feces.
Gastroenteritis with mucus hypersecretions.
Heartburn from fats.
Nausea in morning, after fatty breakfast.
Vomiting, from fats, pastry abuse.
Eczema, with chronic poor fat digestion, dry skin.
Blood serum levels: LDL, VLDL elevated.
Nutritional malabsorption in radical dietary changes with sluggish pancreatic and succus entericus response.
To stimulate innate immunity.
Lymphangitis, subacute, lingering.

**JEFFERSONIA**
Acute rheumatic pains, non-inflammatory, with mild auto-toxicity.
Headache, migraine-like, chronic in evenings, with vertigo, in asthenics.

**JUGLANS**
Colic in cecum with uneasy, distressing pain.
Chronic colic with catarrh.
Constipation; chronic atonic; or with atonic gastric functions, eruptions on face, neck, back or buttocks.
Burning, acrid diarrhea.
Dyspepsia with flatulence from overeating and digestive abuse.
Chronic catarrhal dyspepsia with constipation.
Steatorrhea with eruptions on buttocks.
Acne, with constipation, flatulence.
Eczema, with constipation, flatulence.

Specific indications - Page 34
JUNIPERUS
Albuminuria, chronic renal weakness without inflammation.
Chronic cystorrhea without active inflammation.
Chronic cystitis/urethritis without active inflammation.
Dysuria, non-inflammatory, recurring, after "surgical" menopause.
Chronic nephritis without active inflammation.
Menopause, with recurring dysuria but no inflammation.
Subacute/chronic prostatitis, enlarged, without inflammation, with discharge.

KALMIA
Muscular pain, in general, referred pain specifically.

KRAMERIA
Aphthous stomatitis (as a wash and internally)
Gums bleeding, sore and spongy, internally and as a mouthwash.
Periodontitis, topically.
Herpes, topically.
Incontinence, general.
Pain in lumbar region, flanks to navel.
Chronic diarrhea with semi-formed feces, frequent evacuations and debility.
Gastric ulcers with vomiting.
Acute vaginitis (douche).

LARREA
Chronic biliousness with symptoms of autointoxication, sluggish liver catabolism.
Dyspepsia, aggravated by fats and proteins.
Nausea in morning, after fatty breakfast.
Steatorrhea with ileocecal irritability.
Vomiting, from fats, pastry abuse.
Eczema, with chronic poor fat digestion, dry skin.
As a bath in arthritis.
Leukorrhea, supportive to local itching and pain (with Anemopsis as a sitz bath).
Blood serum levels: SGOT, SGPT elevations with elevated bilirubin, not active hepatitis.
Nutritional malabsorption in conjunction with lipotropic therapies.
Cancer, supportive in skin cancers (externally).
Hangover, liverish, dark circles under eyes.

LAVANDULA
Flatulent colic.
Dyspepsia with flatulence, nervous dyspepsia, nausea.
Nausea, general anesthetic.
Colic in infants, with moderate pain, sour breath, nausea.
Vomiting in children, with acidic vomit.

LEONURUS
Herpes, early nerve pain, before eruptions.
Nervous tachycardia with circulatory excitement, anxiety; supportive to other measures for anxiety syndromes in chronic cardiopathies; functional neurocirculatory disorders.

Specific indications - Page 35
Amenorrhea with irritation, pelvic and lumbar pain.
Dysmenorrhea with irritability, lumbar and pelvic pain, unrest.
Premenstrual syndrome (PMS), w/muscular rigidity, nervous tension or pain in chest.
Pain, general, in the sthenic, with sharp pain, generally increasing.
Pain, neurogenic, with agitation and increased CNS sensitivity.

**LEPTANDRA**
- Tongue white-coated, light feces.
- Dizziness, depression, frontal headache, tenderness, pain in rt. hypochondrium.
- Acute cholangitis.
- Cholecystalgia; pain in right hypochondrium to right shoulder, without any major abdominal pain.
- Cholelithiasis preventative.
- Hepatitis; hot skin, cold feet, abdominal congestion, white-coated tongue, bad taste and breath, pain in right hypochondrium with pain referred to right or left shoulder.
- Jaundice with pale dry skin, thick coated tongue, moderate hepatic pain.
- Dyspepsia, aggravated by fats and proteins.
- Headache, in digestive dysfunction, following meals.

**LESPEDEZA**
- To lessen the tendency to sclerosis in chronic nephritis.

**LEUCANTHEMUM**  See Chrysanthemum leucanthemum.

**LIGUSTICUM PORTERI** (OSHA)
- Onset of head cold, dry with irritative cough.
- Initial stages of acute pharyngitis.
- Subacute pharyngitis, slow to heal.
- Acute early stage tonsillitis.
- Bronchorrhea.
- Acute cough, initial stages.
- Acute influenza with coughing, dyspnea.
- Acute bronchial pneumonia with dyspnea.
- Fever, dry, hot, interrupted diaphoresis.
- Leukocytosis (with Echinacea).

**LIGUSTRUM LUCIDUM**
- Chronic aphthous stomatitis with pale mucosa, relaxed tissue.
- Thrush (externally).

**LIMON**
- Tongue elongated, reddened with prominent papillae.

**LINARIA**
- Hepatitis with rebound elevations of bilirubin, SGOT and SGPT at a later time.
- Jaundice, general recuperative.
- Blood serum levels: bilirubinemia without active hepatitis.
- Blood serum levels: SGOT, SGPT elevations with elevated bilirubin, no active hepatitis.
- Hangover, liverish, dark circles under eyes.

Specific indications - Page 36
LIQUIDAMBER
Chronic dry unproductive bronchial cough.

LOBARIA PULMONARIA  See Sticta.

LOBELIA INFLATA
Tongue full white coated, especially heavy in the back.
Onset of head cold, dry with irritative cough.
Extrinsic asthma with dry spastic cough.
Asthma with albuminuria.
Recuperating bronchitis with congestion, hypersecretion, post-febrile.
Chronic bronchitis with profuse secretions.
Bronchorrhea.
Acute cough, moist, persistent; after pneumonia with difficult expectoration; or
after fever, dry.
Chronic cough with debility.
Dyspnea after bronchitis or pneumonia, perhaps with copious or difficult
expectoration.
Influenza, dry, hot, asecretory (combine with Capsicum).
Angina pectoris - vasomotoria (false) with slow pulse, precordial heaviness, mild
general cardiac neuralgia.
Convulsions, when other medications may not be necessary.
Epilepsy, to reduce force and lessen frequency.
Cholecystalgia, general antispasmodic.
Antispasmodic strangury.
Chronic anorexia with depressed autonomic and myenteric stimulation.
Atonic colon without inflammation but marbly hard feces.
Labor, rigidity of cervix, thick, doughy.
Cervix rigid, thick, doughy.
Cough in infants, with acute laryngitis and wheezing; or with spasms.
Measles with imperfect or tardy eruption, dry irritable cough.
Metabolic debility, with vague, adrenergic- induced depression.
Depression with shallow respiration, rapid pulse, dilated pupils.
Convulsive hysteria.

LOBELIA INFLATA ACETUM TINCTURE
Poison ivy/oak (topically).

LOMATIUM DISSECTUM
Initial stages of acute pharyngitis.
Subacute pharyngitis, slow to heal.
Acute early stage tonsillitis.
Influenza.
Pneumonia.
Leukocytois (with Echinacea).
Lymphangitis, acute in strong individuals (with Echinacea).
Mononucleosis, acute stages (with Echinacea).

LOPHOPHORA
Functional neurocirculatory disorders; palpitations with hypotension
asthenia, dyspnea.

**LYCOPODIUM CLAVATUM**

Skin ulcers, general protective cover.

**LYCOPUS**

Exophthalmic goiter from long-term functional hyperthyroidism with tachycardia and mild dyspnoea.

Chronic epistaxis.

Chronic bronchitis.

Hemoptysis.

Tachycardia with circulatory excitement, anxiety; supportive to other measures for anxiety syndromes in chronic cardiopathies; passive capillary hemorrhage; tobacco heart; chronic dilated cardiovascular hypertrophy; palpitations after febrile infection or from hiatus hernia or gastritis.

General thyroid hyperfunction; functional exophthalmus hyperfunction.

Chronic passive hematuria.

Blood serum levels: creatinine, moderate elevation, renal cause.

**MAHONIA**

As an eyewash for follicular or catarrhal conjunctivitis, for acute or chronic catarrhal opthalmia, or for the onset of styes.

As a mouthwash for bleeding gums.

Tongue with yellowish-brown coat.

Aphthous stomatitis (as a wash and internally)

Chronic or subacute rhinitis.

Acute biliousness from food or drug excess.

Jaundice, general recuperative.

A preventative for alkaline, phosphatic stones.

Atonic colon with anorexia.

Constipation with light feces.

Diarrhea from dietary indiscretions.

Recovering from diarrhea.

Dyspepsia from fats.

Dyspepsia with nausea, frontal headache.

Chronic gastritis from alcoholic excess.

Gastroenteritis with hepatic malfunction, slight jaundice.

Heartburn from fats.

Nausea after eating.

Nausea in morning, after fatty breakfast.

Shigellosis, for lingering autotoxicity.

Steatorrhea with bile deficiency, nausea, sick headache.

Gastric or duodenal ulcers, slow healing.

Acne, face and scalp.

Dry eczema.

Eczema, facilitating any external measures.

Pruritus senilis, in general.

Acute episodic psoriasis.

Specific indications - Page 38
Premenstrual syndrome (PMS), with oily skin and abdominal heaviness, food cravings, especially for fats and proteins (taken daily for the week before menses).
Blood dyscrasias, with scaly skin eruptions, impaired nutrition.
Allergies, in general.
Allergies, secondary hypersensitivities.
Nutritional malabsorption - poor protein absorption.
Diabetes/hyperglycemia - functional hypergluconeogenesis.
Hangover, liverish, dark circles under eyes.
Headache, in digestive dysfunction, following meals.

MALVA
Acute cystitis/urethritis in general.
Lithiasis, with irritation, inflammatory pain.
Strangury, in general.
Thrush (externally).

MARRUBIUM
Intrinsic humid asthma.
Chronic bronchitis.

MARSDENIA
Cancer, supportive in upper GI neoplasias.

MATRICARIA
Insomnia with indigestion and epigastric fullness.
Simple nervous dyspepsia from agitation.
Nausea, general anesthetic.
Eczema, in general (as a bath).
Hair tonic.
As a bath in arthritis.
Gout, for inflammation (as a bath).
Muscular pain, as a poultice or fomentation.
Colic in infants, with crying, agitated, hysterical.
Fever in infants, agitated and hysterical with pain on palpation of hypochondrium or epigastric region.
Headache in children with moist skin, hot head.
Infant teething, with usual agitation and GI disturbances.
Vomiting in children, with green diarrhea.

MEDICAGO SATIVA
Phosphaturia in general.
Menopause, with early osteoporosis symptoms (as a tea with Equisetum and Angelica sinensis).
Lactation, poor quality and quantity.
Appetite poor, nervous, weak.
Malnutrition, recuperation from major illness, surgery.
Nutritional malabsorption in moderate parathyroid imbalances.

MELILOTUS OFFICINALIS
Pain from renal and bladder colic.

Specific indications - Page 39
Acute mastitis (as soothing poultice).
Pain, general, in the asthenic, with sense of cold.

**MENTHA ARVENSIS**
Flatulent colic.
Nausea after eating.
Fever in infants, suppressed sweating.

**MENTHA PIPERITA**
Nausea after eating.
Diarrhea in infants (with Epilobium).
Fever in infants, suppressed sweating.
Vomiting in children, general treatment (as a tea).

**MENTHA PULEGIUM**
Flatulent colic.
Amenorrhea, simple, crampy.

**MENTHA VIRIDIS**
Simple nervous dyspepsia from agitation.
Nausea after sick headache.

**MENYANTHES**
Allergies, secondary hypersensitivities.
Nutritional malabsorption in the aged and convalescent.
Nutritional malabsorption in poor protein absorption.
Diabetes/hyperglycemia - functional
hyperglycemia, especially before meals (as a bitter shortly before eating).
Headache, in digestive dysfunction, following meals.

**MICROMERIA**
Flatulent colic.

**MIRABILIS MULTIFLORA**
Appetite depressant.

**MITCHELLA**
Dysuria with dysmenorrhea; or with congestive prostate enlargements in sedentary males.
Polyuria, from urethritis or prostatitis.
Cervicitis with dysmenorrhea and dysuria.
Subacute/chronic prostatitis, with urethritis.
Primipara, with history of first or second trimester miscarriage; or with irritability, distress last trimester.

**MONARDA**
Diarrhea from dietary indiscretions.

**MYRICA**
Aphthous stomatitis, either acute with hyperacidity and acid diarrhea, or chronic with pale mucosa, relaxed tissue, hypersalivation.
Acute glossitis with mouth sores.
Periodontitis, topically.
Chronic herpes, topically.
Vincent’s infection (trench mouth).

*Specific indications - Page 40*
Acute pharyngitis, returning after almost healing.
Subacute pharyngitis, slow to heal.
Chronic pharyngitis with semi-edema, hypersecretion.
Chronic sinusitis with inflammation, catarrh, stuffy heat.
Chronic tonsillitis with hypersecretions, boggy; ulcers.
Cardiovascular edema with weak circulation debility.
Arteriosclerosis with dry membranes, skin.
Chronic anorexia with colon, rectal catarrh.
Atonic colon with mucus in feces.
"Chronic" colitis.
Diarrhea, large mucoid semi-formed feces.
Atonic dyspepsia in alcoholics.
Chronic catarrhal dyspepsia with constipation.
Flatulence with inflammation.
Chronic static gastritis.
Chronic gastritis from alcoholic excess.
Gastroenteritis with mucus hypersecretions.
Irritable bowel syndrome with chronic ileocecal inflammation or cramps.
Nausea in morning from alcohol abuse.
Subacute or chronic ulcers with vomiting or spitting of ropy mucus.
Ulcers, waking pain during first REM period (with Piper methysticum).
Senile asthenia.
Subacute vulvitis (as a sitz bath).
Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.

**NEPETA CATARIA**
Simple nervous dyspepsia from agitation.
Nausea, general anesthetic.
Vomiting, in general.
Colic in infants, with flatulence; or with crying, agitated, hysterical.
Fever in infants, suppressed sweating.
Headache in children with moist skin, hot head.

**NICOTIANA**
Topical in arthritis.
Muscular pain, as a poultice or fomentation.

**OPLOPANAX**
Multiple sclerosis, aggravated by blood sugar shifts.
Adrenal cortex hypofunctions.
Eczema, brought on specifically by emotional crisis.
Thin, subanemic blood with hypersensitivities.
Blood serum levels: hyperlipidemia, in general.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but elimination normal, though skin dry.
General preventative for hyperglycemia, early stages of insulin resistant diabetes.

Specific indications - Page 41
OPUNTIA
Lipid lowering in arteriosclerosis (juice).
Source of bioflavonoids (fruit and flowers).
Internal bruises.
Adult onset, insulin resistant diabetes (juice).

PANAX GINSENG (CURED, CHINESE KIRIN or KOREAN RED)
Asthenic hypotension with dry skin and frequent blushing.
Dizziness in aged with arteriosclerosis, "cerebral anemia".
Multiple sclerosis in young women or in the asthenic, feeble.
Adrenal medulla depressed from stimulant withdrawal, "exhausted".
Sterility, with depressed testosterone, low sperm count.
Blood serum levels: alkalosis, metabolic.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but 
   elimination normal, though skin dry.
Hypoglycemia, sympathomimetic.

PANAX GINSENG (UNCURED)
Adrenal cortex hypofunctions.
Anorexia from chemotherapy.
Menarche delay (primary amenorrhea), with recent growth spurt and increased 
   pubic hair.
Sterility, with depressed testosterone, low sperm count.
Blood serum levels: alkalosis, metabolic.
Nutritional malabsorption in the aged and convalescent.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but 
   elimination normal, though skin dry.
General preventative for hyperglycemia and early stages of insulin resistant 
   diabetes.
Anorexia nervosa, mild, in adolescence.

PANAX QUINQUEFOLIUM
Lipid lowering in arteriosclerosis.
Multiple sclerosis, early stages or the beginning of remissions.
Adrenal cortex hypofunctions.
Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood 
   sugars with stomach hypersecretions.
General moderation for over-reactivity in stress and drug abuse.
Acne, from excessive cortical hormones.
Muscular pain, when recuperating from debilitating, protracted illness (w/Cola).
Menarche delay (primary amenorrhea), with recent growth spurt and increased 
   pubic hair.
Sterility, with depressed testosterone, low sperm count.
Thin, subanemic blood with hypersensitivities.
Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: alkalosis, metabolic.
Blood serum levels: LDL, VLDL elevated.

Specific indications - Page 42
Nutritional malabsorption in the aged and convalescent.
Asthenia - frequent sense of chill in warm room, fingers cold, appetite poor but
elimination normal, though skin dry.
Anorexia from cancer therapy.
General preventative for hyperglycemia, early stages of insulin resistant diabetes.
Anorexia nervosa, mild in adolescence; or iatrogenic from drugs.

PASSIFLORA
General antispasmodic for long-term use in asthma.
An adjunct in chronic dyspnea as a muscle relaxant.
Hypertension with elevated diastole, arterial hypertonicity; tobacco heart;
palpitations in evening with emotional agitation.
As an adjunct in chorea.
Convulsions, when other medications may not be necessary.
Delirium tremens in sthenics.
Epilepsy, when aura is present but condition is marginal for standard medication.
To prevent anxieties when insomnia is feared.
General insomnia in sthenic individuals.
Functional exophthalmus hyperfunction.
Premenstrual syndrome (PMS), with insomnia, restless in evening.
Colic in infants, with crying, agitated, hysterical.
Cough in infants, emotional, neurotic.
Fever in infants, agitated and hysterical with pain on palpation of hypochondrium
or epigastric region.
Infant teething, with usual agitation and GI disturbances.
Depression, premenstrual, with congestion and uterine heaviness.
Hysteria from psychoactive drug use.
Headache, migraine-like, chronic in evenings without hypoglycemia.
Headache in hypertensive states with ringing in ears.

PAULLINIA
Temporary paralysis of eye movement following migraine headache.
Narcolepsy.
Greenish diarrhea.
Gastroenteritis with colic, green diarrhea, fever.
Urticaria.
Hypoglycemia, sympathomimetic.
Appetite depressant.
Hangover, in general.
Headache, migraine, vasoconstrictor.
Headache, reflex uterine, with throbbing head, cerebral hyperemia; or with
red face, corners of eyes inflamed.

PEDICULARIS
Insomnia from exhaustion following excitement.
Muscular pain, in general.
Sprains with sharp muscle spasms.
Joint and muscle pain, especially in children.

Specific indications - Page 43
PEGANUM HARMALA
  Eczema, in general (externally).
  Seborrhea (externally).
  Acute episodic psoriasis (externally).
  Tinea capitatis (externally).
  Cradle cap (externally).
  Unipolar depressive states.

PHASEOLUS
  Adult onset, insulin resistant diabetes (dried pod tea).

PHYTOLACCA BERRIES
  Tinea corporis (fresh tincture).

PHYTOLACCA ROOT
  Tongue pale, leaden, dry or sticky-moist; white-coated with white, foamy saliva.
  Inflamed gums from general immunosuppression.
  Chronic pharyngitis with hard inflamed nodes.
  Acute early stage tonsillitis with adenitis, swollen, engorged.
  Influenza with harsh hacking irritated cough with scanty blood-streaked mucus.
  Fatty degeneration of heart, as an adjunct therapy.
  Thyroid hypofunction with fluid retention, immunodepression.
  Eczema, with history of lymphadenitis, non-dietary fissures in corners of mouth, vagina, anus.
  Fibrocystic breast disease, acute phase (with Ceanothus).
  Orchitis/epididymitis, with hard inguinal nodes, no current infection.
  Acute mastitis (externally, with Ceanothus and Gossypium internally).
  Endogenous infections, in feeble individuals (with Echinacea and Baptisia).
  Cancer, supportive in lymph dysplasias.
  Lymphadenitis, in inguinal nodes; or w/hard, inflamed, not shotty, nodes.
  Mumps, acute (2 parts Phytolacca to 1 part Aconitum, in small frequent doses; also as a topical lotion 3 parts Echinacea to 1 part Phytolacca).

PICRAENA EXCELSA
  Cholangitis, general antispasmodic.
  Cholecystalgia, general antispasmodic.
  Cholecystitis - for pain.
  Anorexia nervosa in the feeble, asthenic.
  Amebic diarrhea, as a preventative (with Rheum).
  Giardia.
  Atonic dyspepsia in alcoholics (acetum tincture).
  Chronic gastritis from alcoholic excess.
  Heartburn, with anorexia.
  Nausea in morning from alcohol abuse.
  Vomiting from alcohol abuse the night before.
  Pinworms, threadworms, general treatment (internal and as an enema).
  Entameba histolytica (with Rheum).

PILOCARPUS
  Smarting pain in eyes; increased intraocular pressure; glaucoma.

Specific indications - Page 44
Tinnitus with Meniere's syndrome.
Alopecia (externally).

**PIPER METHYSTICUM**
Ophthalmalgia with pain in top and back of eyeball.
Neuralgia of middle ear.
Cystorrhea.
Cystitis, urethritis, for pain.
Dysuria from heavy sexual activity.
Chronic acidic dysuria, for pain.
Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.
Chronic pyelitis, post lithiasis, painful urination.
Ureteralgia.
Ulcers, waking pain during first REM period (with Myrica).
Duodenal ulcers, with pain shooting to navel.
Acute prostatitis, from excessive sexual activity.
Subacute/chronic prostatitis, with urethritis.

**PISCIDIA**
Insomnia with spasms, pain, nervous irritability, tachycardia.
Cervical neuralgia.
Trigeminal neuralgia.
Cholangitis, general antispasmodic.

**PLANTAGO OVATA**
Constipation, dry feces with scanty secretions.

**PLUCHEA CAMPHORATA**
As an eyewash for conjunctivitis.

**PODOPHYLLUM**
Tongue white-coated with salivation; yellow-coated, dirty, with dizziness and biliousness.
Chronic constipation with poor fat absorption, sluggish portal circulation.
Dyspepsia with dizziness, anorexia, sick headache, coated tongue.

**POLYGALA SENEGA**
Post-acute ophthalmia.
Chronic pharyngitis with thick tenacious mucus.
Humid bronchial asthma in aged.
Acute hot dry bronchitis becoming chronic with thick mucus.
Chronic bronchitis with profuse secretions.
Acute cough after pneumonia with difficult expectoration.
Subacute moist cough.
Emphysema with moist labored breathing.

**POLYGONUM BISTORTOIDES**
As a mouthwash for bleeding gums.

**POLYMNIA**
Tonsillitis.
Alopecia (externally).
Mononucleosis, general supportive; or with hepatomegaly.

Specific indications - Page 45
Infectious splenitis, as supportive.

**POPULUS BUDS**
- Subacute head cold with hoarseness or laryngitis.
- Dry laryngitis with head cold.
- Multiple sclerosis with distal numbness.
- Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.
- Dysuria, when spasms occur after urination.
- Dyspepsia with flatulence.
- Anti-inflammatory in arthritis.
- Premenstrual syndrome (PMS), chronic every month, without insomnia (taken for 3 days before beginning of menses).
- Post-nasal drip.
- Headache, migraine-like, chronic in evenings, with dyspepsia.

**PRINOS**
- Diarrhea in asthenics, with atomic gastric functions.

**PROPOLIS**
- As a wash for chronic aphthous stomatitis.
- Periodontitis, topically.
- Herpes, topically.
- As a gargle in acute pharyngitis.
- Abscess, acute, local (topically).
- As a topical disinfectant for abrasions.
- Skin ulcers on oily, moist surfaces (externally).

**PRUNUS PERSICA** See Amygdalus.

**PRUNUS VIRGINIANA**
- Recuperating bronchitis.
- Dry cough, hectic, painful breathing, rapid pulse.
- Functional dyspnea with pale face, palpitations, cardiopathies, neurosis, fear.
- Influenza.
- Acute influenza with coughing, dyspnea.
- Acute pleurisy with hectic coughing, rapid breathing.
- Acute bronchial pneumonia with dyspnea.
- Palpitations from overexertion.
- Acute gastritis with cough, bronchial irritation.
- Chronic gastritis with abdominal tenderness.
- Cough in infants, with spasms.

**PTELEA**
- Spasmodic asthma with constriction of chest.
- Anorexia nervosa in the feeble, asthenic.
- Anorexia nervosa, asecretory/achlorhydria.
- Atonic colon after intestinal infections.
- Constipation with poor appetite, post-febrile.
- Recuperating from diarrhea.
- Recuperating from dysentery.
- Dyspepsia with flatulence from overeating and digestive abuse.

Specific indications - Page 46
A secretory dyspepsia with anorexia, atonicity. Acute or chronic gastritis, recuperation. Gastroenteritis, recuperation. Vomiting from alcohol abuse the night before. Shigellosis, recuperative period. Ulcers, subacute or chronic, not inflamed but congested.

**PTYCHOPETALUM**
- Dysuria with congestive prostate enlargements in sedentary males.
- Impotence/frigidity, in general; or with general lassitude, poor sacral stimulation, cold hands and feet.

**PULSATILLA**  See *Anemone.*

**PYROLA**
- Chronic aphthous stomatitis.
- Subacute renal albuminuria.
- Pyelitis with mucopurulent urine with RBC’s and leukocytes.

**QUERCUS**
- As a mouthwash for bleeding gums.
- Acute early stages of herpes, topically.
- Chronic epistaxis.
- Capillary fragility (with bioflavonoids).
- Dysentery, general supportive astringent.
- Bleeding ulcers.
- Decubitus with granular ulcerations (externally).
- Skin ulcers with spongy granulation.
- Internal bruises.

**RHAMNUS**
- Atonic colon with mucus in feces, difficult defecation, but without inflammation or fissures.
- Constipation, chronic atonic; or dry feces with tenesmus.

**RHEUM OFFICINALE**
- Tongue elongated, pointed.
- "Chronic" colitis.
- Chronic constipation, w/ chronic dyspepsia; or w/ sense of constriction, cramps.
- Burning, acrid diarrhea.
- Amebic diarrhea, as a preventative (with Picraena).
- Chronic diarrhea with semi-formed feces, frequent evacuations and debility.
- Dyspepsia with flatulence, slow transit time, borborygmus.
- Gastroenteritis w/ elongated red tongue, tender abdomen, nausea, vomiting.
- Entameba histolytica (with Picraena).
- Vomiting, with diarrhea, pointed tongue.
- Nutritional malabsorption in poor absorption in ileum of bile acids, fat soluble vitamins, intrinsic factor or B12.

**RHUS AROMATICA**
- Incontinence, while sleeping, from chronic cystitis (with Equisetum).

**RHUS GLABRA**

Specific indications - Page 47
Aphthous stomatitis (as a wash and internally).
Herpes, topically.
Pulpitis.
Vincent's infection (trench mouth).
Acute sinusitis with ulcerations (as a nasal spray).
Dysentery, general tonic when self-limiting.

**ROSA**
Lachrymitis.

**RUBUS IDAEUS**
Cervicitis with dysmenorrhea and dysuria.
Dysmenorrhea, towards end of menses with red blood.
Acute vaginitis (sitz bath).
Primipara, general, last trimester.
Cystitis and urethritis in infants (as a bath).

**RUMEX CRISPUS**
Atonic colon with solitary red eruptions of buttocks, shoulders.
Chronic constipation with atonic gastric functions, eruptions on face, neck, back or buttocks.
Dyspepsia with sluggish liver and portal circulation (with Collinsonia).
Steatorrhea, with ileocecal irritability; or with eruptions on buttocks.
Acne, with few large eruptions on face, neck and buttocks.
Eczema, pustular with boil cycles.
Eczema, with chronic poor fat digestion, dry skin.
Chronic psoriasis, when irritable bowel syndrome or colitis triggers acute episode.
Thin, subanemic blood.
Nutritional malabsorption in poor absorption in ileum of bile acids, fat soluble vitamins, intrinsic factor or B12.
Metabolic debility, with chronic skin disorders, ulceration, easily disordered fluid homeostasis.

**RUMEX HYMENOSEPALUS**
Acute periodontitis, topically.

**RUTA**
Tinnitus with Meniere's syndrome.

**SALIX**
Acute cystitis/urethritis w/ aching in loins, frequent burning and scanty urination.
Acute cystitis/urethritis with inflamed urethral opening.
Acute dysuria with pain in back, difficult urination from sphincter irritation.
Anti-inflammatory in arthritis.

**SALVIA OFFICINALIS**
Laryngitis, tonsillitis.
Polyuria, frequent, low specific gravity urine (cold infusion).
Lactation, to wean.

**SANGUINARIA**
Burning pain in middle ear.
Extrinsic asthma with dry spastic cough.

Specific indications - Page 48
Tinea corporis (fresh tincture).

**SANTAL (SANTALUM)**
Dysuria from heavy sexual activity.

**SCOPARIUS**  
See Cystisus scoparius.

**SCUTELLARIA**
Herpes, early nerve pain, before eruptions.
Supportive to other measures; anxiety syndromes in chronic cardiopathies.
Functional neurocirculatory disorders; palpitations in evening with emotional agitation.
Sydenham's chorea.
Convulsions, when other medications may not be necessary.
Delirium tremens in sthenics.
Epilepsy, when aura is present but condition is marginal for standard medication;
   petit mal while sleeping.
Insomnia in sthenic individual, or from exhaustion following excitement;
   wakefulness in chronic disorders.
Multiple sclerosis, agitated and irritable from distress and fear.
Trigeminal neuralgia.
Pruritus senilis, with itching.
Depression with physical agitation, over- sensitivity to stimulus.
Hystericia with great over-sensitivity to stimulus.
Pain, neurogenic, with agitation and increased CNS sensitivity.
Pain, made less bearable by fear, agitation.

**SENECIO**
Amenorrhea, accompanying chronic, debilitating disease; or in adolescence (primary).

**SENNA**
Chronic atonic constipation.
Atonic colon without inflammation but with hard, formed feces.

**SERENOA**
Dysuria from heavy sexual activity.
Chronic cystitis/urethritis with prostatitis.
Dysuria with partial impotence.
Impotency/frigidity, with dysuria.
Orchitis/epididymitis, chronic in aged.
Acute prostatitis, from excessive sexual activity.
Subacute/chronic prostatitis, enlarged, without inflammation; or enlarged with dull ache in older males.

**SILPHIUM**
Alopecia (externally).

**SILYBUM MARIANUM**
Cirrhosis - alcoholic; Laennec's.
Hepatitis - general strengthening.
Thin, subanemic blood.
Blood serum levels: bilirubinemia without active hepatitis.

Specific indications - Page 49
Blood serum levels: SGOT, SGPT elevations, elevated bilirubin, no active hepatitis.

**SIMMONDSIA CHINENSIS**
Subacute vaginitis (as sitz bath).

**SOLANUM DULCAMARA**
Epilepsy, to reduce force and lessen frequency.
Dry eczema.
Eczema, endogenous, metabolic.
Eczema, obstinate, not reactive to any measures, with short "honeymoon".
Chronic psoriasis with distinct metabolic causes.
Skin ulcers with faulty circulation (internal and as a bath).
Vasoneurosis, impaired circulation to extremities.

**SOLIDAGO**
Deep seated kidney pain accompanying primary treatment for nephritis.
Sacral and lower lumbar pain with urethral mucus discharge.
Chronic pyelitis. post lithiasis, painful urination.

**SPIGELIA**
Worms, lumbricoid.

**STILLINGIA**
To stimulate innate immunity.
Lymphadenitis, with depression or agitation, strong apocrine secretions, following massage, workouts or energetic manipulations.
Lymphangitis, subacute, lingering.

**STYRAX**
Chronic dry unproductive bronchial cough.

**SWERTIA RADIATA**
Anorexia nervosa after GI infections.
Chronic anorexia with simple dyspepsia.
Chronic catarrhal dyspepsia with constipation.
Nausea before eating.
Diabetes/hyperglycemia - functional hyperglycemia, especially before meals (as a bitter shortly before eating).

**SYMPHYTUM LEAF**
Ulcers, general for pain, in place of antacids.
Emollient for skin.
Fissures, general orificial (external).
Skin ulcers with faulty circulation (externally, fresh leaves juiced, one a day).
Acute vaginitis (sitz bath).

**SYMPLOCARPUS FOETIDUS**  See Dracontium.

**TABEBUIA**
Intrinsic humid asthma with chronic candidiasis.
Candidiasis, after antibiotic or anti-inflammatory therapy.
Colitis from candidiasis.
Chronic gastritis with sulfuric, putrid belching.
Eczema, from candidiasis, iatrogenic sequela.
Rheumatoid arthritis.

Specific indications - Page 50
Leukorrhea, viscous, fetid (as douche and internally).
Acute vulvitis, with irritation and burning (as a sitz bath).
Subacute vulvitis (internally).
Thrush (externally).
Allergies, in general.

**TANACETUM**
Dyspepsia with flatulence.

**TARAXACUM**
Tongue with white blotchy coat.
Chronic aphthous stomatitis with acne, greasy skin, mild autotoxicity.
Jaundice - mild, with simple unobstructed hepatic dysfunction.
Hepatitis - general strengthening.
Constipation with autotoxicity, mouth sores.
Shigellosis, for lingering autotoxicity.
Acne, from moderate autotoxicity, with mouth sores (for long-term use).
Gout, for the hyperuricemia.
Thick, subanemic blood with hypersensitivities.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: uric acid elevation.
Blood serum levels: acidosis, subclinical.

**TECOMA STANS**
Intrinsic humid asthma with chronic candidiasis.
Candidiasis, after antibiotic or anti-inflammatory therapy.
Adult onset, insulin resistant diabetes.

**THALICTRUM**
Eczema, with secondary infections.

**THUJA**
As an eyewash for the early stage of styes.
Chronic cystitis/urethritis with prostatitis.
Incontinence in aged males with enlarged prostate, poor bladder control.
Abscess, as a moistening agent in a stimulating poultice w/ Althea powder as base.
Skin ulcers with fetid discharge or gangrenous lesions (fresh tincture externally).
Suppuration with necrosis, in strong individuals (externally).
Tinea corporis, tinea versicolor (fresh tincture).
Acute prostatitis, with incontinence.
Acute vulvitis, with irritation and burning.
To stimulate innate immunity.

**TRIBULUS TERRESTRIS**
Lipid lowering in arteriosclerosis.
Essential hypertension.
Adrenal cortex hyperfunctions from stress, with elevated lipids, uric acid, blood sugars with stomach hypersecretions.
Dysuria with partial impotence.
Gout, for the hyperuricemia.
Impotence/frigidity, with dysuria.

Specific indications - Page 51
Thick, frontal headaches after meals.
Blood serum levels: cholesterol elevations.
Blood serum levels: hyperlipidemia, in general.
Blood serum levels: LDL, VLDL elevated.

TRIFOLIUM PRATENSE
Acute cough with faucial irritability, laryngeal reflex.
Appetite poor, nervous, weak (with Avena).
Malnutrition, recuperation from major illness, surgery.
Nutritional malabsorption in moderate parathyroid imbalances.
Cancer, supportive antimetastatic.

TRILLIUM
Hematuria, in general or with sediment in urine.
Mild GI hemorrhage, acute, with sharp pain.
Menorrhagia, with heavy bleeding towards end of menses; or with fibroids.
Uterus, inflammation.
Uterine fibroids, with cyclic bleeding.

TRITICUM REPENS  See Agropyron.

TURNERA  (DAMIANA)
Impotence/frigidity, from constant anxiety and depression regarding sexuality
with fear of no arousal, lubrication or erection; or with physical response but
with intellectual devolvement.
Menarche delay (primary amenorrhea), in general.

TUSSILAGO FARFARA
Subacute head cold with hoarseness or laryngitis.
Dry laryngitis with head cold.
Acute cough with pharynx and larynx irritability.

ULMUS FULVA
Dryness of mouth and throat.
Subacute head cold with hoarseness or laryngitis.
Dry laryngitis with head cold.
As a gargle in acute pharyngitis.
Acute cough with pharynx and larynx irritability.
Emollient for skin.

UMBELLULARIA
Headache, inner-orbital (inhalation of tincture).

URTICA
Chronic cystorrhea.
Blood serum levels: acidosis, subclinical.
Malnutrition, recuperation from major illness, surgery.
Nutritional malabsorption in moderate parathyroid imbalances.

URTICA SEEDS
Hair tonic.

USNEA
As a topical disinfectant for abrasions.
Skin ulcers, general protective cover.

Specific indications - Page 52
VACCINIUM
   Renal glycosuria.
   Polyuria, frequent, low specific gravity urine.
   Juvenile onset, insulin dependent diabetes, as an adjunct to lessen insulin use.

VALERIANA
   Delirium tremens in asthenics.
   Insomnia in asthenic individuals or in atonic, debilitated states.
   Neuralgia in convalescence, debility.
   Flatulence with emotional depression, especially in the first hour after eating.
   Cough in infants, with spasms.
   Depression with sluggish neurologic and parasympathetic functions.
   Hystera, in depressive states.

VERATRUM VIRIDE
   Hystera with full, bounding pulse throughout body; arterial tension and bloodshot eyes; especially in full-blooded, plethoric persons.
   Tongue with red stripe down the center.
   Bronchitis (supportive in hypertensive mesomorphs with stenic pulse).
   Hyperemia with above symptoms.
   Insomnia with above symptoms.
   Fever, with flushed face, bloodshot eyes, bounding pulse, vascular excess.
   Hystera with full, bounding pulse, bloodshot eyes, throbbing carotids, "Incredible Hulk Syndrome”.

VERBASCUM FLOWERS
   Acute cough, from nervousness, with mucosa irritation, wheezing, dry mucus, worse lying down.
   Hemoptysis from fits of coughing.
   Acute influenza with coughing, dyspnea.
   Cough in infants, with spasms.
   Cough in infants, emotional, neurotic.

VERBASCUM ROOT
   Chronic acidic dysuria, also for pain therefrom.
   Incontinence, in general; or while sleeping, from chronic cystitis.
   Incontinence, functional and occasional from sympathetic enervation and poor bladder tone.
   Incontinence in children, large quantity of urine from relaxed bladder or trigone.

VERBENA
   Head cold, moist with fever, aches.
   As an adjunct in chorea.
   Convulsions, when other medications may not be necessary.
   General insomnia in sthenic individuals.
   Fever in infants, agitated and hysterical with pain on palpation of hypochondrium or epigastric region.
   Infant teething, with usual agitation and GI disturbances.
   Fever, dry with deep aching pain.

VERONICASTRUM VIRGINICUM   See Leptandra.
   Specific indications - Page 53
VIBURNUM OPULUS
Dysmenorrhea, in general; or with clonic spasms with intestinal cramps referred to thighs and sacral dermatomes.
Leukorrhea, supportive to poor muscle tone and cramps.
Menorrhagia, as a general treatment.
Mittelschmerz, in general.
Uterus, colic.
Uterus, inflammation.
Labor, false or Braxton-Hicks pains.
Miscarriage, impending, with cramps as main symptom.
Primipara, with history of first or second trimester miscarriage.

VIBURNUM PRUNIFOLIUM
Obstinate hiccoughs.
Dysmenorrhea, in general; or non-colicky lumbar and pelvic pain and scanty flow.
Leukorrhea, supportive to poor muscle tone and cramps.
Menorrhagia, as a general treatment.
Mittelschmerz, in general.
Uterus, colic.
Uterus, inflammation.
Labor, false or Braxton-Hicks pains.
Miscarriage, impending, with cramps as main symptom.
Primipara, with history of first or second trimester miscarriage.

VINCA MAJOR
Tinnitus with Meniere's syndrome.
Mild episodic hypertension.
Headache, migraine, vasoconstrictor.

VIOLA ODORATA
To stimulate innate immunity.

VISCUM ALBUM
Episodic hypertension with headache, tachycardia.
Insomnia with spasms, pain, nervous irritability, tachycardia.
Headache in hypertensive states with ringing in ears.

VITEX AGNUS-CASTUS
Palpitations in menopause or puberty from corticosteroid imbalances.
Progesterone or prolactin deficiency.
Dysmenorrhea, with depressions and lengthy history of PMS; or with progesterone deficiency.
Menopause, basic initial treatment, if Angelica sinensis worsens symptoms.
Menorrhagia, as a general preventative.
Premenstrual syndrome (PMS), secondary approach.
Lactation, poor quality and quantity.

XANTHIUM
Acute cystorrhea with mucus and gravel.
Chronic cystitis/urethritis with mucus.
Hematuria with pain on urination.

Specific indications - Page 54
Hyperhidrosis, skin.
Hysteira with sweating and strong apocrine scent.

**XANTHOXYLUM BARK**
- Dry mouth with glazed surfaces and poor digestion.
- Chronic glossitis with hypersecretions with congestion, not inflammation.
- Chronic pharyngitis with semi-edema, hypersecretion.
- Dry cough, hectic, with dry mouth.
- Arteriosclerosis with dry membranes, skin; functional neurocirculatory disorders with depression, intestinal hyposecretion, flatulence; cardiovascular edema with weak circulation debility; vasoneurosis of skin and mucosa.
- Dizziness in aged with arteriosclerosis, atonic digestive function, dry skin.
- Anorexia nervosa in the feeble, asthenic.
- Anorexia nervosa, asecretory/achlorhydria.
- Chronic anorexia with depressed autonomic and myenteric stimulation.
- Atonic colon with asecretory upper GI functions.
- Chronic constipation with chronic dyspepsia.
- Asecretory dyspepsia.
- Flatulence without active inflammation.
- Chronic catarrhal gastritis.
- Peritonitis, recuperation for distention.
- Dry, hot skin.
- Senile asthenia.
- Chronic rheumatic pains, with dry cough, chronic indigestion, intercostal neuralgia; or with cold hands, feet, poor circulation, debility.
- Dysmenorrhea with poor appetite, indigestion, old sensations and constipation.
- Cerebral vasodilator to increase site glucose availability, as opposed to real increase in serum glucose.
- Lymphangitis, subacute, lingering.
- Apathy aggravated by cold, confused, sluggish metabolism.

**XANTHOXYLUM BERRIES**
- Chronic stomatitis.
- Dysentery, general tonic when self-limiting.
- Dyspepsia with flatulence from overeating and digestive abuse.

**YUCCA**
- Rheumatoid arthritis; anti-inflammatory in arthritis.

**ZEA MAYS**
- Cystorrhea.
- Cystitis, urethritis, for pain.
- Acute cystitis/urethritis in general.
- Acute dysuria, initial stages
- Acute dysuria with pain in back, difficult urination from alkaline urine and passage of phosphatic urine.
- Incontinence, general.
- Lithiasis, with irritation, inflammatory pain.
- Nephritis in general.
Phosphaturia in general; mucopurulent.
Acute pyelitis, initial stages with painful urination.
Chronic pyelitis with mucopurulent alkaline urine.
Chronic pyelitis, post lithiasis, painful urination.
Strangury, in general.
Ureteralgia, in general.
Cystitis and urethritis in infants.

**ZINGIBER**
Onset of head cold with chills.
Arteriosclerosis with confusion, sluggishness in aged.
Colic from cathartics.
Diarrhea, supportive for gas and cramps.
Dysentery, supportive for gas and cramps.
Atonic dyspepsia.
Asecretory dyspepsia.
Flatulence with painful intestinal spasms.
Abscess, as moistening agent in a poultice with Althea powder as a base.
Dry, hot skin.
Metabolic debility, with poor secretions.

**FORMULAS AND COMPOUNDS**

**ALTERATIVE SYRUP**
Lymphangitis, acute in weak individuals.

**BLACKBERRY JUICE CONCENTRATE**
Diarrhea in infants.

**CHLOROPHYLLIN**
Skin ulcers, general protective cover.

**DONG QUAI JIN**
"Surgical menopause" after 35 years of age, as a possible alternative to hormone replacement therapy.
Infertility (taken 4 or 5 consecutive days a month, starting just before ovulation).

**HAYDEN'S VIBURNUM COMPOUND**
Dysmenorrhea, in general.

**NEUTRALIZING CORDIAL**
"Chronic" colitis.
Chronic constipation, with chronic dyspepsia; or with sense of constriction, cramps.
Burning, acrid diarrhea.
Dyspepsia with flatulence, slow transit time, borborygmus.
Flatulence with inflammation.
Gastroenteritis with elongated red tongue, tender abdomen, nausea, vomiting.
Heartburn with vomiting, diarrhea, stomach pain.
Ulcers, general for pain, in place of antacids.
Vomiting, with pointed tongue.

**PUMPKIN SEEDS**
Specific indications - Page 56
Prostatitis, preventative (with Gossypium).

**RHUBARB ELIXIR**
Tongue elongated, pointed.

**SPIRIT OF PEPPERMINT**

**WOMAN'S LONGEevity**
Infertility, 4 or 5 consecutive days a month, starting just before ovulation

### ESSENTIAL OILS

**ARCTIUM SEED OIL**
Seborrhea.

**BALSAM OF PERU**
Abscess, to stimulate granulation (topically).
Scabies (external).

**BALSAM OF TOLU**
Scabies (external).

**CAJEPUT OIL (TEA TREE)**
Keloids, prevention.
Tinea corporis.

**CALENDULA OIL (STEEPEd)**
Keloids, prevention.
To stimulate regranulation for slowly-healing sores.

**CLOVE OIL (STEEPEd)**
Children’s earache.

**CLOVE OIL**
For application to broken teeth, lost fillings; as analgesic, disinfectant (avoid gums)

**ERIGERON OIL**
Otitis media (internal).

**EUCALYPTUS OIL**
Influenza.
Chronic gastritis with pulsation of epigastric arteries (3-5 drops).

**GARLIC OIL (STEEPEd)**
Children’s earache.

**GAULTHERIA OIL**
Externally for trigeminal neuralgia.
Acute cystitis/urethritis with ammoniacal, purulent urine.
Topical in arthritis.
Strains; (externally).
Muscular pain, in general (diluted external).
Rheumatic pains, acute inflammatory (diluted).

**HYPERICUM OIL (STEEPEd)**
Bruises (topical).
Sprains, general external, without heat (externally).
Rheumatic pains, acute inflammatory.
Muscular pain, as a poultice or fomentation.
LAVANDULA OIL
- Colic in small intestine.
- Dry, itchy scalp, no dandruff (external).

MENTHA PIPERITA OIL
- Colic, in general.
- Flatulent colic.
- Colic in small intestine.
- "Chronic" colitis.
- Flatulence with painful intestinal spasms.
- Hiccoughs, in general (oil or spirits).
- Irritable bowel syndrome, in general (10-20 drops in a caps up to 4x/day, or if possible, enteric coated capsules).

MULLEIN FLOWER OIL (STEEPED)
- Children's earache.

PIMENTA OIL
- Flatulent colic.

ROSMARINUS OIL
- Dry, itchy scalp, no dandruff (external).

THUJA OIL
- Skin ulcers with fetid discharge or gangrenous lesions (external).
- Tinea corporis.

VERBASCUM OIL (STEEPED)
- Burning pain in middle ear with head cold.

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